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The Lion

2003

Finishing Touches

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66 Organizations
16 People
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2 Opening
Events 106
Senior Activities 124
Community 150
Closing 176

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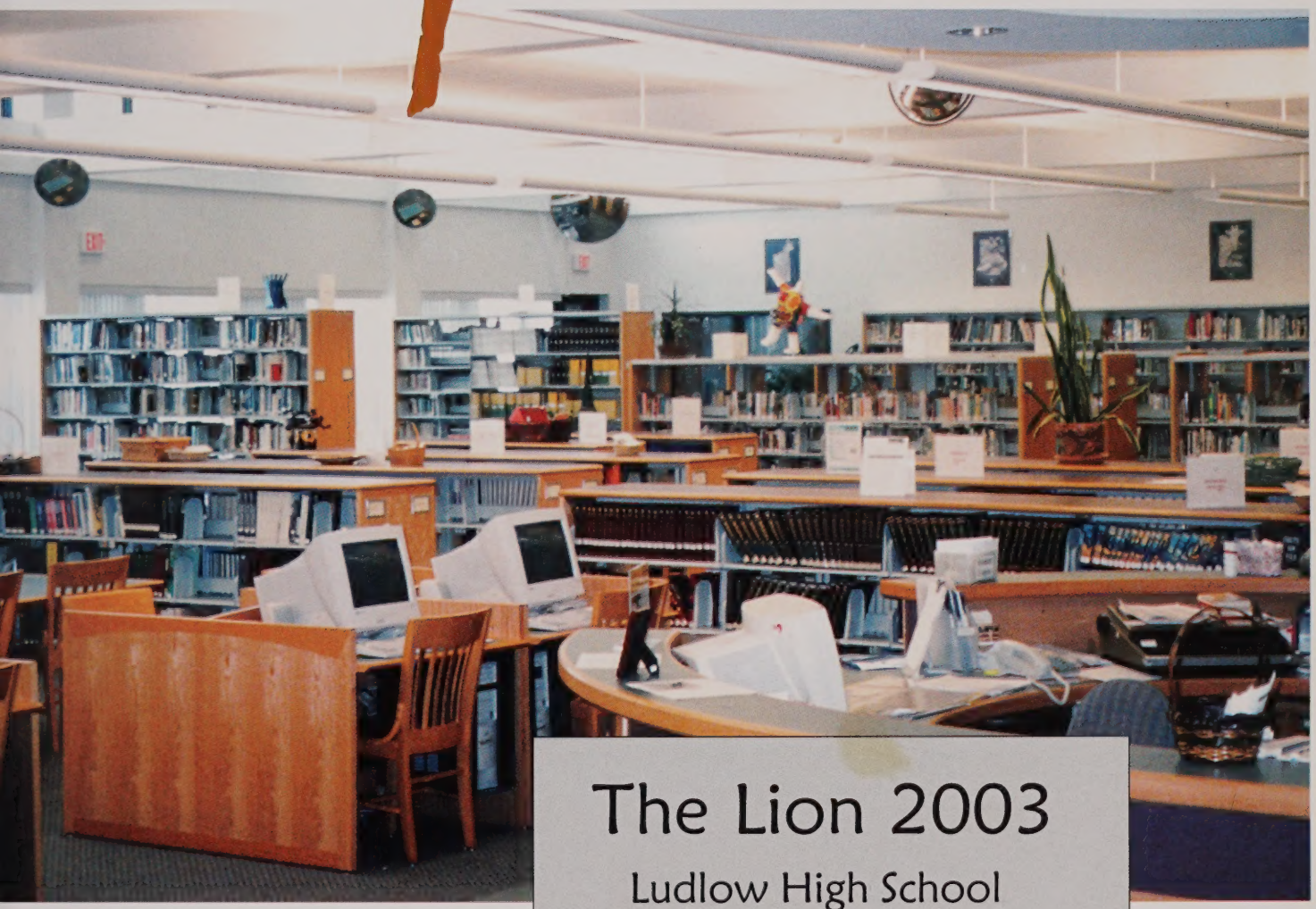
OCT 2003

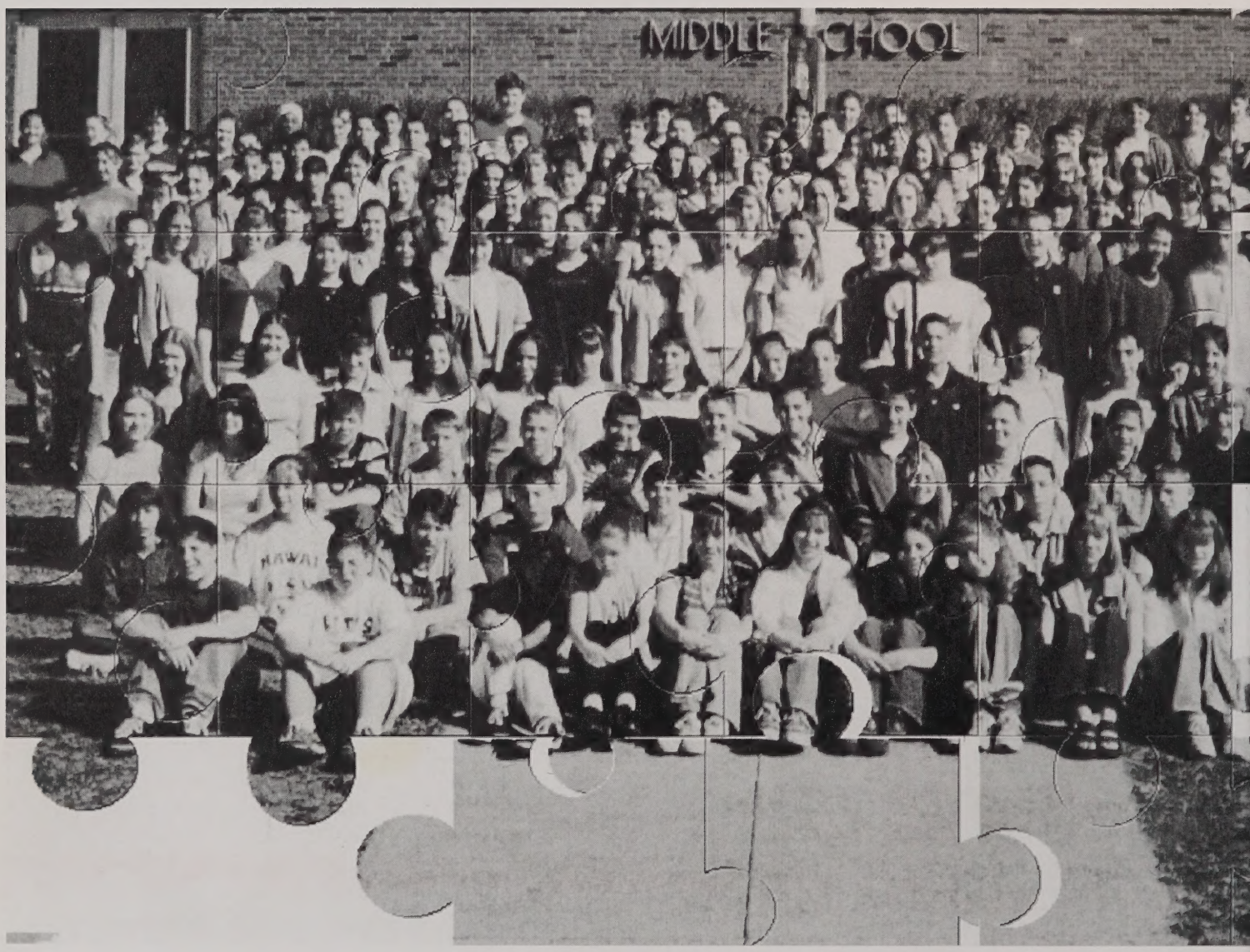
Finishing Touches



The Lion 2003

Ludlow High School
500 Chapin Street
Ludlow, MA 01056
(413) 589-9001

950 Students Enrolled
112 Faculty and Staff Members


MIDDLE SCHOOL

Assembling the Pieces

At first we were so divided, a bunch of different, individual pieces lost in the jumble of things, conforming to the shape that we saw fit. This is how we began our high school career, mere children drawn only to our lives, friends, and our own future endeavors.

However, this small chapter, this rough sketch of our existence, became something more. As teenagers we grew both physically and emotionally and learned valuable lessons along the way. As adults we began to appreciate others and accept them as unique and fascinating people.

Looking back at our times at LHS, we remember these moments as being valuable and precious. For they are unlike others; they are the **FINISHING TOUCHES** to one section of our lives, but the opening to bigger and greater chapters.

Student Life

Outside the Lines

As the 2002-2003 school year began, students got right back into the routine of things. Almost immediatly, students began tackling homework and heavy textbooks.

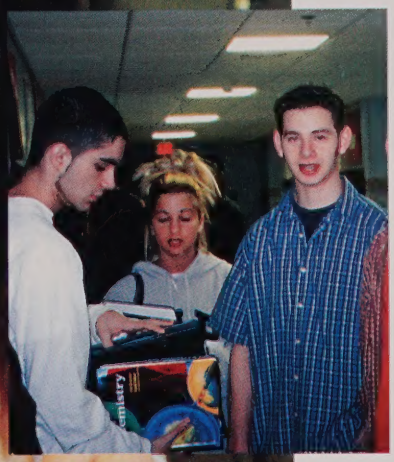
But even though school is a big part of a student's life, it is not nearly the only thing that students have going on for them. Many students have part-time jobs, giving students a different perspective of the real world outside of school. A job also comes mighty in handy when students wish to buy a car. After all, a car, especially in today's young adult world, is almost a necessity.

Yet school work and outside jobs do not put a stopper on a student's creative side. Many students manage to "stick out" from the crowd and show their sense of fashion. Fashion is just one of the modes of self expression that teenagers use.

"I usually just do my homework during study. Most of the time I enjoy my DLT, but when I don't have work to do, it can get boring."

--Kelly Mateus, sophomore

◀ Senior Mark Bousquet offers a quick smile as he works in the bakery of Big Y.



◀ Juniors Jose Sanchez, Courtney Costa, and Kyle Levesque get organized before the 7:20 a.m. bell rings.

◀ Freshmen Matt Farias and Nick Gomes use their study period to chat.

▼ As an alternative to a quiet study, Mr. Martin Fanning's fifth period study has CNN airing throughout the entire period. Senior Matt Chaplin describes the study as being more relaxed, "You can just sit back and watch TV. Because of this, there always is a good atmosphere," says Matt.

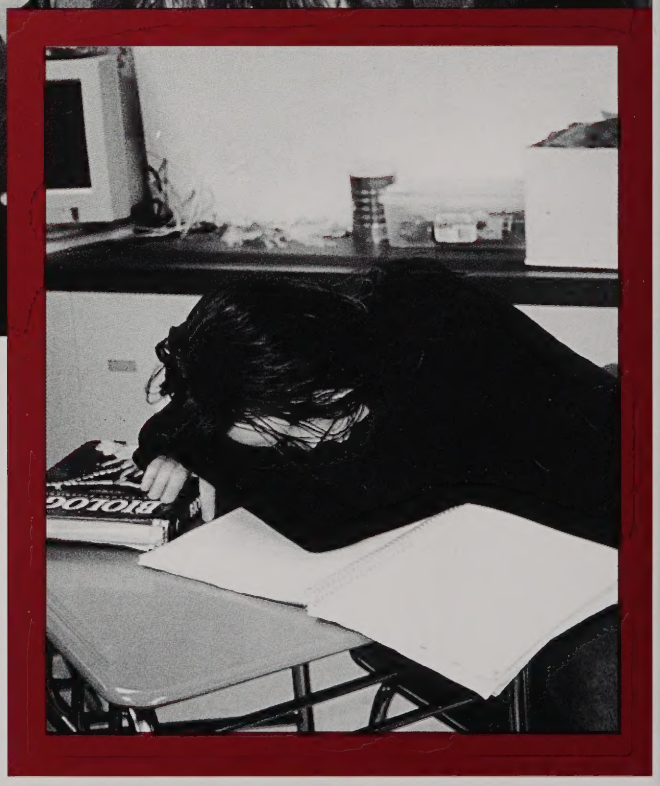
What do you do *in your studies?*

"I sleep."
--Adam Abair, senior

"I usually read lots of comics."
--Dan Sai, senior

"I talk to my friends and usually go to the band room."
--Melissa Callahan, senior

"Absolutely nothing."
--Kristopher Grimshaw, senior



▲ Sophomore Jillian Forcier attempts to catch up on some work, but ulitmately finds herself catching up on her sleep.

▼ Being in Lunch Patrol, seniors Susan Correia and Jessica Jorge traded in their studies to monitor the halls.

Studies

In the midst of classes and homework, many students look forward to a study period where they can catch up on class work, study for a test, or finish a neglected assignment from the previous night. Whatever it may be, students try to use this free period to their advantage. However, students are not always cracking open the books. Many use their "Directed Learning Time" to unwind and relax. It is quite common to see students resting their heads against a desk or, if the teacher allows, occasionally speaking to a friend. However, it is safe to say that most students enjoy their study periods since it is the only class that does not actually assign homework.

▲ Seniors Dave Cardona and Henry Sakalinskas use the Library Media Center rather than attending their scheduled DLT.

◄ Although some students waste their study period, others make good use of this time. Sophomores Randy Adam and Matt Bettencourt are hard at work on their math homework.

Working

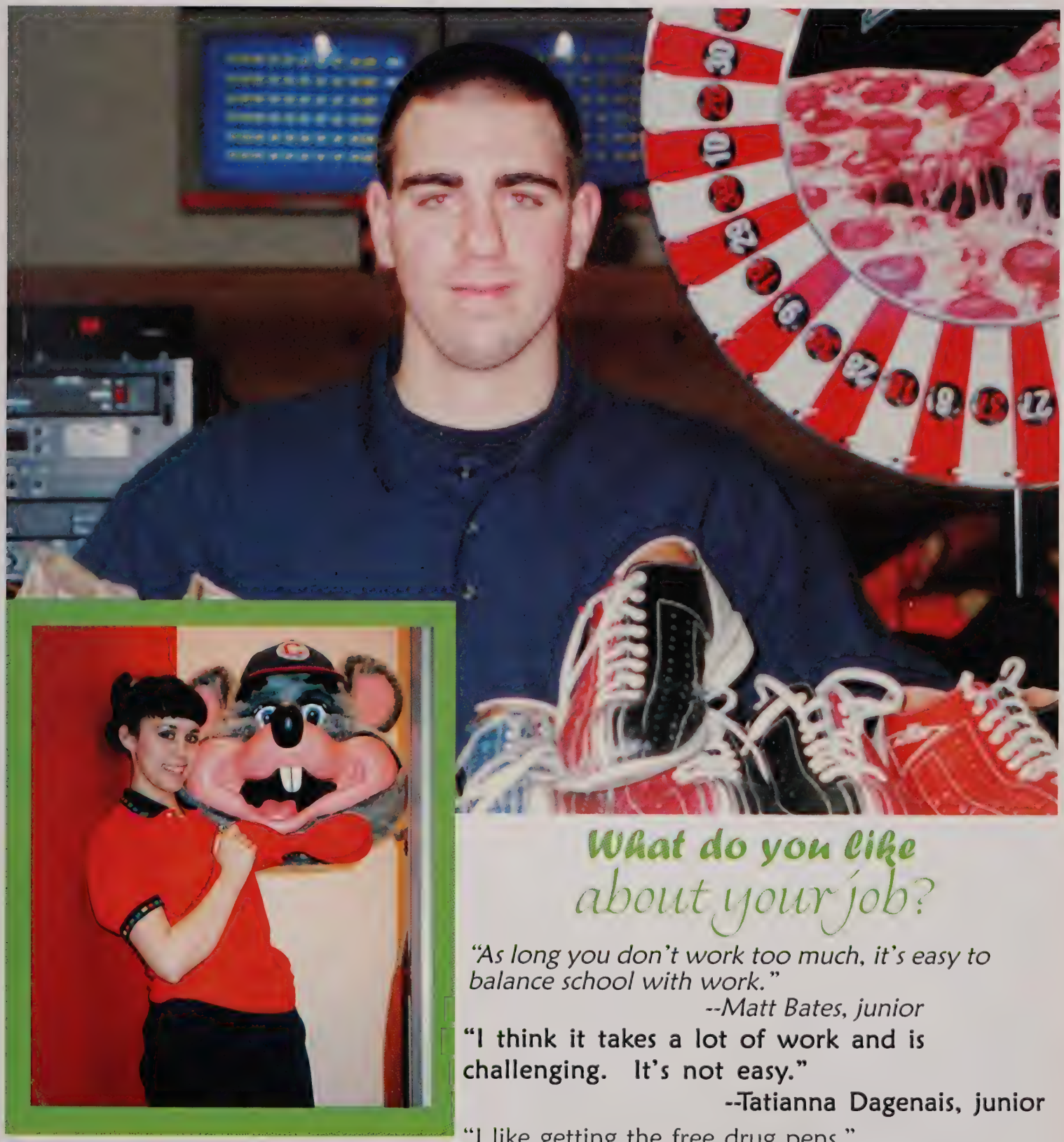
Even though students are in school for about six hours each day, the workday does not always end once the bells sounds at 1:55 pm. Many students work part time in such local establishments as Big Y, Friendly's, Burger King, CVS, McDonald's, Dunkin' Donuts, while others work in close non-Ludlow stores such as Stop & Shop and Toys 'Я' Us. Students will agree that a job is needed to cover their expenses. Having jobs at such young ages allows teenagers to obtain such skills as time management, a good work ethic, and the value of responsibility. These students not only create time for a job, but also manage to fit extracurricular activities into their already hectic schedules.

▼ Senior Elizabeth Goncalves neatly puts clothes on their racks at Toys 'Я' Us where she works part-time.

▲ Senior Magdalena Kopacz rings up a customer at Big Y, a popular choice of employment for many LHS students.

◀ Seniors Chris Dias and Agata Karas keep busy attending to customers at the local CVS.

▼ Senior Chris Lavoie stands behind the counter, preparing to pass out bowling shoes at AMF Chicopee Lanes. "I like my job because of the customers; they make each shift different, and they add flavor to the day," says Chris.



▲ Senior Angel Colby shows off her favorite fellow employee at Chuck E Cheese's.

What do you like about your job?

"As long you don't work too much, it's easy to balance school with work."
--Matt Bates, junior

"I think it takes a lot of work and is challenging. It's not easy."
--Tatianna Dagenais, junior

"I like getting the free drug pens."
--Nicole Santos, senior

▼ Many people do not believe that seniors Celia and Kristin Demers are sisters. However, the two are fraternal twins, and are accustomed to each other's ways. The two are always honest with each other. "When I smell, she is the only one that tells me the truth, that I stink," says Celia.

Do you get along with your sibling?

"I don't mind seeing my brother in the hallways. I like having him at school."

--Rachel Weiss, freshman

"I get along with him except when people mix us up because people think we look alike."

--Adam Provost, senior

"I don't like having my sister in the same school as me because she tells my parents things I don't want them to know."

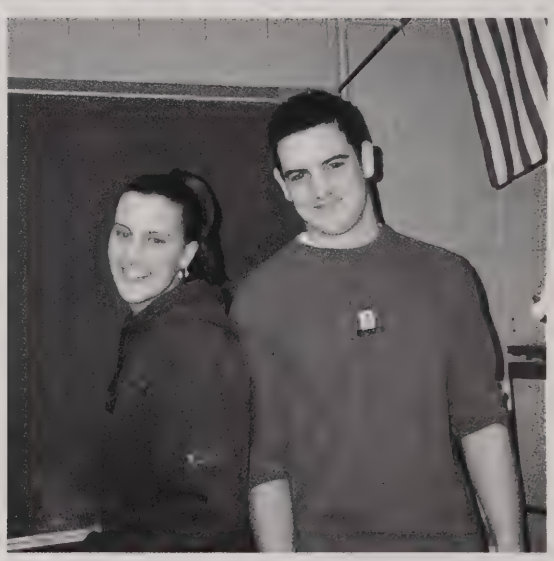
--Todd Prokop, senior

▲ Freshman Mike and senior Jolie Condon may be three years apart, but it is evident that they are siblings from their identical smiles.

Siblings

Besides seeing the usual notebooks, textbooks, and backpacks, it is not uncommon to walk through the hallways of LHS and see almost identical faces. From those who are of different ages to those who are fraternal twins or even identical twins, LHS is full of siblings Although these students sometimes share similar physical characteristics, they usually differ in personality and interests. However, it is common for upperclassmen to look forward to the moment that their brother or sister enters high school and to use it as an opportunity to wreak havoc for their younger siblings. Others welcome their siblings into LHS and make their transition not so frightening and overwhelming.

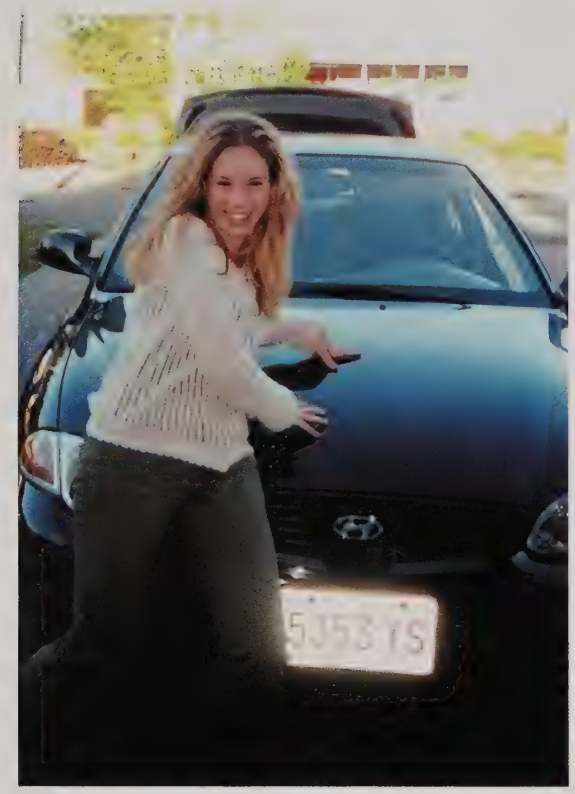
▼ Senior Nyki and freshman Nick Gomes are two of the siblings at LHS that do not look anything alike.



▲ Although they differ in age, senior Amanda and junior Daniel Martin are in the same physics class.

◀ Freshman fraternal twins Monica and Tiffany try not to drop their older sister, senior Melissa Holland.

▼ Senior Katie Vomero is laying claim to her 2000 Hyundai Elantra whom she named "Gwen."



Driving

Most high school students would agree that a turning point in their lives is when they finally get their driver's license. After all, the license symbolizes new freedom and independence. Above everything else, a driver's license eventually leads to a student's own car. Many upperclassmen are fortunate enough to either have an old "hand-me-down" car or a relatively new car bought by their parents; others, unfortunately, have to work to afford their vehicle. In the back parking lot, there is a wide variety of cars that belong to students. However, driving does not always have its perks. Some students have been involved in accidents and many more have had their share of close calls.

▲ This shiny 2000 Jetta belongs to senior Lisa Swist and is one of the many sparkling cars that can be found in the back parking lot during school hours.

◀ Senior Heather Gregoire's big white truck takes its share of space in the back parking lot.

▼ Junior Marc Santos proudly lies on his 1992 Plymouth Voyager. "Chicks dig the car, but sometimes I get mistaken for a soccer mom," says Marc. In the background, snow from this year's crazy winter is visible.

▲ Junior Alex Halama's Eclipse is easily recognized with its white dragon.

How bad were your accidents?

"Back in September I drove into a gas pump but it wasn't serious."

--Rachel Saloio, junior

"I was at Taco Bell divulging into some Mexican culture goodness when I backed my car into another car in the drive thru."

--Josh Yelle, senior

"Driving is like an art form, some embrace it and some don't. I, for instance, express my artistic license as a collision between two forces, me and other cars."

--Armando Amaral, senior

▼ Sophomore Katie Doyle chose the industrial as her first piercing. She decided on this type of piercing because she liked how it looked and it was different. "I got it done in Northampton at Lucky's Tattoo and Piercing Emporium by Penelope. She is well known for her skills in piercing," says Katie.

What influences your fasion?

"I am influenced by the media and the celebrities and what they wear. I mix and match to make my own wardrobe."

--Kaitlyn LaRiviere, junior

"Fashion is wearing what makes you feel good about yourself. So nothing really influences me, well maybe Justin Timberlake; he's smooth."

--Ryan O'Sullivan, senior

▲ Junior Mallory Michalczyk sports the 70's throwback with her flared-sleeved shirt.

▼ College-bound junior Jacob Oliveira has prep-school fever with his sophisticated ensemble.

Fashion

Fashion is used as a means of self expression. Most of the times people are stereotyped and criticized for their choice in clothing. Whether the outfit is ripped from the latest music video or bought inexpensively at the Salvation Army, fashion is a person's statement to the world. A person's clothing can set a first impression, which can be either positive or negative. Even students who wear whatever is comfortable are saying a lot about themselves. One thing is certain, fashion trends tend to repeat themselves throughout the course of history. For instance, current trends seem to reflect those of the '80s decade. Any outfit can stand out, depending on that last accessory, the final touch.

▲ Brightening up everyone's day, senior Liana Gama shows off her iridescent black leather boots.

◄ Watch out J-Lo, here comes sophomore Ashley Doughty with her fuzzy white stylish hat.

The People

Polished and Ready

Like any school, what truly brings the halls to life are its students. Whether it is the nervous freshman finding his way through the hallways, the confident sophomore who is glad to be a freshman no longer, the energized college-bound junior, or the eager senior counting the days until graduation, the people are what gives LHS its distintive color, its unique **TOUCH**.

However, it is not only the students who bring about the spirit of LHS; it is also the teachers. Although students **FINISH** their high school days within four years, teachers are in LHS for many years. It is the teachers who, year after year, prepare students to become successful individuals. They not only teach students the fundamentals of education but also of life. The teachers are the base and foundation of LHS from which students grow.

"It is fun dancing through the halls in the Lion costume, seeing everyone's reaction. I also like getting out of class."

--T.J. Midura, senior

◀ Before beginning the school day, senior Jennifer Howard prepares to eat a quick breakfast.

◀ Senior Catie Lagerstrom shows off her trendy layered hair-style and fashionable choker.

◀ Seniors Anita Korell, Danielle Hagen, and Cecilia Fernandes finish up some last minute homework.

Fatima Abdullah

Michele Aguilar

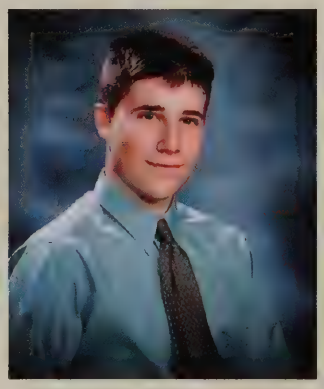
Bryon Almeida

Joseph Almeida

Cole Alves

Michael Amaral

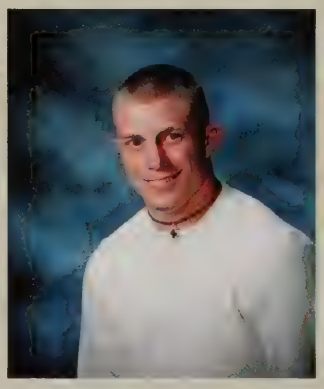
Armando Amaral II



Matthew Assarian

Allison Aurnhammer

Liliana Azevedo



Matthew Bamber

Angela Barroso

George Barroso

Brandy Belanger

Jeffrey Bernardes

William Bigda Jr.

Matthew Boucher

Mark Bousquet

Allison Bunten

Melissa Callahan

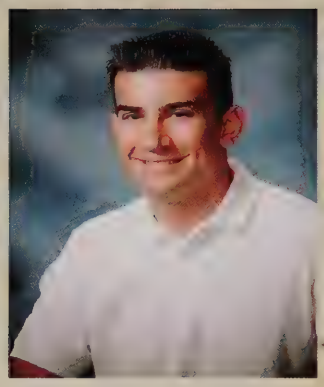
David Cardona

Philip Carvalho

Derek Chandonnet

Mathew Chaplin

Justin Chenaille



Adam Coelho

Megan Coelho

Jolie Condon

Danielle Cooley

Julieta Cordeiro

Susan Correia

Joao DaCruz

Jennifer DeSousa

Anthony Deming

Christopher Dias

Daniel Dinis

Paula Dionne

Meghan Dolan

Marcio Duarte

Michael Egela

Timothy Esteves

Christina Faria

Sharon Feeley

Cecilia Fernandes

Andrea Ferreira

Karla Ferreira

Filipa Filipe

Darell Finnerty

Adam Fuller

Thomas Gamelli

Brian Garcia

Michael Garrity

Christopher Gates

Ashley Gaudreau

Natalie Gebo

Adam Glista

Katelynn Gomes

Nichole Gomes

Elizabeth Goncalves

Joseph Goncalves

Amber Goodreau

Stephanie Goodrow

Derek Gosselin

David Gray

Heather Gregoire

Robert Grumoli

Adam Haney

Catia Henriques

John Henriques

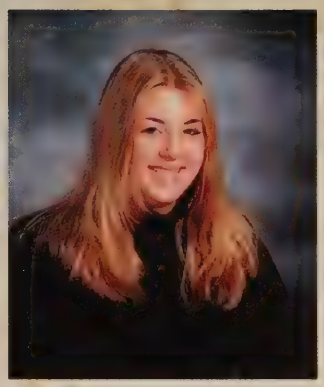
Melissa Holland

Jennifer Howard

Laura Jacinto

Christine James

Jessica Jorge



Rachel Kania

Matthew Kapinos

Agata Karas

Crystle Kaytra

Anita Korell

Yolanda Kruczkowski

Nathaniel LaBrecque

Sylwia Lachut

Catherine Lagerstrom

Michael Lalli

Nicole Lamica

Elizabeth Laneiro

Christopher Lavoie

Victoria LeBlanc

Eric Leal

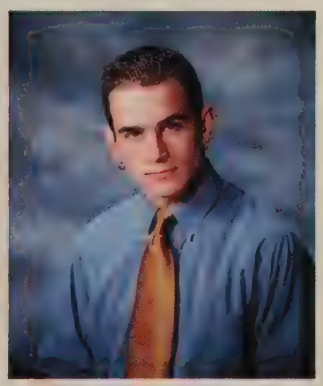
Heather Leone

Rosaleen Lewis

Nicole Liberty

Sabrina Liberty

Michael Lima

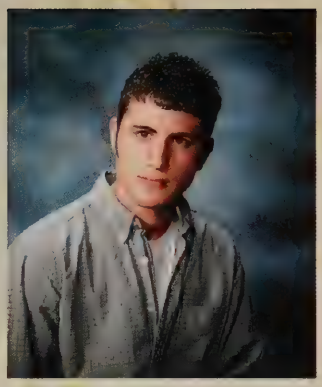


Jordan Liszka

Karisa Livingston

Amelie Lonczak

Elzbieta Lozuk



Christopher Mainville

Allison Majka

Daniel Marques

Amanda Martin

Angela Martins

Jennifer Martins

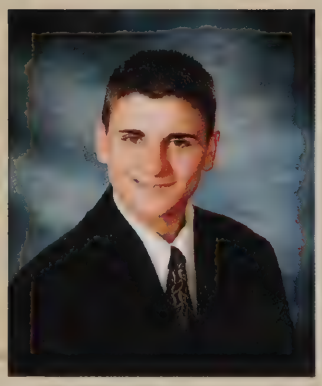
Matthew Mattoon

Lindsay McCarthy

Kimberly McKelvey

Danielle Methot

Brian Michalski



Thomas Midura

Melissa Miller

Brian Minie

Michelle Minnie

Alyssa Moriarty

Manuel Moutinho IV

Meaghan Murphy

Joshua Naginewicz

Nicholas Newman

Michael Norris

Shawn O'Rourke

Erin Ostrowski

Benjamin Pease

Lauren Pereira

Stephanie Perez

Caitlin Pestana

Sven Pfefferkorn

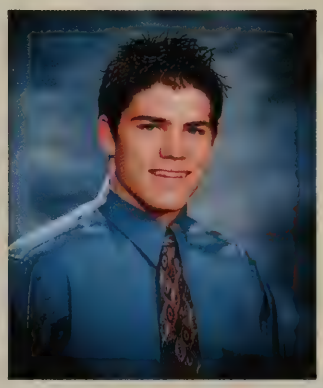
David Porter

Catherine Potter

Steven Prior

Jeffrey Pyzocha

Todd Regnier



Seth Reich

Andrew Reilly

Darcie Rickson

Meghan Robillard

Amy Rodrigues

Katherine Romansky

Lucas Rosa

Catherine Rouleau

Sheri Roxo

Lisa Rua

Daniel Sai

Michael Saloio

Amanda Santos

Anthony Santos

Nicole Santos

Stacy Santos

Joanna Saraiva

Eric Scheer

Casey Siok

Gina Small

Megan Smolinski

Lisa Swist

Susana Tavares

Benjamin Taylor

Katherine Tetreault

Megan Tourtellotte

Michelle Turgeon

Kathryn Vomero

Christopher Wozniak

Allie Yanka

Joshua Yelle

Adam Young

Jay Zina

Camera Shy

Adam Abair
Gisele Afonso
Jason Barbeau
Michelle Bedard
Richard Belliveau
Oleg Belyshev
Megan Binette
Katie-Lynn Burek
Erin Charpentier
Kevin Chelo
Elizabeth Cochenour
Angelique Colby
William Corbett
Celia Demers
Kristin Demers
Marc Ferreira
Nichol Fraska
Liana Gama
Daniel Gomes
Mike Goncalves
Kristopher Grimshaw
Danielle Hagen
Michael King
Magdalena Kopacz
Thomas Kowalski
Daniel Loranger
James Macdonald
Corey Mange
Ryan O'Sullivan
John Pereira
Todd Prokop
Adam Provost
Chrystal Ptaszkiewicz
Danielle Reilly
Victor Rodrigues
Genrikas Sakalinskas
Jason Santucci
Melissa Satterfield-Warner
Tyler Severyn
Kristine Tavares
Steven Tavares
Ricardo Varandas
Adrian Vega
Kurt Verteramo
Matthew Weiss
Marta Zukowski

Destiny

By George Barroso

We dialogue stars of Sundays in October . . .
Perception keeps us whole, and it may just be time
to look rather than merely see . . .
As testaments to divine light,
Years of work glare back at us:
Out from paper,
Out from pen,
Out from sound. . .
And subliminally,
Seeking sanctuary in the written word . . .
in the written word
To make the inspiration
Visible.
Audible.
Touchable.
To create a world from the dust.
That is what it means to be our own destiny.

Pre-Vocational Student Program

Students

Frank Conti
Anastasia Jarry
Thomas Page
Mary Riel
Nicole Wargo
Danuta Widor

Staff

Geraldine Ayers
Jennifer Herbert
Stavroulla Mavroudhis-Koetsch
Pamela Pease

Lower Pioneer Valley Educational Collaborative

Students

Andrew Benton
John Dudley
John Ferreira
Brian Fidalgo
Chelsea Gardner
Kyle Griffin

Stephen Mallory
Alicia Wright

Staff

Linda Bennett
Tina Binette
Lynda Burns
Eunice Marcelina
Dorothy Rhodes

Camera Shy

Matt Bonenfant

Juniors

Executive Board

With two years of experience under its belt, the junior class executive board began its third year of planning activites with much enthusiasm. The class welcomed a new class president, Marc Santos, and re-elected vice-president Karen Miele, secretary Jeffrey Ribeiro and treasurer, Jacob Oliveira.

Junior Class Executive Board:
Front: Caitlin McInerny, Marisa Yelle, secretary Jeff Ribeiro, treasurer Jacob Oliveira, president Marc Santos, vice-president Karen Miele, Shana Santos, Alexis Hanson. *Back:* Kaitlyn LaRiviere, Amanda Maksymiw, Cristina André, Aditi Kulkarni, Dan Muse, Alex Simao.

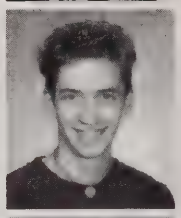
The four officers all commented on the ease that they felt when working with one another. They were able to get tasks done quickly and possessed a great team cohesion.

Junior year was a much more stressful year for the executive board as it had to plan senior assembly, prom, field trips, and the first junior/senior banquet. Even though some events such as the banquet and senior assembly suffered from a lack of participation, the executive board felt that it had a successful year. Events ran smoothly, and those who participated in class events enjoyed themselves.

Khalil Abdullah
Peter Afonso
Jacinda Alves
Jessica Anderson
Cristina André
Marc André
Nichole Balderston
Joseph Balog

Christine Barkyoumb
Sara Barroso
Paul Barrus
Matthew Bates
Joel Belanger
Diana Belyshev
David Bennet
Nathaniel Bernardo

Cody Binette
John Bocon
Hillary Bolduc
Daniel Borkowski
Anthony Bracci
Michelle Bradway
Patrick Brannan
James Brodeur



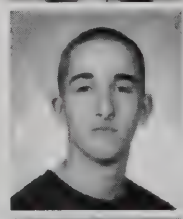
Amanda Brothers
Derrick Buccacio
Sara Burke
Elaine Canary
Mathew Carroll
Jason Carvalho
Nelson Carvalho
Hillary Cave

Daisy Cerqueira
Jessica Chase
Aaron Chesnes
Michael Chlastawa
Cassandra Clark
Rachel Clark
Matthew Coelho
Krystal Cortinhas

Courtney Costa
Danny DaCruz
Joanna DaCruz
Tatianna Dagenais
Neil Daigneault

Jillian Dalmolin
Timothy Dannay
Kyle Davis
Christina DeNucci
Carrie DesRochers

Joshua Desforges
Angela DiAugustino
Tomas Dias
Kimberly Dragon
Keith Dube

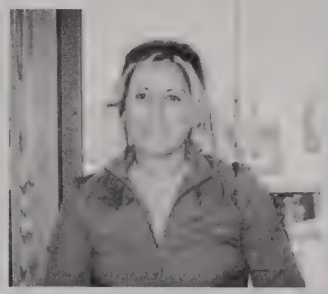


Andrew Durand
Chelsey Edgar
Zachary Falconer
Matthew Faulha
Jennifer Felix

What is the best thing about being an upperclassman?

"The best thing about being an upperclassman is only having one year left until our graduation."

--Meredith Slora



"The best thing is being a role model for the underclassmen and having a sense of knowledge about how they feel."

--Kyle Davis

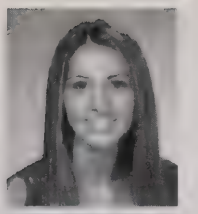
What was your worst driving experience?

"My worst driving experience was when a telephone pole jumped out in front of my car."

--Matt Suska

"After taking the PSAT's, I got stuck in an intersection and blocked traffic."

--Amanda Ferreira



Andre Fernandes
Diane Fernandes
Amanda Ferreira
Jessica Ferreira
Sylivia Ferreira
Victor Ferreira
Philip Fonseca
Melissa Fraga

Jeffrey Francisco
Kyle Galindo
Jeffery Garbarino
Paul Gasparrini
Nathan Glanville
Jacqueline Goncalves
Mark Goodreau
Matthew Goodreau

Peter Gosciminski
Walter Grohs
Jason Gryszowka
Matthew Guberow
James Hale
Alexis Hanson
Amy Jo Hatch
Nicholas Hayes

David Henriques
Christopher Hill
Kevin Howell
Dean Hunter
Maria Jahn
Michael Jurkowski
John Kawa
Amanda Kenyon

Stefiny Knight
Samantha Kobjack
Aditi Kulkarni
Amber Kumiega
Timothy LaBrecque
Kaitlyn LaRiviere
Ryan Lavoie
Kyle Leganza

Kyle Levesque
Mandy Levesque
Mark Liberty
Jaclyn Lopes
Stephanie Lopes

Elise Lord
Daniel Los
Katie Lucas
Jennifer Luszcz
Jessica Luszcz

Adam Madera
Amanda Maksymiw
Amber Mariani
Brittany Mariani
Rosemary Mariani

Daniel Martin
Andrea Martins
Bryan Martins
Jessica Martins
Kathryn McCarthy

Juniors

Learning to Drive

For many students, junior year marks the time when learning to drive and being able to drive are necessities. Juniors begin to enjoy the freedom of driving with their friends to school dances and activities, and no longer rely on older friends and family members to bring them places. Juniors can begin transporting friends to see movies or go to the mall.

Junior Meaghan Shea enjoys driving to school once the seniors graduated. Students find that driving to school or getting a ride with friends can be much more enjoyable than taking the school bus.

It's safe to assume that all students enjoy the freedom that comes along with learning how to drive. The downside of learning to drive? Going to driving school is the answer many students will give. Hopeful students sit through thirty hours of boring classes filled with movies, lectures, and tests. Then, students must complete six on-road lessons with a driving instructor before they can take their road test to get their licenses. The end result, however, is worth it.

Students who have their licenses find that they are more cautious when they are out on the road, and know that they have to be careful when driving.

Juniors

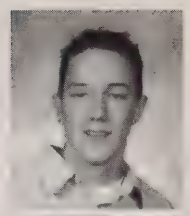
Class Trip to NYC

The class of 2004 took its educational field trip to New York City on December 9, 2002. After leaving the high school at 7:30 in the morning, the class arrived at the ferry docks anticipating a sight of the Statue of Liberty and a visit to Ellis Island. However, due to extensive bag and person searches in the wake of the attacks on September 11, 2001, the class missed the first boat and had to wait an hour for another. Instead of touring Ellis Island as planned, students stayed on the boat and were able to view the islands from atop the ferry.

Juniors Adam Madera, Karen Miele, Derek Vigneault, Shana Santos, Aditi Kulkarni, Dan Muse, and James Brodeur enjoy the sights of New York City in the winter as they pose in front of the tree in Rockefeller Center.

After departing the boat, students were given free time to walk around the city and eat dinner. Many students spent their time shopping in various stores in downtown Manhattan and visiting Rockefeller Center with its well-known decorated Christmas tree. The city was beautifully lit with Christmas lights and decorations for the holiday season, and students were able to enjoy the sights of the city before heading back to the high school.

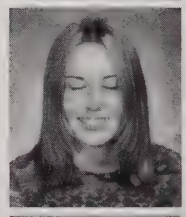
Michael McGrath
Caitlin-Ann McInerny
Art Medina
Mallory Michalczyk
Michael Michalczyk
Karen Miele
Benjamin Millilo
Zachary Miller



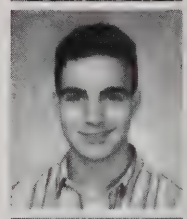
Daniel Muse
Jessica Nai
Michael Napiorkowski
Davide Nascimento
Carlos Navarro
Jacob Oliveira
Christopher Palatino
Matthew Paquette

Brian Parent
Mark Parylak
Marta Pastula
Melissa Pereira
Steven Pereira
Steven Pettengill
Daniel Poitras
Michelle Poitras

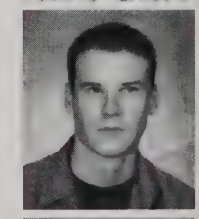
Breanne Pollander
Rebecca Pollard
Jennifer Priore
Jeffrey Quesnel
Patricia Ramos
Kevin Randall
Amanda Regnier
Timothy Rego



Jeffrey Ribeiro
Craig Ricardi
Eric Rodrigo
Sandra Rogowski
David Sagan
Andrea Saloio
Rachel Saloio
David Salvador

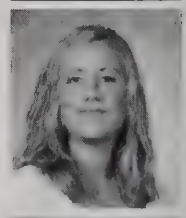


Matthew Salvador
Jose Sanches
Andrea Santos
Marc Santos
Shana Santos

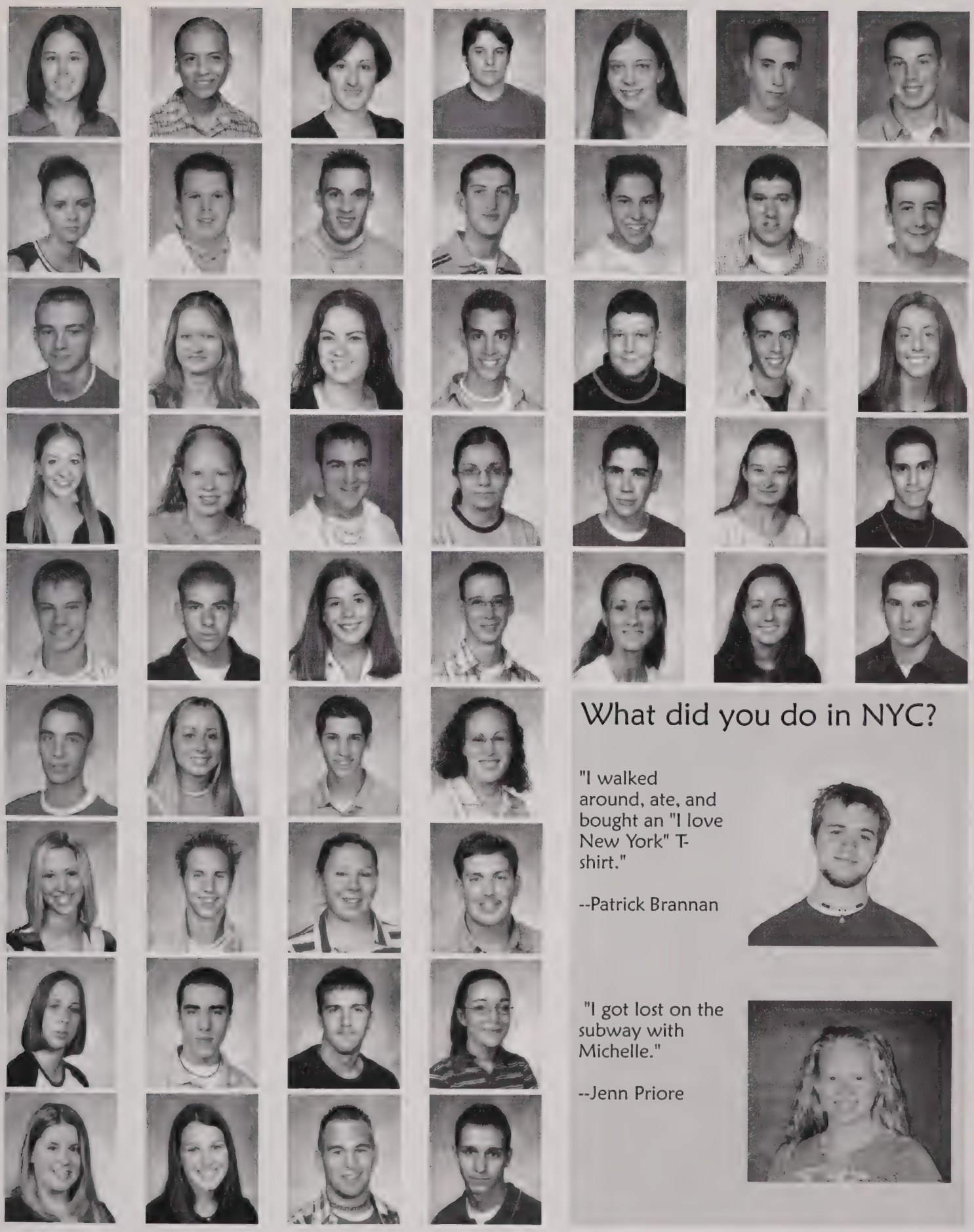


Matthew Santos-Vitorino
Breanna Severyn
Tyler Severyn
Meaghan Shea
Alexander Simao

Meredith Slora
Jessica Strickland
Mateusz Suska
Julius Sweeney
Krystal Swiderski



Breanne Thompson
Stephanie Turgeon
Jessica Unsderfer
Lyle Vance
Bruno Varandas



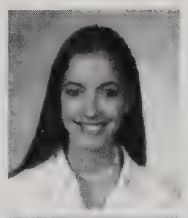
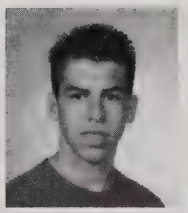
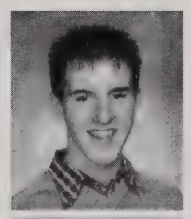
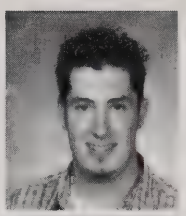
What did you do in NYC?

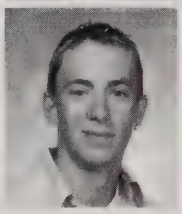
"I walked around, ate, and bought an "I love New York" T-shirt."

--Patrick Brannan

"I got lost on the subway with Michelle."

--Jenn Priore



Aaron Wright
Tiffany Yee
Marisa Yelle
Adrian Zapala
Sean Zdanis

▲ John Bocon carefully lights Mallory Michalczyk's candle. The candle ceremony took place to the song "Yesterday" by Boys II Men.

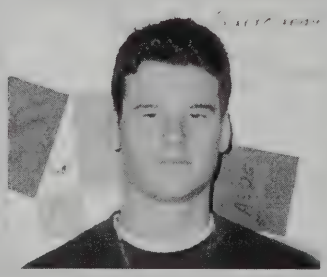
Camera Shy

Jorge Pinto
Daniel Roberts

What was the best part of senior assembly?

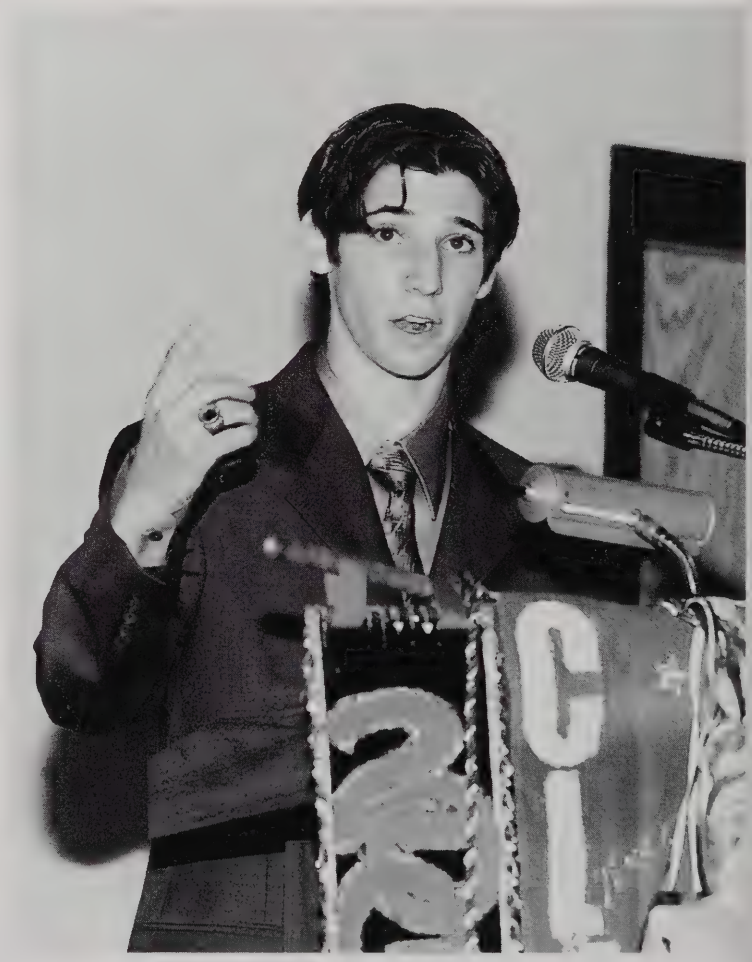
"The best part was the lovely memories and the reflections on past times."

--Matt Salvador



"I liked seeing all my friends grow up through the pictures."

--Michelle Bradway



▲ Junior class president Marc Santos was the master of ceremonies at the senior assembly. In his welcoming speech, he told the seniors that they should be proud of their accomplishments and look forward to bright futures.

Dora-Milena Vasco
Monique Verteramo
Derek Vigneault
Daniel Vogel
Matthew Wahlers
Jeremy Webster
Haley Will
Ericka Wilson

Juniors Working Together

"The show went much better than I had hoped. The junior class really pulled the show together and made the seniors' last day in the building a very memorable one."

--Mr. James Marceau

On Thursday, May 29, about seventy juniors processed into the auditorium to say a final farewell to the graduating class. As is tradition, the junior class planned the senior assembly, which included a comedy skit taking place in the future at the class of 2003's 10th year high school reunion, a picture slide show, and the traditional candle ceremony.

Khalil Abdullah plays a psychic in the junior skit during the senior assembly. Michelle Poitras, mocking the senior show skit where Lauren Pereira played a nun, pretends to be Lauren wondering what her friend John DaCruz has been up to during the past ten years.

The junior class participants showed great enthusiasm while working on this assembly. Students stayed after school the week of the assembly and the week prior to the assembly to rehearse the skit and candle ceremony.

After sorting through hundreds of pictures and working diligently to make the skit and candle ceremony perfect, the senior assembly turned out to be not only a success, but also a day that the juniors and graduating seniors will not soon forget.

Sophomores Executive Board

The class of 2005 elected its class officers in May 2002 with confidence that they would fulfill their positions with great success. This year, the four honorable students proved to do just that. President Jung Kang, vice-president Angela Wozniak, secretary Cara Stokowski, and treasurer Michael DaSilva were all newcomers to their positions. However, they showed that lack of experience does not always mean lack of work ethic and good ideas that would benefit the class.

Sophomore Class Executive Board: *Front:* President Jung Kang, vice-president Angela Wozniak, treasurer Mike DaSilva, secretary Cara Stokowski. *Back*: Kristen Goncalves, Alex Jorge, Erin Mislak, Nicole Silva, Jessica Szlosek.

The year that ensued for the class of 2005 was a good one, with successful events including a fundraiser, a freshman/sophomore banquet, and a class trip to New York, all planned by the executive board with the leadership of the class officers.

The officers agreed that this year was a very successful one for the executive board and commented that they hope next year is as good as this one was.

Grogory Abdow
Hussein Abdullah
Randy Adam
Joseph Almeida
James Alves
Amanda Amaral
Alicia Anderson
Tanya Andre

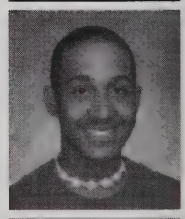
Rosemary Antaya
Ashley Baillargeon
Julie Bamber
Daniel Barroso
Isabel Barroso
Rachel Barroso
Kimberly Belanger
Vitaliy Belyshev

Nicholas Bennet
David Benoit
Anthony Bernal
Matthew Bettencourt
George Blake
Jason Blanchard
Jennifer Blanchard
Michael Bouchie

Carolyn Bourdeau
Shannon Bowe
Amanda Bradley
Keith Bradway
Sarah Bray
Nicholas Bruschi
Theodore Bryant
Lauren Burtch

Michael Burtch
Alexander Casimiro
Matthew Chaves
José Clemente
Brian Coelho
Katelyn Collette
Eric Colon
Randy Cookish

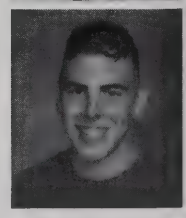
Antonio Cordero
Nicholas Correia
Daniel Costa
Amanda Crespo
Steven Crespo



Craig Crowther
David Cummings
Anthony Curto
Christopher D'Angelo
Alyson DaCosta

Melissa DaCruz
Aimee DaSilva
Michael DaSilva
Stacy Dalby
Brian Davis

Michael Day
Michael DeChellis
Sarah DeWolf
Deanna DelNegro
Andrea Dias



What is the best thing about *not* being a freshman?

"The best thing is that you get more privileges and feel more relaxed around the school."

--Erin Mislak

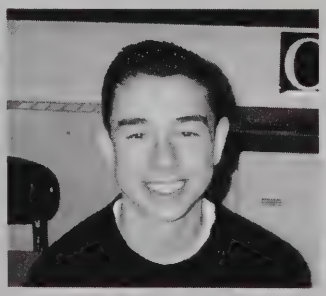
"The best thing about not being a freshman is getting to make fun of them instead of being made fun of."

--Jocelyn Pereira

What did you enjoy most about NYC?

"I like the fast-paced environment. One of my favorite places was Pop Eye's chicken!"

--Randy Adam



"I thought that the play we saw was really good, and being able to walk around the city was really fun."

--Cara Stokowski

Jeffrey Dias
Lisa Dias
Steven Dias
Nicholas Dominique
Ashley Doughty
Lauren Dowd
Candie Downer
Kathryn Doyle

John Dugre
Travis Easton
Benjamin Eckel
Solveig Eriksen
Stacy Faulha
David Fernandes
Jessica Fernandes
Mary Fernandes

Rose-Marie Fernandes
Jayson Ferreira
Viviana Fialho
Jonathan Fidalgo
Eric Figueiredo
Brian Flatley
Rachel Fonseca
Bryan Forbes

Jillian Forcier
Nicole Francisco
Michael Freitas
Joshua Fuller
Megan Fuss
Marcin Gadziala
Amanda Gagnon
Lindsey Gaudreau

Ryan Gauthier
Michael Gavoni
Richard Gavoni
Erin Gibbons
Laura Gilmore
David Goncalves
Felicia Goncalves
Julia Goncalves

Kristen Goncalves
Tiffany Goncalves
Yezenia Gonzalez
Erin Gosselin
Michael Graham

Thomas Guberow
Maren Gulbrandsen
Alex Halama
John Hangasky
Kristen Havens

Brittany Hebert
David Henriques Jr.
Meghan Hill
Brendan Hurst
Jonathan Iwasinski

Salena Jedrzejczyk
Matthew Johnson
Alexander Jorge
Michael Kane
Jung Kang

Sophomores Visiting Broadway

The sophomore class of 2005 contemplated various locations for its class educational field trip, but finally decided upon visiting the ever-popular New York City. The plan was to explore NYC and catch "The Beauty and the Beast" on Broadway. However, a few weeks before the scheduled field trip, scares of terrorism surfaced around the country, with NYC as a major target. Luckily for the class, the trip was not cancelled because of the threats.

Sophomores Tiffany Goncalves, Kara Kapinos, and Amanda Amaral enjoy the Ferris wheel ride at Toys 'Я' Us in New York City.

If the terrorism scare was not enough, the week of the trip, the Broadway performers went on strike. This could have forced the cancellation of the viewing of the show and possibly the entire trip. Fortunately, the workers ended the strike the day before the trip was to take place, and with all the complications out of the way, the sophomore class enjoyed a beautiful, rain-free day in the city. After viewing the play, students were given some free time to walk around and enjoy the city.

Sophomores Taking the Test

As if sophomores did not have enough to worry about with classes, homework, and junior year around the corner, they had another stressor to add to their list of worries. This stressor is, of course, the MCAS.

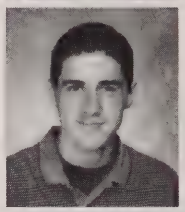
The three-part exam which includes a long essay, an English/ language arts section, and a math section began on April 10th after a one day postponement due to weather conditions. The rest of the English and math sections were divided between May 13th and 16th. 2003 was the first year that the MCAS was enforced as a requirement for graduation. Guidance director Mrs. Arlene Tierney comments, "MCAS, through state mandates, is now a graduation requirement which we all must abide by. The ultimate test of its validity will be seen as those graduates become part of our global society."

Sophomore Selena Jedrzejczyk prepares to take the long composition portion of the MCAS test on April 10. Most students felt that the essay question was simple.

Although the MCAS can seem tiresome for students, the test may prove to have its benefits. Students who receive advanced scores are eligible to receive the Stanley Z. Koplik award which gives students scholarships toward state college tuition.

Kara Kapinos
Kristin Kwajewski
Jessica LaCosse
Justin LaMontagne
Jessica Lamica
Evan Lang
Brendon Lapointe
Richard Laterreur

Kevin Laviolette
Vanessa Leal
George Leastman
Scott Lecca
Leah Letourneau
Sarah Levesque
Kyle Lewis
Michelle Liaszenik



Brian Liberty
Thomas Lopata
Stephanie Lopes
Michelle Lynch
Monica Lynch
Karyna Machado
Jason Magalhaes
Dwight Manganaro

Beau Manuel
Jessica Martin
Michael Martins
Kelly Mateus
Kelly McAllister
Kerri McCauley
Lauren McFarlane
Jeffrey McGregor

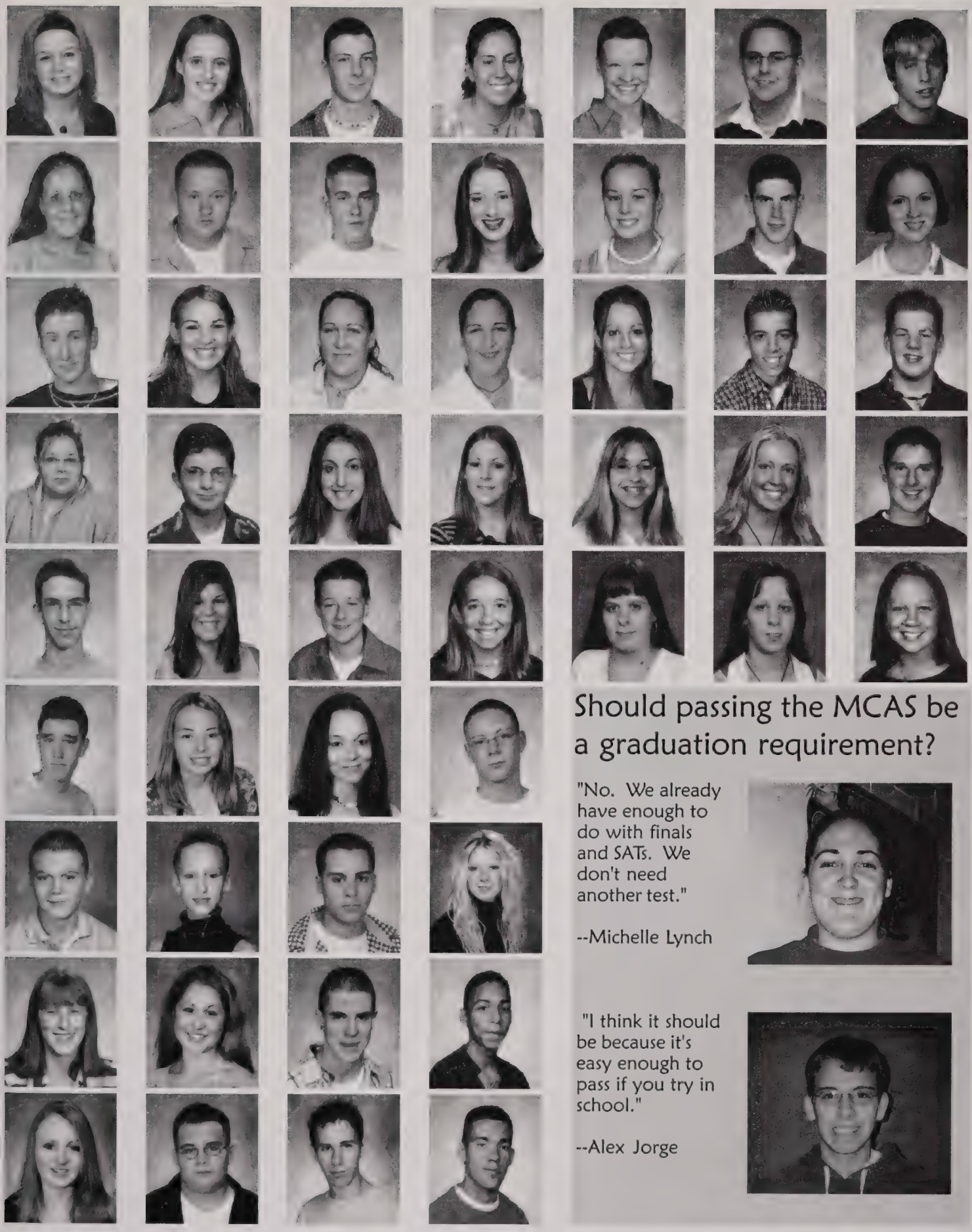
Michael McLean Jr.
Jason McMahon
Kristina Merced
Patrick Meuse
Lori Milbier
Christine Miranda
Grace Miranda
Erin Mislak

Katibeth Mol
Alex Montagna
Lisa Morel
Jaclyn Moreno
Antone Motta

Nicholas Moutinho
Justin Murray
Shellane Natario
Alexandre Nogueira
Alexandra Norwood

Crystal Nunes
Kaitlin O'Donnell
Lauren O'Neil
Ryan Ober
Bryan Olmeda

Katherine Oski
Ashley Parent
Franklyn Patton
Domenico Pellegrini
Jesse Pereira



Should passing the MCAS be a graduation requirement?

"No. We already have enough to do with finals and SATs. We don't need another test."

--Michelle Lynch

"I think it should be because it's easy enough to pass if you try in school."

--Alex Jorge

Katie Ziencina

Camera Shy

Kyle Cabrera
Ruben DeSousa
Anthony Lorenzi
Kevin Riopel

Jocelyn Pereira
Ashley Pestana
Danielle Petrolati
Sarah Pfefferkorn
Stefanie Pinto
Jonathan Pio
Nicole Pio
Peter Porra

Heather Proulx
Jonathan Proulx
Vincent Provost
Jaclyn Quiterio
Nicholas Rakouskas
Jessica Ratkiewicz
Craig Regnier
Jesse Regnier

Zachary Repko
Jesse Risciotti
Antonio Rosa
Gillian Roy
Natasha Roy
Leeann Salvador
Nicholas Sanchez
Amy Santos

Krystal Santos
Jacob Santucci
Thea Sarrasin
Stacey Seguro
Jaimie Seile
Jessica Sevivas
Patrick Shaheen
Robert Showalter

Nicole Silva
Curtis Simpson
Sean Smith
Eric Smola
David Spooner
Nicole St. Marie
Amanda Stewart
Cara Stokowski

Stacy Suares
Angela Sutcliffe
Jessica Szlosek
Aaron Taylor
Ashlee Taylor
Dennis Taylor
Justin Tunis
Elizabeth Valadares

Rocio Valdez
Kenneth Valentine
John Walker
Matthew Warwick
Serena Watras
Michael Weibel
Jacob Whitworth
Leah Williamson

Megan Williamson
Alicia Wood
Ryan Wood
Angela Wozniak
Fatih Yanbul
Stavri Yanka
Erica Young
Ashley Zarrillo

Sophomores

Let It Snow!

After last winter, when snow did not seem to fall in Ludlow, this year was a surprise. For the first time in many years, snow was piled up in huge mounds along streets and in parking lots, and unlike last year, students were given a couple days off from school due to the bad weather conditions.

It seemed as if every morning this winter, people had to wake up and clear snow off their cars before heading off to school or work. This car was parked along Berkshire Street and left under the snow all winter.

For those students who ski and snowboard, this winter was one of the best seasons in recent memory. All students were able to relive some of their childhood memories of sledding, ice skating, making snowmen and snow angels, and having snowball fights with their friends. Snow seemed to fall from the skies constantly throughout December and January.

With snow flurries still falling in late April, it was a wonder that spring and summer ever came. Although some snow is nice to have in the winter, most people agree that summer weather is much more enjoyable than the frigid cold temperatures of this winter in New England.

Freshmen

New Beginnings

We all remember our first day of high school--that day when we entered the high school for the first time as students and thought that we would get lost in the hallways. The middle school was so small in comparison!

As freshmen, we entered the building skeptical of what the following school years would bring and anxious to begin the next phase of our lives. Freshman year is a time of new beginnings; it is a time to explore the many possibilities that the high school offers to students that were not offered at the middle school level, such as various clubs and organizations, as well as sports and school dances. It is a time to discover more about ourselves and a time to discover the potential that we each possess. As a class, freshman year marks the beginning of a four year long period in which the class grows together and becomes united through spending time together during field trips, banquets, and events.

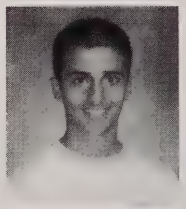
This group of freshman girls enjoys lunch at the high school. Although the lunch period is only about twenty minutes long, the girls find time to socialize with one another and eat. Freshmen find that the selections at high school are more extensive than those offered during lunches in middle school.

This year's freshman class has graced the school with new faces, more people, and of course, huge backpacks blocking the hallways.

Ahmed Abdullah
Joshua Afonso
Stacy Aleixo
David Almeida
Anita Alves
Anthony Alves
Christina Amaral
Ashley André

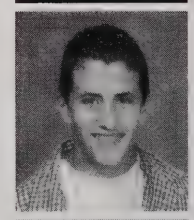
John Archambeau
Nicholas Assarian
Justin Babineau
Michael Bailey
Jared Baillargeon
Nicholas Bamford
Kyle Barch
Patrick Barrett

Michael Barros
Nicholas Barroso
Steven Barroso
Christopher Benoit
Gilberto Borges
Leanne Bourgeois
Kyle Bourgoin
Samantha Bousquet

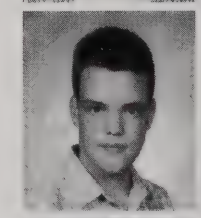


Melissa Bovat
Amanda Bressem
Jacob Bruschi
Stephanie Burek
Samantha Burns
Vincent Caputo
Leigh Cardarelli
Amber Carroll

Marcio Carvalho
Stephanie Carvalho
David Catarino
Calvin Chandonnet
Nicholas Chaplin
Nathan Chenaille
Ilknur Citlak
Andrew Coelho



Marc Coelho
Nicole Coelho
Priscilla Colecchia
Catherine Coley
Sarah Como



Michael Condon
Jason Corbeille
Jonathan Corjay
Jeffrey Correia
Rachael Correia

Carrissa Cote
Kara Cote
Lauren Cotti
Kelly Crafts
Claudia Crespo

Felicia Cronin
Valerie Crowther
James Curry
Kenneth Cusson
Sergio DaCruz

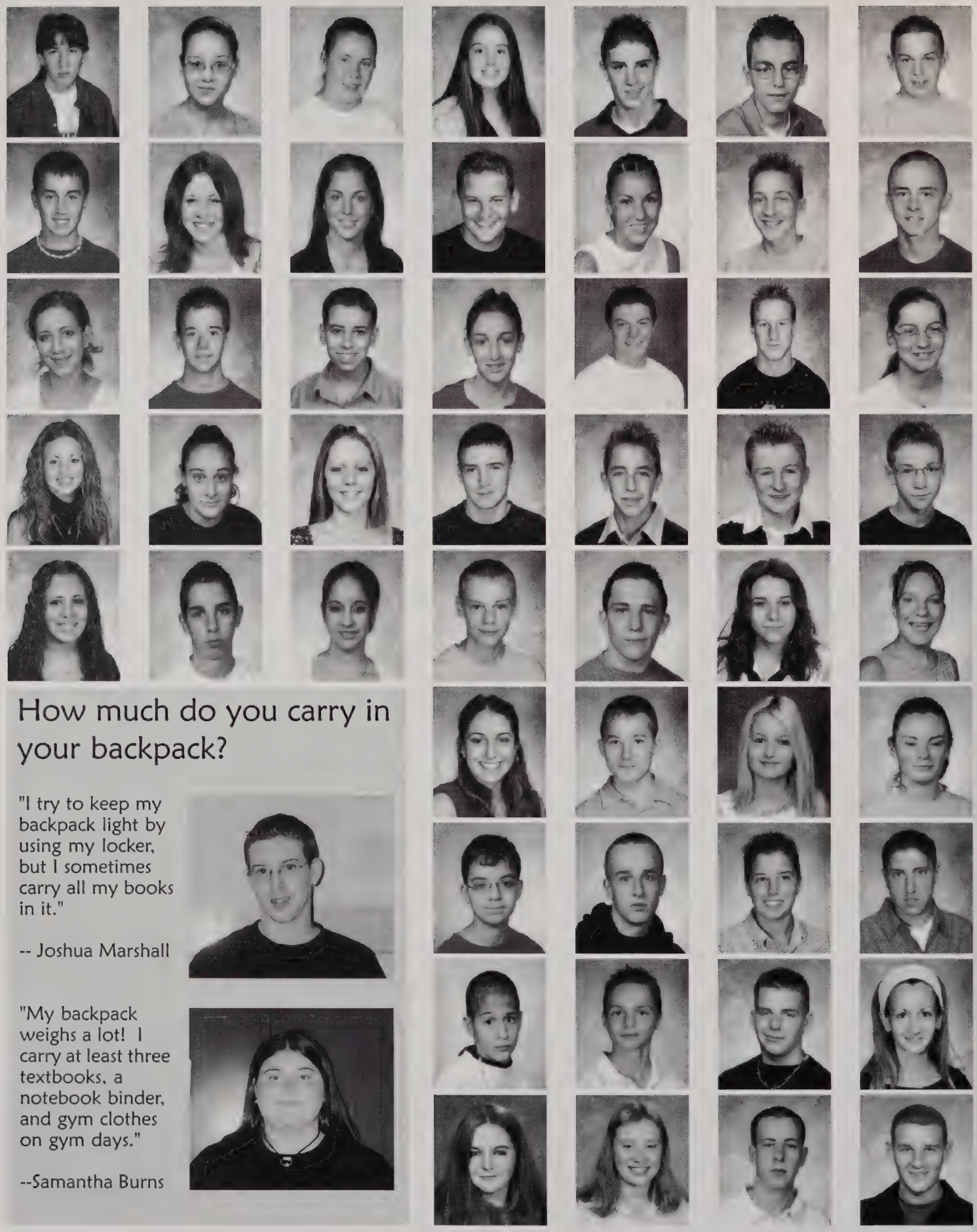
What is the best thing about being a freshman?

"We have more rights and responsibilities. Middle school didn't matter as much."

--Derek Michalczyk

"I like being in the high school and having friends who are older than me."

--Ashley André



How much do you carry in your backpack?

"I try to keep my backpack light by using my locker, but I sometimes carry all my books in it."

-- Joshua Marshall

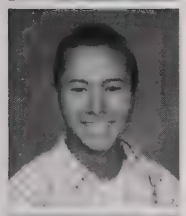
"My backpack weighs a lot! I carry at least three textbooks, a notebook binder, and gym clothes on gym days."

--Samantha Burns

Casey Desilets
Sara Desrosiers
Julie Devlin
Cassandra Dias
John Dias
Marc Dias
Matthew Dias
Melissa Dias

William Dias
Melissa Dion
Meghan Diotalevi
Matthew Doherty
Katelyn Dolan
Joseph Dominique
Ross Dominique, Jr.
Diane DosSantos

Kaitlyn Dowd
Shawn Drew
Bryan Duarte
Katherine Duarte
Derek Duchesne
Matthew Dudley
Kathleen Durand
Hunter Elliott



Brittany Enman
Elaina Esoo
Angela Evans
Eric Evans
Jared Falconer
Benjamin Farias
Matthew Farias
John Ferriera

Nicole Ferreria
David Figueiredo
Claudia Filipe
Kyle Filipe
Curtis Fish
Desiree Fiske
Bonnie Fontaine
Renee Forget

Ashley Fraga
Benjamin Gagne
Nicole Gaylord
Ryan Geagan
Andrew Geanacopoulos

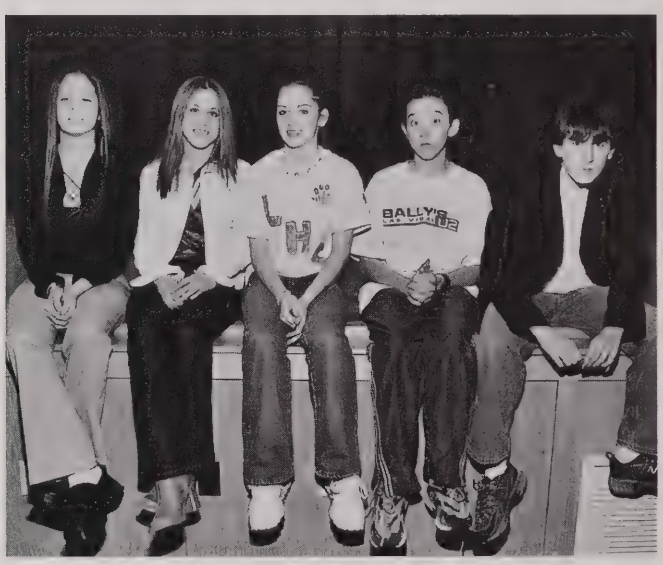
Matthew Geanacopoulos
Jason Gleason
Casey Gomes
Marco Gomes
Nicholas Gomes

Shawn Gomes
Adam Gonyea
Andrew Goodreau
Monique Goodrow
Christopher Graf

Lindsey Greentree
Amanda Grondin
Tomasz Guberow
Adam Guyette
Alexander Hamilton

Freshmen Executive Board

New to the school and with little leadership experience, the freshman class executive board began the year with many challenges, but much enthusiasm. President Andrew Geanacopoulos, vice-president Julia Sadowsky, secretary Jessie Oliveira, and treasurer Melissa Dion were elected by their class to organize class activities with advisors Mrs. Jennifer Picard and Mrs. Linda Courtney.



Freshman class executive board members: Secretary Jessie Oliveira, treasurer Melissa Dion, vice-presdient Julia Sadowsky, president Andrew Geanacopoulos, Casey Desilets.

The executive board, as part of the student council, began this hectic year by helping parents find their way around the school on Open House night, causing less chaos and confusion. In late fall, the board volunteered to help at the Ludlow Education Association's 5K walk/run. Also, the executive board organized a class trip to the Boston Sea Aquarium and Quincy Market, and helped plan the first freshman/sophomore banquet. Although the banquet had some delays and discrepancies, it turned out to be a success.

Overall, the executive board and their efforts made the freshmen's transition from middle school to high school an enjoyable experience.

Freshmen

Learning to Save Lives

From January 21, until February 6, a CPR certification program was held in the gymnasium during physical education classes. Approximately 770 students participated in the program, and, under Mrs. Linda Cochenour's leadership, 720 students were certified after taking a written test and skills examination.

Freshman Joshua Soares practices CPR on a dummy while Mrs. Linda Cochenour instructs him on the proper techniques of CPR. The program was an overall success, as most students became certified.

During the duration of the course, the students learned lifesaving techniques and they were shown the necessity and importance of learning CPR skills. Videos and volunteer instruction were used in order to teach these skills. Mannequins were also used for students to practice adult CPR, child CPR, and the Heimlich maneuver.

Baystate Medical Center, the American Heart Association, Baystate Ambulance, the Ludlow fire department, Health South, and the Sheriff's Department were all involved in the certification process.

Through the knowledge acquired from the CPR program, students became aware of many daily risks and dangers that can be easily prevented.

Melissa Harrica
Matthew Harrington
Amanda Hartford
Elizabeth Hayes
Ashley Heyes
AnthonyHicks
Brendan Hiersche
Robert Hill

Kira Hillman
Randy Hoffman
Monica Holland
Tiffany Holland
Amanda Holley
Christine Howard
Justine Howe
Ashlie Hurley

Arianne Hutchins
Michael Jessmer
Matthew Jordon
Nicholas Jorge
Nicholas Jorge
Karolina Kaflinska
David Kang
Clarence Kauila

Brittney Kawa
Kyle Kellogg
Nicole Kent
Chad Kielbasa
Stephanie King
Anna Konopko
Krystal Kroll
Ashley LaCosse

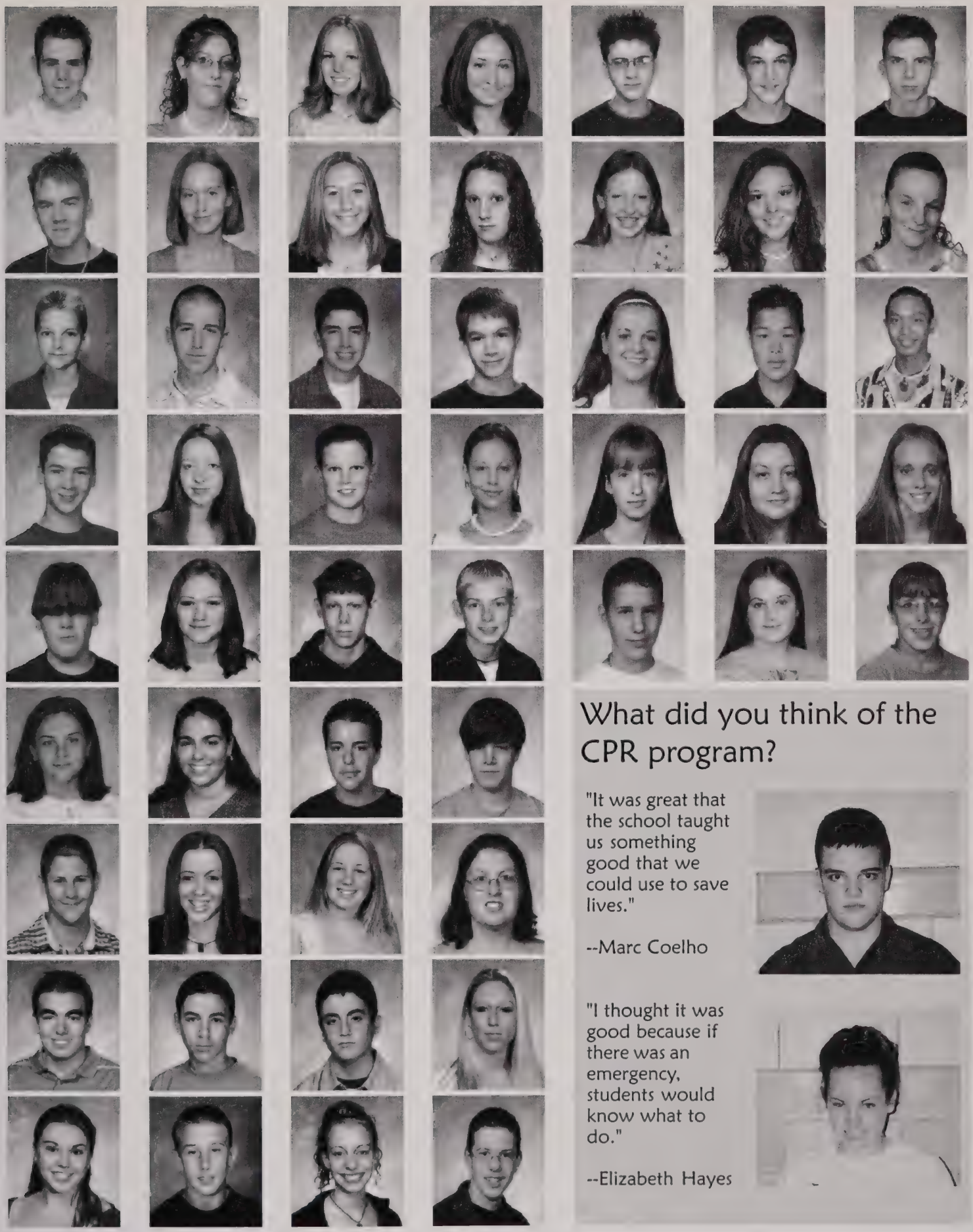
Allison LaFlamme
Glenn LaRace Jr.
Bonnie Lagerstrom
Marc Lamondia
Nicholas Langone
Christopher Laperriere
Tiffany Lariviere
Celia Larouco

Evelyn Lau
Stephanie Laviolette
Meghan Lavoie
Joseph Lawlor
Ian Lawsure

Caryn Lecca
David Ledoux
Alycia Lelievre
Amanda Leone
Daphane Levesque

Nicole Libiszewski
Ross Lopata
Bruno Lopes
John Lopes
Rachael Loureiro

Dylan Lucas
Leigh-Ann Malke
James Mange
Amanda Marques
Joshua Marshall



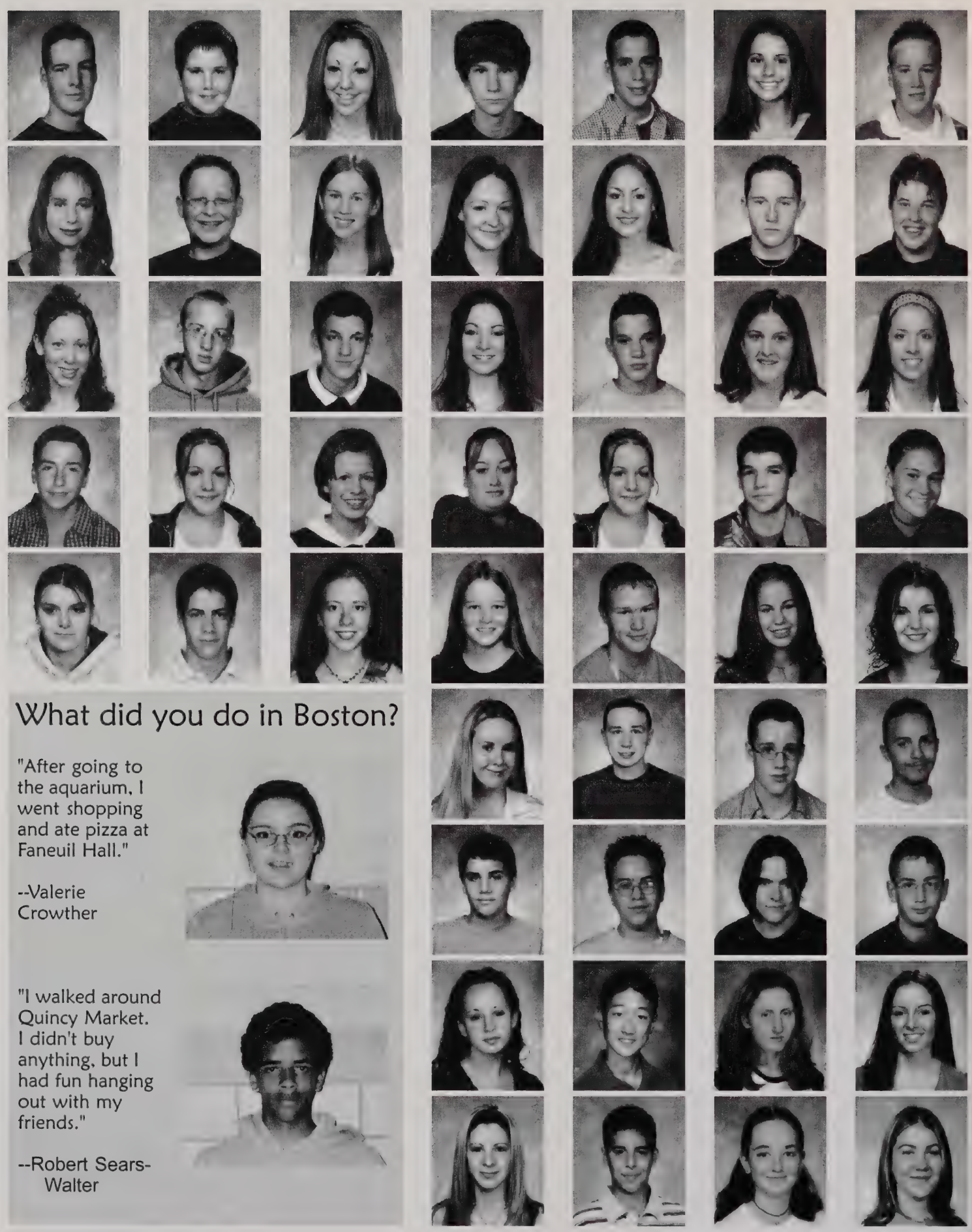
What did you think of the CPR program?

"It was great that the school taught us something good that we could use to save lives."

--Marc Coelho

"I thought it was good because if there was an emergency, students would know what to do."

--Elizabeth Hayes



What did you do in Boston?

"After going to the aquarium, I went shopping and ate pizza at Faneuil Hall."

--Valerie Crowther

"I walked around Quincy Market. I didn't buy anything, but I had fun hanging out with my friends."

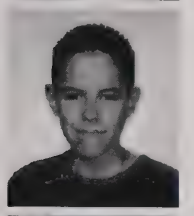
--Robert Sears-Walter

Michael Martin
Charles Martins
Elizabeth Martins
Joseph Martins
Justin Martins
Melissa Martins
Timothy Maynard
Jennifer McCarthy

Melissa McCarthy-Bates
Richard McCormick
Christine Menard
Yasmin Menendez
Monica Mestre
Joseph Metcalfe
Derek Michalczyk
Kimberly Milbier

Alyssa Mills
Christopher Minie
Paul Momnie
Christa Moores
Jonathan Murray
Elizabeth O'Donnell
Jessie Oliveira
Justin Oliveira

Steven Oliveira
Amanda Parent
Ewelina Pastula
Cassandra Peabody
Justine Pereira
Eric Pescetta
Ashley Petrolati
Miles Pflanz



Nicholle Pirog
Christian Potter
Nicole Potter
Allison Prokop
Troy Ribeiro
Stefanie Ricardi
Ashley Roberts
Brian Roberts

Courtney Roberts
Patrick Roberts
Cory Rodrigues
Francisco Rodriguez
Jonathan Rodriguez

Luke Rottman
Andrew Roxo
Derek Roxo
Justin Roy-Larouco
Samantha Rozkuszka

Corrine Ryan
Michael Ryan
Jennifer Rys
Julia Sadowsky
Michael Sadjak

Amanda Santos
Marc Santos
Mia Santos
Marita Sarad
Robert Sears-Walter

Freshmen
Venturing out of LHS

In November, the freshman class took its first educational field trip as high school students to Boston. While in Boston, students enjoyed touring the Boston Sea Aquarium, watching a 3-D IMAX film, and spending the rest of the afternoon eating lunch and shopping in Quincy Market, where students were able to purchase items from various stores and shops that cannot be found in the immediate area.

Freshman Julia Tetreault poses with a plastic sea turtle in the Boston Sea Aquarium. "The trip was really fun," said Julia. Students were able to walk around the aquarium before going to Quincy Market.

The IMAX theater, located accross the way from the sea aquarium showed an educational film about marine life, and how different sea creatures interact with one another in their natural habitats.

In Quincy Market, the freshman class was able to choose from a variety of ethnic and American foods to sample in Faneuil Hall, before the students separated for a little while, allowing time for the class to shop and enjoy some time with their friends before coming back to the high school in the evening.

Freshmen
Congregating in the Halls

The hallways of LHS are the social gatherings for all students in the mornings before the first bell rings and throughout the day in between classes. The four minutes of passing time allow for students to socialize with friends before heading off to their next class.

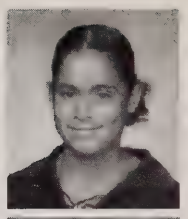
This group of freshman boys can be found conversing in the D-wing hallways before school. David Kang, seen on the far left, says that he spends time in the hallways talking to friends between classes.

Although talking with friends is a nice break from the classtime learning that happens throughout the day, sometimes the hallways are impossible to pass through. Students congregate in large numbers, blocking the hallways from any through traffic. This can cause students to be late, and depending on which teacher's class the students are heading to, can earn a student an after-school detention.

Even in the afternoons, students can be spotted along the hallways talking with friends and sharing the latest gossip before they go home or attend various afterschool club meetings or sport pracitices.

Whatever the reason, the hallways of LHS are always bustling with noise and activity as students rush to their next classes.

Sasha Sellez
Brian Serrazina
Alyssa Severyn
Adam Shaheen
Nicole Shanahan
Vania Silva
Emily Simonoko
Stephanie Singleton

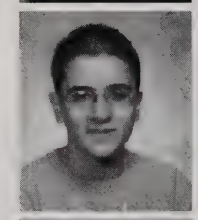


Joe Skrodzki
Danielle Small
Matthew Smith
LeeAnn Smola
Joshua Soares
Rachel Spirito
Amanda St. Aubin
Aimee St. Martin

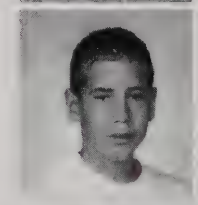
Daniel Stevens
Jacob Stokowski
Nicole Strickland
Joshua Strycharz
Margarita Sukonik
Molly Taylor
Michael Tereso
Julia Tetreault

Sean Thompson
Bradford Tierney
Michelle Tighe
Joseph Tiraboschi
Heather Trombly
Stephan Turoczy
Joshua Unsderfer
Kyle Unsderfer

Raymond Valadares
Emmanuel Valdez
Lindsay Van Dyke
Gina Vecchiarelli
Nina Vecchiarelli
Nathan Venancio
Chelsey Venne
Amanda Vigneault



Brendon Vigneault
Rachel Weiss
Ashley Welch
Lauren Willett
Kenneth Williams



Brendan Zdanis
Magdalena Zukowski

Camera Shy

Vincent Dzierwinski
Zachary Lasky
James Tiraboschi
Christopher Venne
Ryan Vital

Do you spend a lot of time in the hallways?

"Not really. During lunch I hang out by student management and talk with my friends."

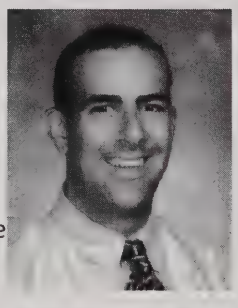
--Pat Barrett

"I do. Usually I hang out at my locker, do homework, and talk."

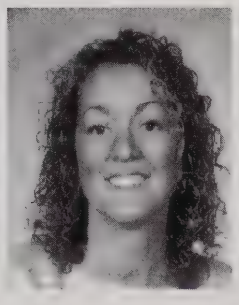
--Nicole Strickland

Jennifer Abel
English
Anna Amaral
Guidance Secretary
Kurt Anderson
Special Needs
James Annear
Mathematics
Rose Appleby
School Nurse

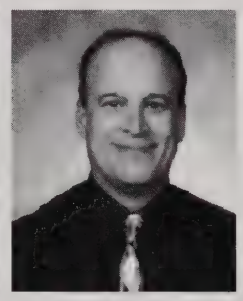
Mark Augusto
English
Alexander Bal
Special Needs
Pamela Barch
Art
Carol Bardon
Family & Consumer Science
Donald Bennett
Science

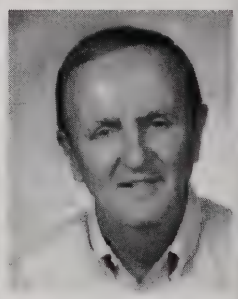


Paula Bennett
Foreign Language
Tracey Blair
Special Needs
Lydia Brady
Guidance
Teresa Brenton
Mathematics
Timothy Brillo
Physical Education



Theresa Bullock
Special Needs
Marcie Burns
Mathematics
Brian Bylicki
Social Studies
Pamela Cangemi
English
John Carlin
Mathematics





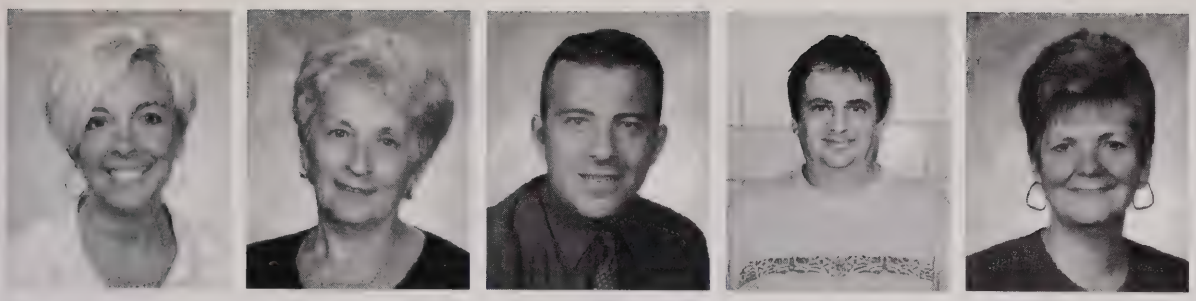
Faculty

A New Arrival

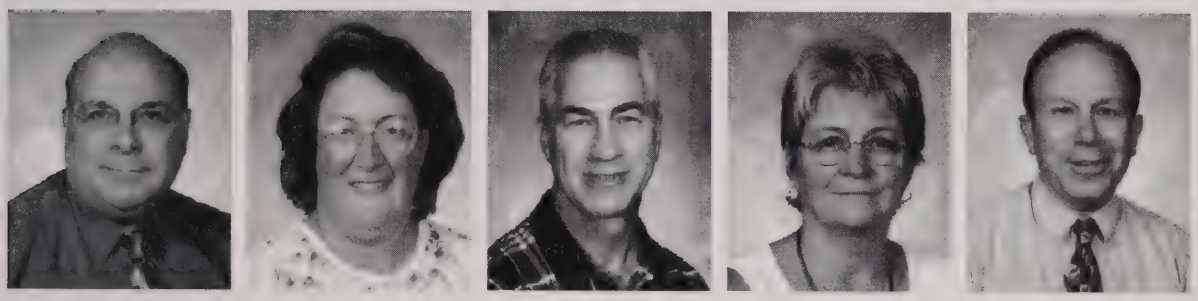
Although the 2002-2003 school year is always eventful for students, some teachers will agree that this year was memorable as they welcomed a newborn into their family.

On January 4, 2003, Mrs. Pamela Cangemi had a new arrival when son Sam was born. The healthy boy weighed 7 lbs 10 oz. Students may recall that in the middle of the year, Mrs. Cangemi left LHS on maternity leave and Mrs. Diane Mazzocco filled in for the remainder of the year.

Mr. Timothy Brillo had his own surprise when baby girl Julia Nichole was born on April 3. "My wife and I were convinced that it was going to be a boy, but we wouldn't have it any other way than our two little princesses," says Brillo.



Cory Carr
Paraeducator
Joan Cavallo
Science
Jonathan Cavallo
Social Studies
Greg Charest
Custodian
Dorothy Chrzan
Guidance



James Cokkinias
Principal
Michelle Costa
Paraeducator
Thomas Cote
Truant Officer
Maureen Cotti
Art
Richard Cotti
Guidance

Linda Courtney
Business
Chuck Crowther
Custodian
Jessica Czuprynski
Science
Marilyn D'Agostino
English
Philip Dalessio
Science

Sheila Dias
English
Susan Dibble
English
Eddie DiFiore
Custodian
Paul Dobek
Resource Officer
Mable Ellison
Paraeducator

▲ Jack Henry Zina born on April 7, 2003, is not afraid to show his adorable smile.

Señor Paulo Zina had a special memory this school year with the birth of his son Jack Henry Zina on April 7th. Like any new father, Zina is thrilled over his newborn and describes the experience as "the most exciting time" in his life.

Long-term substitute Mrs. Maria Kites also gave birth to a baby girl named Sarah on February 2nd of this year.

▼ Mrs. Pamela Cangemi visits LHS with son, Sam Cangemi, born in the middle of this school year. "He's a very good baby. He loves to go for walks," says Mrs. Cangemi.

Faculty

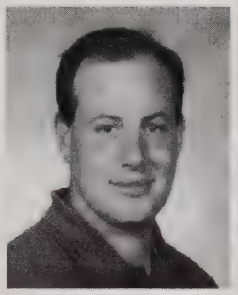
LHS Families

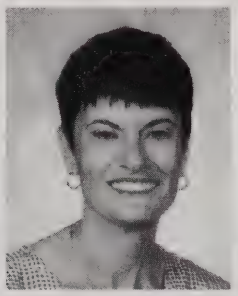
Many of the faculty and staff members in LHS are not just connected by their profession. Some are related by family, marriage, and even have children who are students at LHS.

Related faculty members are quite common at LHS. A well-known example is father Mr. Stephen Marino and his daughter Miss Kathleen Marino. The 2002-2003 school year was Miss Marino's first year teaching at LHS and working in the same building as her father. Yet Marino has no problem working under these conditions. "It is an absolute honor to go from being my father's little princess pumpkin head at home to his colleague and equal," says Marino.

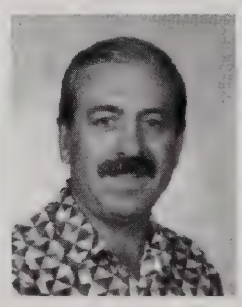
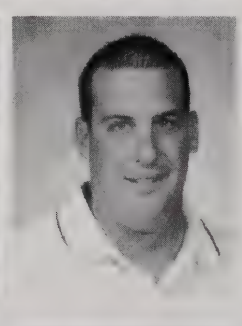
Other faculty members have children who are students at LHS. Mr. James Lonczak's

Gary Elson
Health
Laurie Escalante
Paraeducator
Maria Fagundes
Foreign Language
Martin Fanning
Social Studies
Michelle Fontana
English

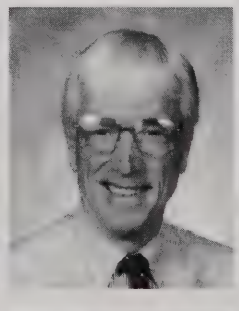




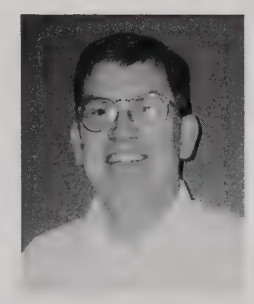
Mary Jean Gaumond
Home Tutor
Rebecca Gauvin
Physical Education
Antonio Goncalves
Foreign Language
Adam Graves
Physical Education
Nancy Guinipero
Office Secretary

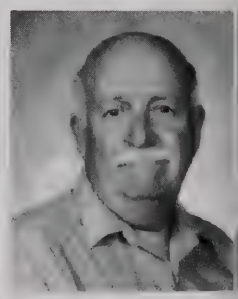



Joanne Hassler
Speech Pathologist
Audrey Hibbard
Food Services
William Innocent
ESL
Robert Johnston
Science
Nancy Kavka
Science



Douglas Kelley
MCAS Tutor
Suzanne Kelley
English
Trudy Kellogg
Secretary
Cynthia Koch
Instrumental Music
William Koscher
Social Studies



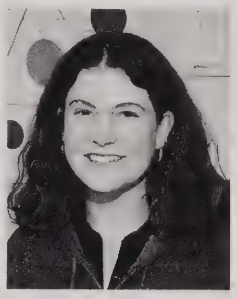


▲ Although many people do not know, Mrs. Michelle Masse's father is Mr. David Larrivee.

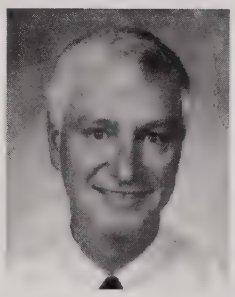
daughter, senior Amelie Lonczak, unlike many teenagers, does not mind seeing her father every day during school. Amelie describes her father as being supportive. "He always gives me hugs when I am upset," says Lonczak.

This only goes to show that LHS may seem to be filled with students and faculty, it is clear that many staffers and students are connected and bound by familial relationships.

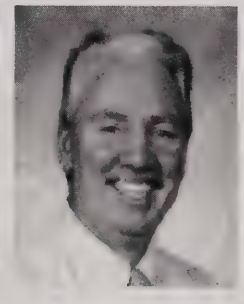
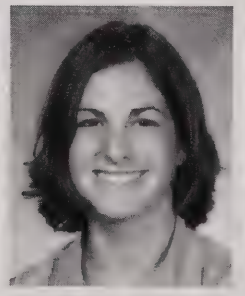
▼ Sophomore Amanda Amaral, guidance secretary Mrs. Anna Amaral, and senior Armando Amaral are one of the most well-known families at LHS. They are used to seeing each other during school everyday.



Karen Kozaczka
Food Services
Nancy Kurty
Physical Education
Maria Kites
Permanent Substitute
Linda LaLiberty
Food Services
Eliza Lacroix
Art



David Larrivee
Social Studies
John Lattanzio
Special Needs
Zora Leclerc
Paraeducator
Hollington Lee
Science
James Lonczak
Mathematics

Toni-Marie Mancuso
Assistant Principal
Gary Manuel
Technology
James Marceau
Foreign Language
Kathleen Marino
English
Stephen Marino
Dean of Students

Susanne Markus
Foreign Language
James Martin
Foreign Language
Gail Martins
Food Services
Dorothy Maskill
Food Services
Michelle Masse
English

Cheryl Matthess
Food Services
Diane Mazzocco
English
Robert Miccuilla
Special Needs
Regina Momnie
Guidance
Mary Moriarty
Guidance

Brian Mulvehill
Social Studies
Dolores Nacewicz
Science
John O'Connor
Social Studies
Beth Oliveira
Nurse Clerical Aide
Richard Oliveira
Mathematics

Leonard Phelon
Mathematics
Susan Phelon
Social Studies
Jennifer Picard
Business
Elizabeth Pierga
ESL Aide
Laurie Pollard
Food Services

Denise Ratkiewicz
Food Services
Renaldo Ribeiro
Custodian
Patricia Robert
School Nurse
Carlos Sanches
Computer Technologist
Lucy Sanches
Custodian

Faculty

Five of a Kind

Although the 2003 school year may be the end for seniors, LHS is also losing many of its valuable teachers. Mr. David Larrivee, Mr. John Carlin, and three important department heads Mr. James Lonczak, Mrs. Joan Cavallo, and Dr. William Koscher, are preparing to leave their chalkboards and classes to the next aspiring teacher.

These reitirees have been part of the Ludlow High School staff for well over thirty years apiece. They have been active members of their departments, and devoted much of their free time to their work. It is no surprise that these teachers are not really going to miss correcting papers but are looking forward to new experiences such as traveling.

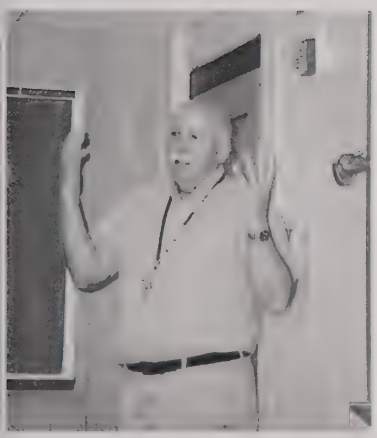
Yet overall, these teachers will miss LHS and its students. They all agree that LHS

Wendy Simmons
Paraeducator
Susan Stachelek
Mathematics
Gayle Thomas
Clerical
Jane Thompson
Library Media Specialist
Arlene Tierney
Guidance Director

Brian Walsh
Science
Janice Wiggins
Food Services
Mary-Beth Will
Choral
Paulo Zina
Foreign Language
Mary Jane Zywiak
Social Studies

Camera Shy

Dorothy Grise
School Nurse
Jennifer Rosenberg
MCAS Tutor
Angela Silvestri
Paraeducator

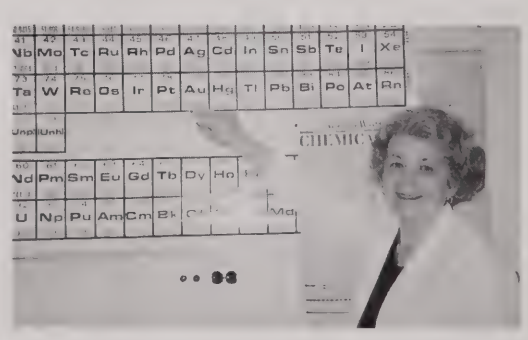


▲ Dr. William Koscher is immersed in his lecture during his A.P. US history class.

was an excellent school for their profession and that students, over the years, have certainly left their mark; but now their time has simply come to leave. Students will undoubtedly agree that this year's retirees have prepared them for bigger and greater things, making these teachers memorable and irreplaceable.

Mr. Carlin said it best: "I'm sure they can find three people to replace me -- maybe."

▼ Mrs. Joan Cavallo, as a chemistry teacher and science department head, gladly stands beside her bible, the periodic table.



Clubs & Organizations

Some Assembly Required

For some people, clubs and organizations are a haven away from school. These after school activities are as entertaining as they are influential on college applications. Clubs allow students with common interests to work together.

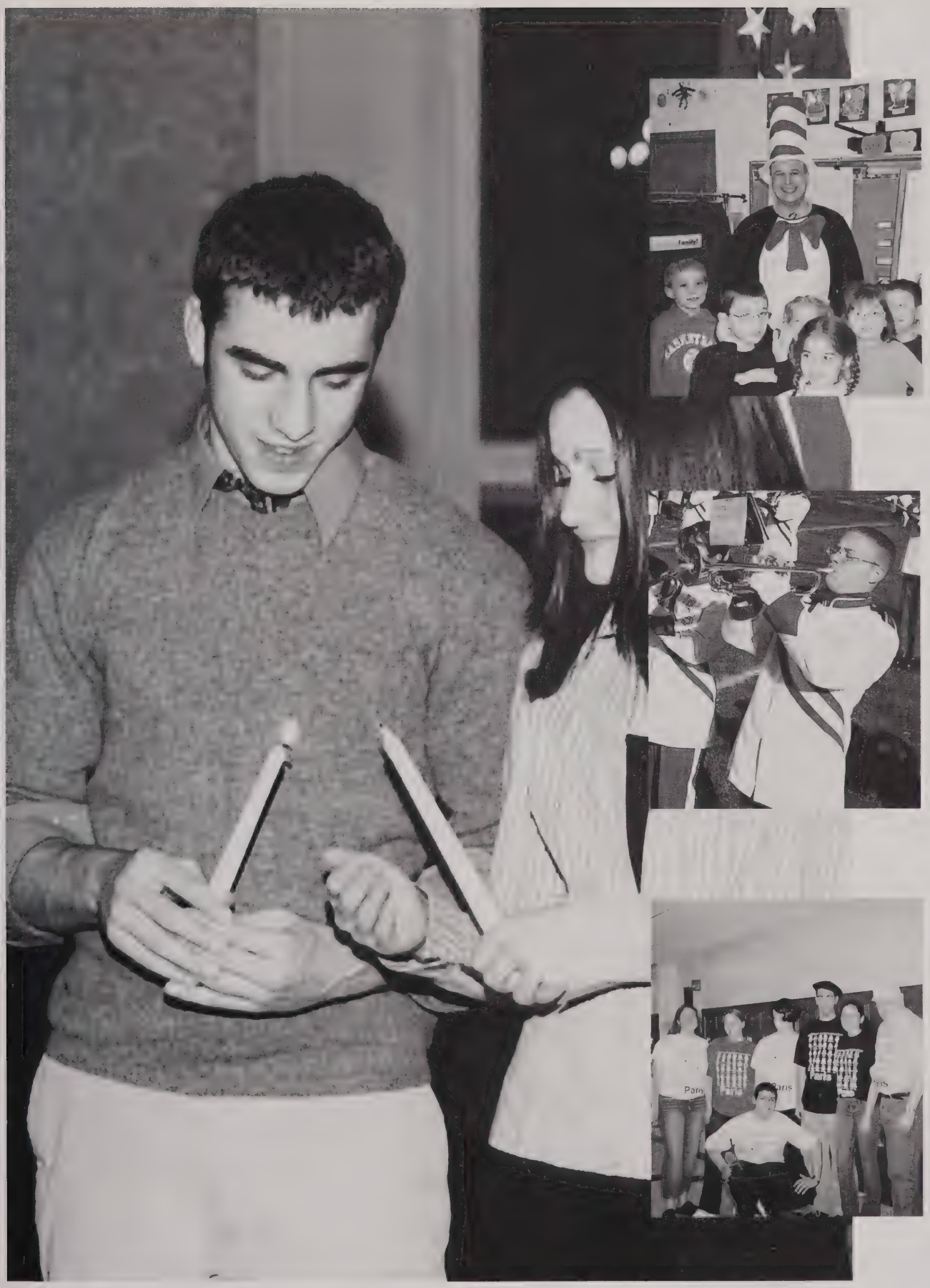
There are groups that focus on serving the community such as SADD and the FCCLA and others spread their musical ability from Ludlow to Annapolis, Maryland. Although some organizations require more work than others, the results are just as satisfying.

The clubs and organzations in Ludlow High School continue to increase with the addition of the table tennis and sewing club. Even the Portuguese club, which was absent in the recent years, has returned in full force.

Creativity, musical, knowledge, commitment, and expression are the goals that embody not only our school, but also its students.

"The National Honor Society induction ceremony is a nice way to welcome all new members."

--Christina DeNucci junior

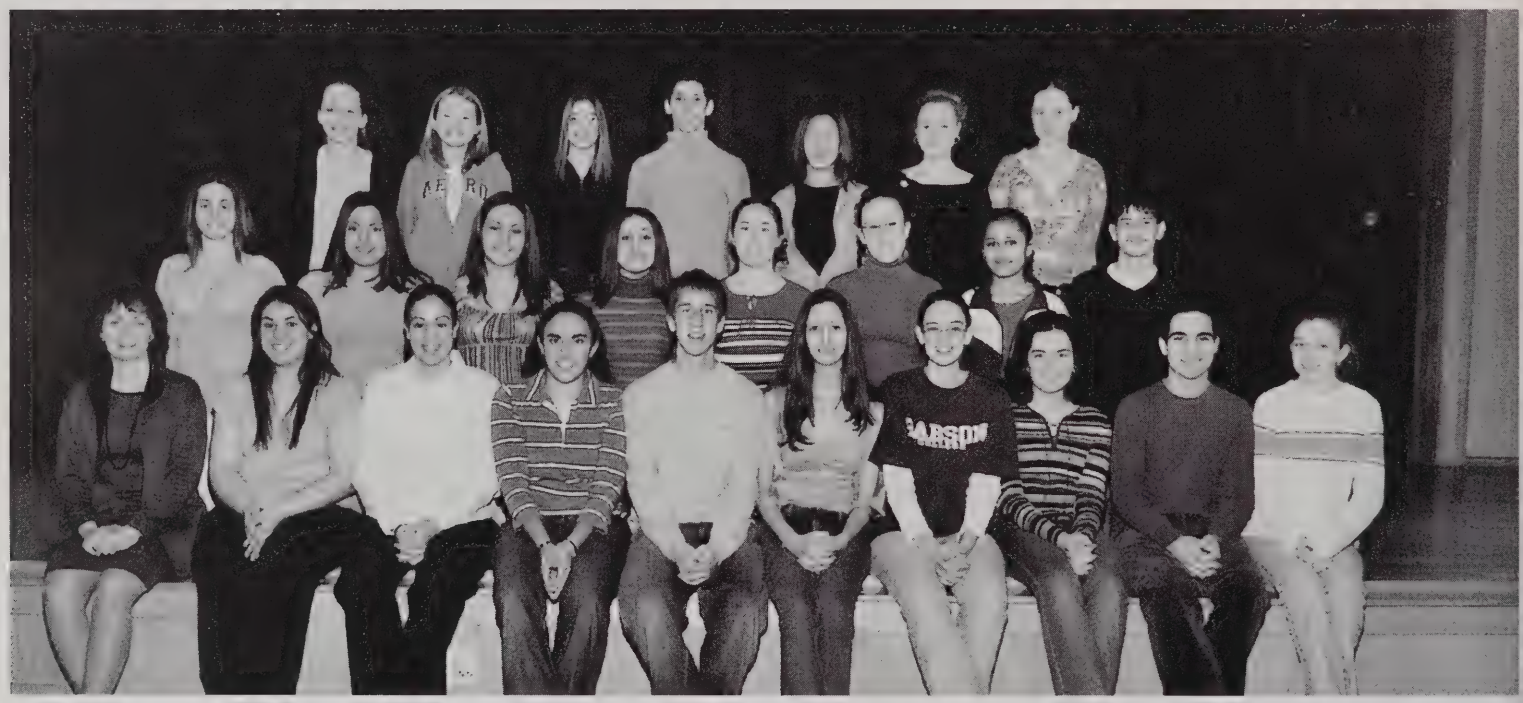


◄ As the cat in the hat, Mr. Brian Bylicki visited elementary schools with student council members for Read Across America.

◄ Freshman Celia Larouco and sophomore A.J. Motta play the trumpet during the Thanskgiving football game.

◄ The French 5 class sports mood shirts that were bought during the April vacation trip to France.

▼**Yearbook:** *Front:* Mrs. Suzanne Kelley, Viviana Fialho, Nicole Francisco, Katelynn Gomes, Joseph Goncalves, business manager Jennifer de Sousa, co-editor Julieta Cordeiro, co-editor Lisa Rua, Jeffrey Ribeiro, junior editor Karen Miele. *Middle:* Stacey Seguro, Elizabeth Valadares, Jessica Fernandes, Kelly Mateus, Caitlin McInerny, Shana Santos, Aditi Kulkarni, James Brodeur. *Back:* Sarah DeWolf, Lisa Morel, Erica Young, Marc Santos, Jung Kang, Ashley Parent, Erin Gibbons.



▲ **The Creative Writing Club:** *Front:* Daniel Muse, Mallory Michalczyk, Michelle Liaszenik. *Back:* Miss Jennifer Abel, Manuel Moutinho, James Brodeur, Kelly Crafts, Michelle Tighe.

▲ **The Paw:** *Front:* Andrea Ferreira, John Henriques, Fatima Abdullah, Michelle Tighe. *Back:* Miss Jennifer Abel, Megan Tourtellotte, editor Elizabeth Goncalves, Kelly Crafts.

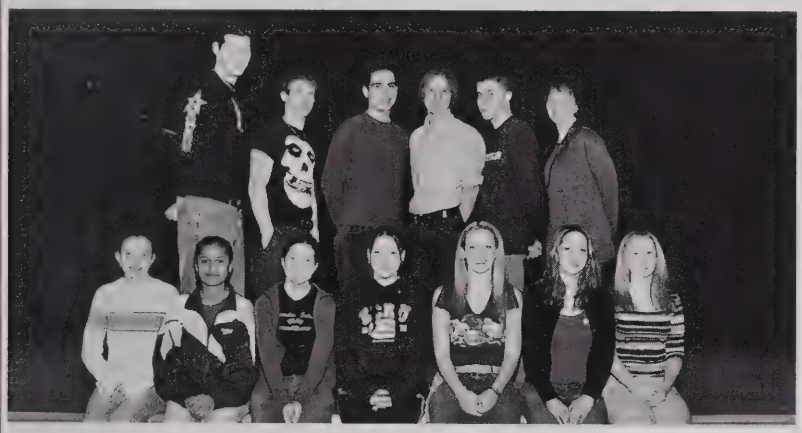
Creativity

The Cub, The Creative Writing Club, Yearbook, The Paw, Table Tennis Club, and Sewing Club

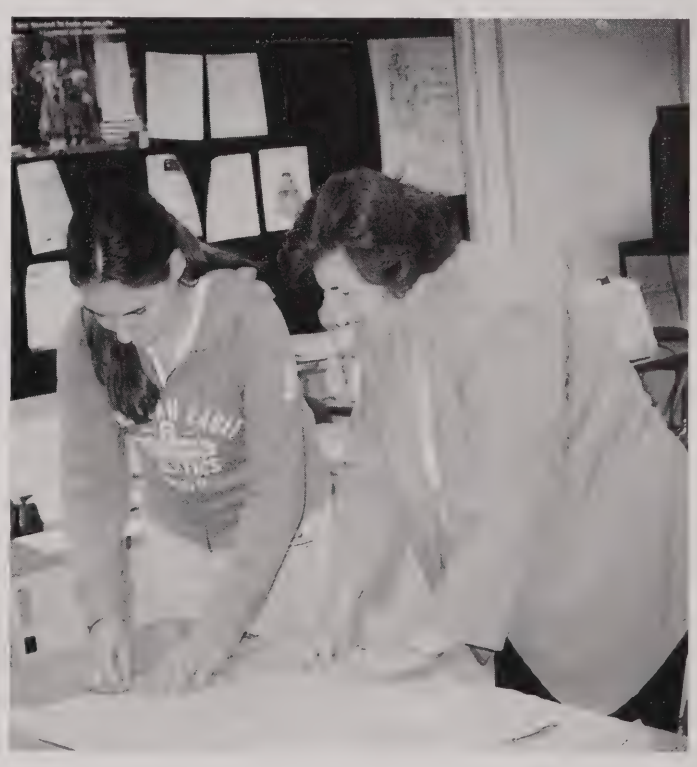
The Cub and yearbook members are seen not only after school working diligently, but also throughout any vacation time. Their hard work paid off earlier in the year when the newspaper, *The Cub*, received six individual awards at the AIC Scholastic Press Forum.

Although the clubs are new, club membership is not lacking for the creative writing club, table tennis club, and the sewing club. Clubs such as the table tennis club allow students to enjoy a physical activity without the pressures of being called a "sport." The creative writing club and *The Paw* can allow students to develop their writing and express themselves out of the classroom.

▼ **The Cub:** *Front:* Karen Miele, Aditi Kulkarni, Liz Goncalves, Lauren Dowd, Melissa Holland, editor Alexandria Yanka, Allison Aurnhammer. *Back:* Josh Yelle, Ryan O'Sullivan, Jeffrey Ribeiro, Daniel Muse, Matthew Assarian, Mrs. Suzanne Kelley. *Missing:* Kelly McAllister and Mandy Levesque.



▲ **Table Tennis Club:** *Front:* Kyle Barch, Nicholas Langone, Nicholas Rakouskas. *Back:* Mr. Hollington Lee, Jason McMahon, Curtis Simpson, Benjamin Milillo, Joe Skrodzki, Thomas Guberow.



▲ Junior Jessica Szlosek works on a sewing pattern with help from advisor, Mrs. Carol Bardon. As president of the sewing club, Jessica works to get students involved.

Musical

Band, Jazz Band, Pep Band, Show Choir, and Chorale

The band's involvement is not limited to the regular concerts and parades. Band organized multiple fund-raisers including a coffee sale, Super Bowl grinder deliveries, and car washes. During the Halloween, Christmas, and spring concerts, the band is accompanied with the stylings of the Jazz band. The pep band plays during the girls' basketball games and the Tip Off Classic.

The Show Choir put on a compelling rendition of *The Wizard of Oz*. As usual chorale performed the Madrigal Dinner, true to its Italian roots. Besides the dinner, chorale performs at concerts. Many participants of both show choir and chorale are students of advisor, Mrs. Mary-Beth Will.

▲ The senior band members relax after their tour of the Port of Baltimore. *Front:* Ms. Cindy Koch. *Middle:* M. Norris, K. Vomero, A. Goodreau, M. Callahan, C. Potter, A. Bunten. *Back:* Student teacher Mr. Andrew Villamaino, M. Boucher, B. Pease, N. Santos, L. Rua, K. Livingston, J. Pyzocha, D. Methot.

▼ **Jazz Band:** *Front:* Danielle Methot, Kathryn Doyle, Samantha Kobjack, Gina Vecchiarelli, Clarence Kauila, Lori Milbier, Alicia Wood, Kyle Barch. *Back:* Michael Norris, Peter Gosciminski, Daniel Borkowski, Alexander Simao, Matthew Boucher, Paul Momnie, Jeffrey Pyzocha, Phillip Fonseca, Sean Smith.

▲ **Pep Band:** *Front:* Daniel Borkowski and Alexander Simao. *Second:* Matt Paquette, Peter Gosciminski, Catherine Potter, Rachel Saloio, Patrick Brannan, Jennifer Blanchard, Nicole Santos. *Third:* Jeffrey Pyzocha, Danielle Methot, Kathryn Doyle, Samantha Kobjack, Melissa Callahan, Kimberly Milbier, Katherine Duarte, Lori Milbier, Shana Santos. *Back:* Phillip Fonseca, Michael Norris, Clarence Kauila, John Hangasky, Anthony Curto, Matthew Boucher, Benjamin Pease, Kathryn Vomero, Karisa Livingston, Jennifer Priore.

▼ **Show Choir:** Jennifer Howard, Elise Lord, Amelie Lonczak, Kathryn Vomero, Cara Stokowski, Lauren O'Neil. *Missing:* Maria Jahn.

▼ **Chorale:** *Front:* Jennifer Howard, Amelie Lonczak, Kathryn Vomero, Cara Stokowski, Lauren O'Neil. *Back:* Catia Henriques, Michelle Liaszenik, Elise Lord. *Missing:* Adam Provost, Daniel Borkowski, Maria Jahn.

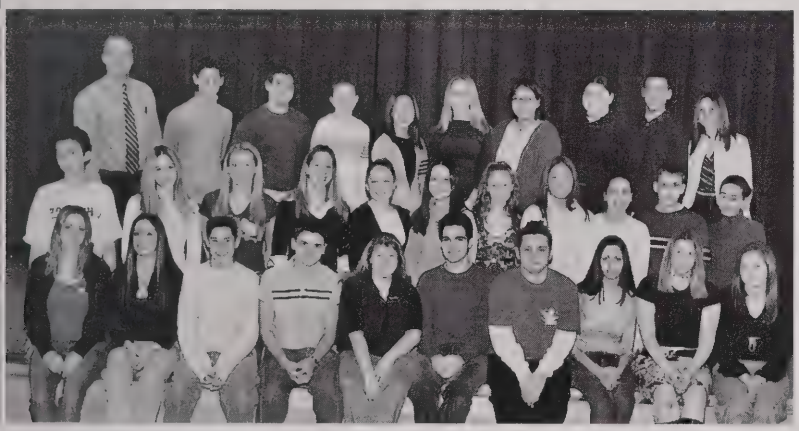
▲ **Band**: *Front:* Danielle Methot, Jennifer Blanchard, Peter Gosciminski, Aimee St. Martin, Ashley Heyes, Michael Norris, Clarence Kauila, Nathan Venancio, Cory Rodrigues, Joseph Lawlor, Anthony Curto, Jeffrey Pyzocha, Matthew Paquette, Nina Vecchiarelli, Jung Kang, Tiffany Goncalves, Megan Smolinski, Lori Milbier, Jennifer Priore, Michael Condon, Steven Oliveira. *Middle:* Kimberly Milbier, Katherine Duarte, Melissa Dias, Antone Motta, Kyle Barch, Daniel Barroso, Alexander Casimiro, Matthew Chaves, Alicia Anderson, Allison Bunten, Melissa Callahan, Amber Goodreau, Lisa Rua, Shana Santos, Caitlin McInerny, Rachel Saloio, Gina Vecchiarelli, Celia Larouco, Catherine Potter, Kathryn Vomero, Sarah Como, Alicia Wood. *Back:* Jessica Ratkiewicz, Amanda Ferreira, Tiffany Lariviere, Gregory Abdow, Deanna DelNegro, Patrick Brannan, Nicholas Bruschi, Kathryn Doyle, Daniel Borkowski, Alexander Simao, Nicole Santos, Karisa Livingston, Sean Smith, Phillip Fonseca, Matthew Faulha, Davide Nascimento, David Catarino, Andrew Durand, Monica Holland, Samantha Kobjack, Paul Momnie, John Hangasky, Matthew Boucher, Benjamin Pease, William Dias, Shawn Drew, Matthew Dias, Brandon Zdanis.

▼ **National Honor Society:** *Front:* Amelie Lonczak, Melissa Holland, Natalie Gebo, Meghan Dolan, Heather Leone, president Joseph Goncalves, vice-president Kathryn Vomero, secretary Julieta Cordeiro, treasurer Jennifer de Sousa, Lauren Pereira, Amanda Santos, Caitlin McInerny, Jessica Ferreira, Jolie Condon. *Middle:* Todd Prokop, John Henriques, Laura Jacinto, Nicole Santos, Lisa Rua, Heather Gregoire, Amy Rodrigues, Amanda Martin, Lisa Swist, Susana Tavares, Catia Henriques, Jeffrey Ribeiro, Kaitlyn LaRiviere, Cristina André, Christina DeNucci, Tatianna Dagenais, Fatima Abdullah, Aditi Kulkarni, Karen Miele, Shana Santos, Alexis Hanson, Michelle Poitras, Andrea Santos. *Back:* Brian Garcia, Christopher Dias, Karisa Livingston, Jennifer Howard, Eric Scheer, Christopher Lavoie, Matthew Boucher, Benjamin Pease, Adam Young, Kristin Demers, Marc Santos, Mateusz Suska, Matthew Bamber, Michael Norris, Daniel Borkowski, Alexander Simao, Samantha Kobjack.

▲ ***As Schools Match Wits Team:*** Matthew Boucher, Nicole Santos, Todd Prokop, Matthew Assarian. *Missing:* Daniel Borkowski.

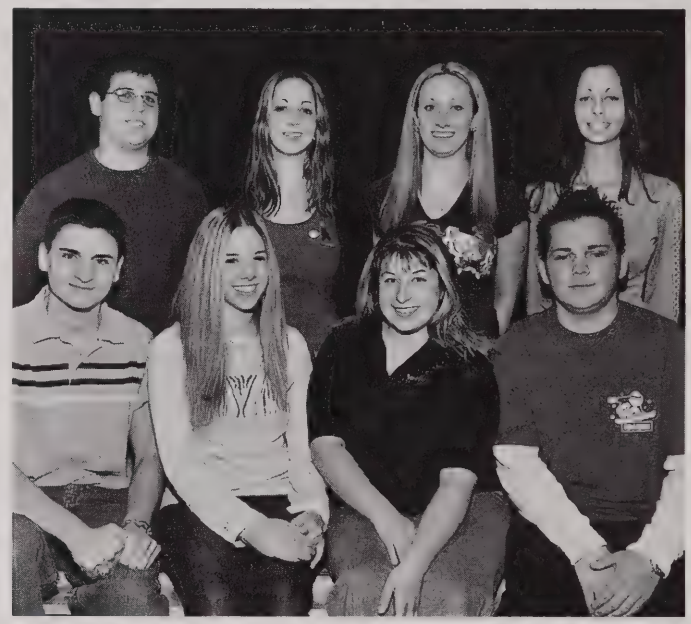
▲ **Debate Team:** Melissa McCarthy-Bates, Tiffany Yee, James Brodeur, Benjamin Pease, Samantha Burns, Daphane Levesque. *Missing:* Eric Pescetta and Kevin Howell.

▼ **Student Council:** *Front:* Alexandria Yanka, Jessie Oliveira, treasurer Jacob Oliveira, vice-president T.J. Midura, president Amelie Lonzcak, secretary Jeffrey Ribeiro, Captain Midnight Christopher Wozniak, Jennifer de Sousa, Marisa Yelle, Angela Wozniak. *Middle:* Andrew Geanacopoulos, Kathryn Vomero, Melissa Holland, Kristen Goncalves, Erin Mislak, Cristina André, Jacinda Alves, Kaitlyn LaRiviere, Nicole Silva, Alexander Jorge, Brittany Kawa. *Back:* Mr. Brian Bylicki, Marc Santos, Daniel Dinis, Karen Miele, Jung Kang, Cara Stokowski, Evelyn Lau, Samantha Burns, Michael DaSilva, Melissa Dion. *Missing:* Amanda Santos, Mateusz Suska, Nicole Santos.



▲ **Math Team:** *Front:* Todd Prokop, Mallory Michalczyk, captain Eric Scheer, captain Kathryn Vomero, captain Joseph Goncalves, Todd Regnier, Michael Norris. *Back:* Alexander Simao, Manuel Moutinho, Alexander Jorge, Angelique Colby, Aditi Kulkarni, Nicholas Sanchez, Jennifer Blanchard, Mrs. Susan Stachelek.

▼ **Senior Executive Board:** *Front:* T.J. Midura, president Kathryn Vomero, treasurer Amelie Lonczak, vice-president Christopher Wozniak. *Back:* Daniel Dinis, Alexandria Yanka, Melissa Holland, Jennifer de Sousa. *Missing:* secretary Amanda Santos.



Knowledge

As School Match Wits, Debate Team, Math Team, Student Council, Senior Executive Board, and NHS

After five math meets, the math team had an all-time high of fourth place. This year the debate team's topic was mental health care. The As School Match Wits team did not do as well as hoped compared to past years. The National Honor Society began its year with the induction of its new members and two new advisors, Miss Michelle Fontana and Miss Kathleen Marino. Student Council continued with the volleyball marathon, I-Flurtz, Read Across America, and trick-or-treating for cans. The senior executive board planned a field trip to New York City, where the seniors visited Madame Tussaud's Wax Museum and popular tourist attractions.

▼ **Senior Patrol:** *Front:* Heather Leone, Amelie Lonczak, Natalie Gebo. Back: Michael Saloio, Brian Garcia, Christopher Mainville, Christopher Wozniak. *Missing:* Jason Barbeau.

▼ **Lunch Patrol:** *Front:* Alexandria Yanka, Meghan Robillard, Jessica Jorge, Susan Correia, Julieta Cordeiro, Celia Demers, Heather Leone, Lauren Pereira. *Back:* Michael Garrity, Derek Chandonnet, Jason Barbeau, Bryon Almeida. *Missing:* Catherine Lagerstrom.

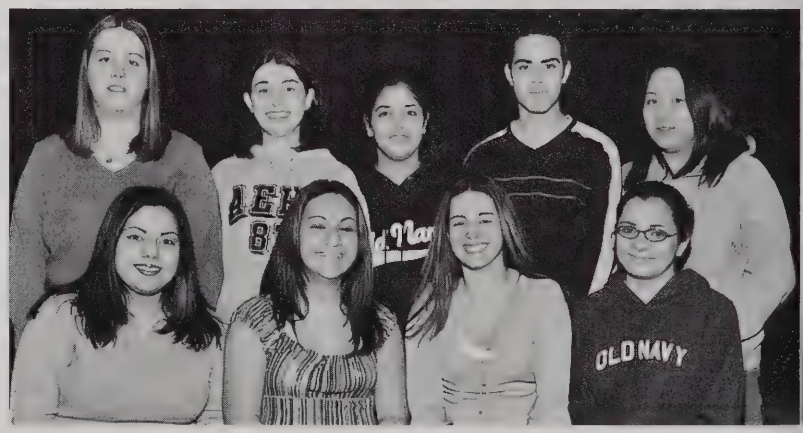
Commitment

Senior Patrol, Lunch Patrol, School Store, Library Aides, SADD, and FCCLA

The senior patrol, headed by the elected Captain Midnight, regulates the traffic through the halls in between class periods. The lunch patrol prevents students at lunch from interrupting ongoing classes. The school store is open during all three lunches and allows students to purchase novelty items, pens and pencils, and candy.

SADD put up a new chain of life, raised money for a women's shelter's wish list, and participated in role modeling for D.A.R.E. The FCCLA is focused on serving our community.

The library aides volunteer their free periods to help out the librarian and her assistant.



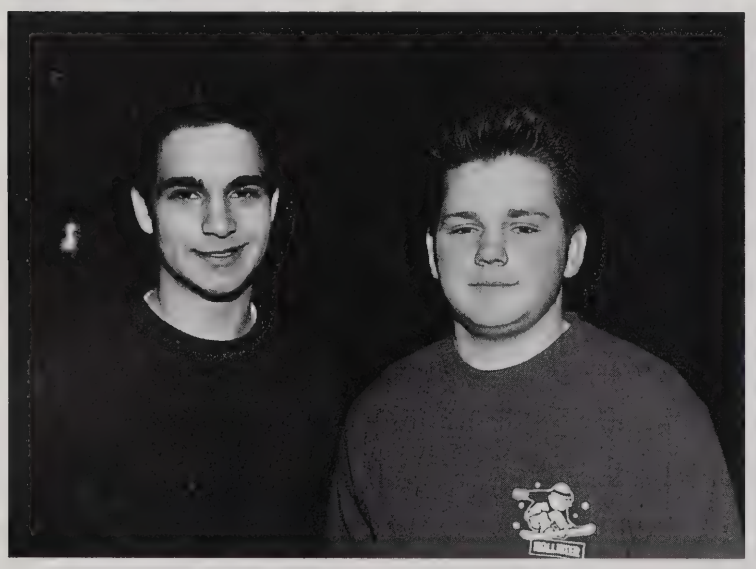
▲ **Family, Community, and Career Leaders of America:** *Front:* Elizabeth Valadares, Jessica Fernandes, Stacey Seguro, Patricia Ramos. *Back:* Liliana Azevedo, Anita Korell, Krystal Cortinhas, Bryan Martins, Tiffany Yee.

Library Aides: Rosaleen Lewis and Allison Bunten.

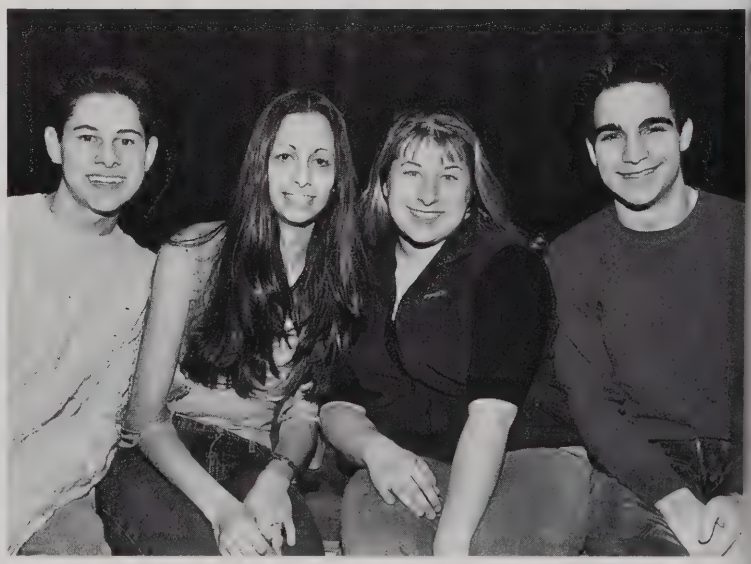
School Store: Sheri Roxo, Erin Charpentier, Megan Coelho, Liz Laneiro.

Students Against Destructive Decisions: *Front:* Jennifer Howard, Amelie Lonczak, executive board member Katelynn Gomes, executive board member Kathryn Vomero, vice-president Jeffrey Ribeiro, president Karisa Livingston, executive board member Jacob Oliveira, executive board member Karen Miele, Nicole Francisco, Marisa Yelle. *Middle:* Christina DeNucci, Daisy Cerqueira, Andrea Santos, Amber Kumiega, Julieta Cordeiro, Shana Santos, Aditi Kulkarni, Amanda Martin, Amanda Amaral, Ashley Parent, Lauren O'Neil. *Back:* Kathryn Doyle, Jessica Lamica, Jung Kang, Heather Gregoire, James Brodeur, Marc Santos, Melissa Callahan, Daniel Muse, Sandra Rogowski, Cristina André, Michelle Liaszenik.

▼ **Spanish Club:** *Front:* Natalie Gebo, Meghan Dolan, Heather Leone, Kristin Kwajewski, Tanya André, Nicole Silva, public relations manager Michelle Liaszenik, president Michael Norris, vice-president Amanda Martin, secretary Christopher Lavoie, Katibeth Mol, Erin Mislak, Karyna Machado, Rocio Valdez. *Second:* Jung Kang, Amelie Lonczak, Lauren McFarlane, Cara Stokowski, Jacinda Alves, Alexis Hanson, Amanda Maksymiw, Kaitlyn LaRiviere, Christina DeNucci, Amanda Amaral, Lauren O'Neil, Ashley Parent, Jessica Lamica, Erin Gibbons, Kathryn Doyle, Catherine Potter, Lori Milbier, Brian Duarte. *Third:* Daisy Cerqueira, Amber Kumiega, Nicole Francisco, Monica Lynch, Sandra Rogowski, Michelle Lynch, Nicholas Sanchez, Karen Miele, Aditi Kulkarni, Marc Santos, Kathryn Vomero, Daniel Sai, Karisa Livingston, Christopher Dias, Melissa Callahan, Nicole Santos, Daniel Dinis, Esqueleto. *Fourth:* Christopher Wozniak, Brian Garcia, Felicia Goncalves, Andrea Saloio, Fatima Abdullah, Lauren Pereira, Stacy Santos, Alexander Simao, Mallory Michalczyk, Manuel Moutinho, Megan Williamson, Leah Williamson, Angela Wozniak, Anita Korell, Emily Simonoko, Kimberly Milbier, Brittney Kawa, Matthew Paquette. *Back:* Rachel Kania, Craig Ricardi, Jennifer Blanchard, Melissa DaCruz, Peter Gosciminski, Khalil Abdullah, Ericka Wilson, James Brodeur, Zachary Repko, Jason Blanchard, Lisa Morel, Erica Young, Sarah DeWolf, Todd Prokop, John Henriques, Señor Paulo Zina. *Missing:* Treasurer Susana Tavares and Daniel Borkowski.

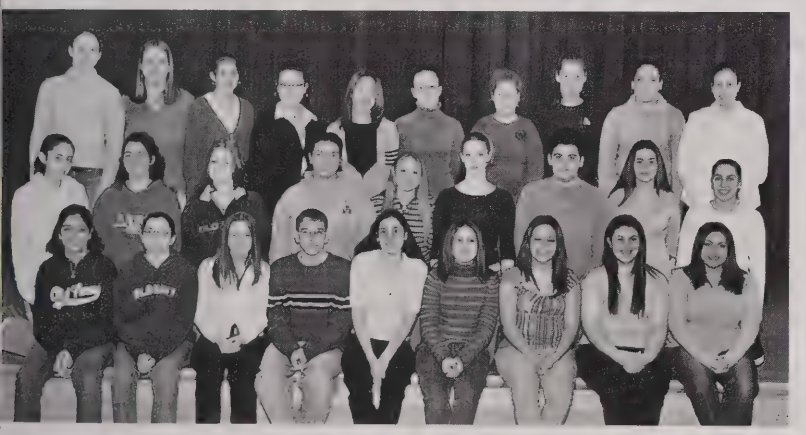


▲ **Regional Student Advisory Council:** Jeffrey Ribeiro and Christopher Wozniak.



▲ **Student Advisory Council:** Jacob Oliveira, Jennifer de Sousa, Amelie Lonczak, Jeffrey Ribeiro.

▼ **French Club:** *Front:* Adam Haney, treasurer Daniel Dinis, president Christopher Lavoie, secretary Angel Colby, vice-president Kristin Demers, Rosaleen Lewis, Aimee St. Martin, Ashley Roberts. *Middle:* Jolie Condon, Michael Norris, Michelle Liaszenik, Michelle Bradway, Celia Demers, Heather Gregoire, Catia Henriques, Catherine Rouleau, Amy Welch, Amanda Holley. *Back:* Mr. James Martin, James Brodeur, Monica Holland, Katelynn Gomes, Evelyn Lau, Marita Sarad, Meghan Lavoie, Julia Tetreault, Vitaliy Belyshev, Leah Letourneau, Jessica Szlosek, Jesse Regnier. *Missing*: Daniel Borkowski



▲ **Portuguese Club:** *Front:* Krystal Cortinhas, Patricia Ramos, secretary Leeann Salvador, president Alexander Jorge, vice-president Catia Henriques, treasurer Kelly Mateus, Jessica Fernandes, Viviana Fialho, Elizabeth Valadares. *Middle:* Vania Silva, Diane Fernandes, Melissa Pereira, Jessica Ferreira, Andrea Santos, Amber Kumiega, Nicholas Correia, Stacey Seguro, Nicole Silva. *Back:* Sylvia Ferreira, Liliana Azevedo, Cecilia Fernandes, Anita Alves, Jung Kang, Shana Santos, Ashley Pestana, Jessica Szlosek, Michelle Lynch, Nicole Francisco.

Expression

Spanish Club, French Club, Portuguese Club, Color Guard, SAC, and RSAC

As usual the Spanish, French, and Portuguese clubs invited members and non-members to their language banquets. The Spanish club brought back the talent show, Mad Talent Yo! Holla Back. The Portuguese club had a flower sale for the Carnation Revolution. The French club sang Christmas carols at the Senior Center once again.

The Regional Student Advisory Council allows two students for schools throughout the region to compare notes on current topics. The Student Advisory Council has four student council memebers sit in on Ludlow School Committee meetings. Along with the band, Color Guard performs during parades and football games.

▲ **Color Guard:** Carrissa Cote, Kara Cote, Sylvia Ferreira, Michelle Liaszenik, Carolyn Bourdeau, Kathleen Durand. *Missing:* Melissa Harrica and Amanda Gagnon.

Sports

SPORTING PRIDE

Continuing the tradition of excellence in athletics, this year's menagerie of sports teams dominated the scene. Beginning with the soccer teams in the fall and carrying through to the track and field team in the spring, the Lions used their many skills and talents to attack, defeat, and bring home the pride that accompanies the name of Ludlow sports.

With stellar records and above average performances, some teams were unstoppable this year. The history of greatness in soccer, hockey, girls' tennis, and wrestling continued this year as they all made their way to the Western Mass championships.

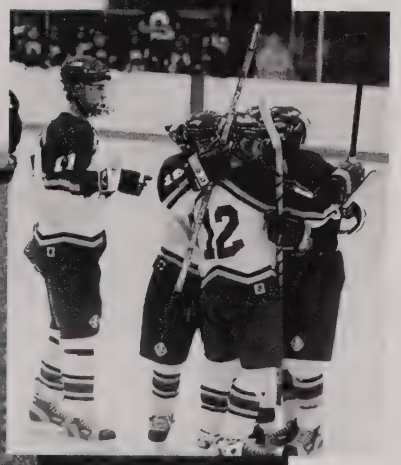
This year, teams who had never won a championship before, such as the track and field team, stamped their mark on history. Aspiring teams such as the track and field team show that Ludlow is not only about keeping history and tradition, but about making it as well.

"We brought Leo, the lion mascot, to every game for good luck. Leo was more of an inspirational figure."

--Kristen Goncalves, sophomore

◄ Sophomore Jung Kang uses all the energy she has left to race down the homestretch of a home

◄ Sophomore Angie Wozniak takes her shot on net in hopes of scoring a goal to get the Lady Lions a win.



◄ A group of varsity hockey players get together in excitement after scoring a goal in a game.

▲▲▲ Marcio Duarte advances the offense to provide a scoring opportunity.

▲▲ Jay Carvallo finds an open space in the defense to pass the ball to teammate Tyler Severyn on the side.

▲ John DaCruz uses every bit of his strength to move the ball upfield.

▼ ***Varsity*** *Front*: Jay Carvalho, Jeff Francisco, Matt Kapinos, Kevin Chelo, Mike Lalli, Kyle Levesque, Nick Pellegrini, Cole Alves, Sven Pfefferkorn, Jesse Pereira, Joe Sanches. *Back*: Manager Jessica Jorge, Coach Jack Vilaca, Coach Rich Huff, Brian Garcia, Mike Lima, Casey Siok, Nick Bruschi, John DaCruz, Tyler Severyn, Dan Martin, DJ Goncalves, Kyle Davis, Davide Nascimento, Marcio Duarte, Coach Greg Kolodziey, Coach Antonio Goncalves.

▲ ***Junior Varsity*** *Front*: Eric Rodrigo, Lyle Vance, Nelson Carvalho, Randy Adam, Jamie Alves, Chris D'Angelo, Jeff Dias, Tony Rosa, Pat Meuse. *Back*: Coach Greg Kolodziey, Jake Bruschi, Victor Ferreira, Marco Gomes, Phil Fonseca, Ahmed Abdullah, Marc Santos, Matt Bettencourt, Steve Crespo, Jay Magalhaes, Kyle Lewis, Brian Davis, Mike Freitas, Steve Pereira, Nick Pellegrini.

Josh Naginewicz, Brian Garcia

Marcio Duarte, Sven Pfefferkorn

John DaCruz, Mike Lalli

Boys' Soccer

Ludlow boys' soccer was a dominating force this year making it all the way to the Western Massachusetts semi-finals, where the team lost to Cathedral in a tough battle. Although the Lions did not advance to become champions, they did have a strong season and many shut-outs of which to be proud. The Lions pounced on their opponents without reservation as they culminated their season with a 14-3-1 record.

This year's team contained a talented bunch of experienced players as it welcomed back many of the stars from last year. "This year's team had a lot of valleys and peaks. We started off strong, but lost a few vital members during the season," says Coach Tony Goncalves. Seniors Mike Lalli and Josh Naginewicz, for example, sustained injuries early in the season and, unfortunately, could not return to play. Coach Goncalves also commented that, being a senior team, he expected more; however, when it counted, the team played aggressively, and came out on top.

▼ Senior Sven Pfefferkorn was a key player for the varsity soccer team this year. Sven has been on the varsity team for the past three years, providing excellent leadership for this year's team.

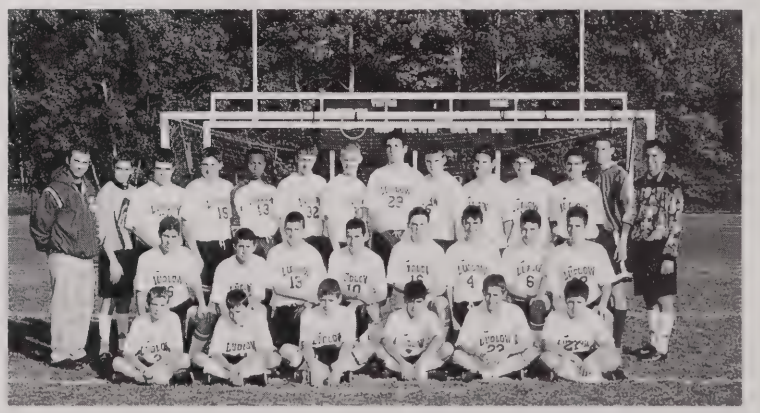
Casey Siok, Mike Lima

Dan Marques, Kevin Chelo

Matty Kapinos, Tyler Severyn

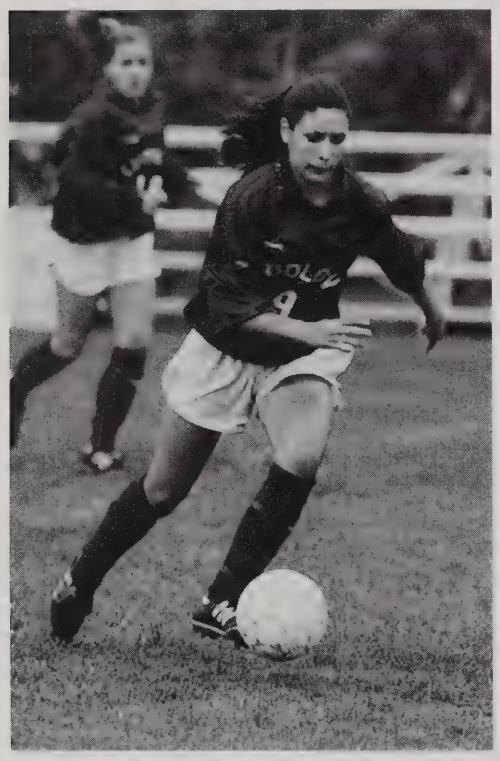
Scoreboard

Ludlow		Oponnent
7	Chicopee	0
9	Chicopee Comp.	0
3	Westfield	0
3	E. Longmeadow	2
3	Agawam	0
4	Newton North	0
5	Amherst-Pelham Regional	3
4	West Springfield	0
2	Cathderal	2
3	Longmeadow	0
4	Wahconah	0
4	Central	0
1	Minnechaug Regional	0
3	West Springfield	2
1	Cathedral	2
6	Central	2
2	Longmeadow	3
0	Minnechaug Regional	2



▲ ***Freshman*** *Front*: Josh Unsderfer, Justin Oliveira, Brandon Vigneault, Marc Santos, Jared Falconer, Charles Martins. *Second*: Casey Gomes, Marcio Carvalho, Matt Jordan, Justin Martins, Matt Dias, Andrew Coelho, Steve Oliveira, Jeff Correia. *Back*: Coach Rich Huff, Jake Bruschi, Marc Coelho, Marco Gomes, Ahmed Abdullah, Nicholas Bamford, Dan Stevens, Gilberto Borges, Joe Lawlor, Brian Serrazina, Joe Martins, Ryan Vital, Anthony Alves, Mike Barros.

▼ Senior captain Lauren Pereira shows why she is the leading scorer on the varsitysoccer team and in Western Mass as she maneuvers the ball upfield toward the goal with speed and agility.



Girls' Soccer

The Lady Lions had a successful season under the coaching of Jim Calheno. Though they did not make it as far as they had hoped, the Lions proved to have a strong team with their 10-4-4 record. With a hard loss to Amherst-Pelham to start off the season, the Lions roared on to capture 7 of their next 8 games.

A key ingredient to their success this year was their teamwork. No one on the team was alone; they all worked together to bring on scoring opportunities and protect their defensive territory. "I had the easy job, it was all my teammates. They worked hard to send the ball up to me, and I just put it in," says Lauren Pereira. Lauren is an example of this team's philosophy: break the opponent's offense and send the ball forward to provide offensive opportunities.

Also important to this years team was flexibility. Many players changed positions throughout the season and proved successful wherever they were placed.

▲ ***Freshman*** *Front:* Samantha Bousquet, Katelyn Dolan. *Middle*: Allison LaFlamme, Cassandra Dias, Stacy Aleixo, Meghan Diotalevi, Brittney Kawa, Julie Devlin, Stephanie Laviolette, Aimee St. Martin, Justine Pereira, Justine Howe, Liz Hayes. *Back*: Claudia Crespo, Rachel Correia, Rachel Spirito, Rachael Loureiro, Amanda Vigneault, Ashley Petrolati, Jennifer McCarthy, Amanda Holley, Tiffany Holland, Sarah Como, Coach Jim Annear.

Scoreboard

Ludlow		Opponent
0	Amherst-Pelham Reg.	1
6	West Springfield	0
3	Taconic	1
8	Central	1
1	Minnechaug Reg.	0
0	Agawam	0
7	Holyoke	3
4	Chicopee Comp.	0
2	Cathedral	1
0	Longmeadow	0
2	E. Longmeadow	3
5	Wahconah Reg	0
1	Westfield	0
0	Cathedral	1
2	Longmeadow	2
0	E. Longmeadow	3
2	Westfield	2
2	Simsbury	1

Lauren Pereira, Natalie Gebo

Stacy Santos, Darcie Rickson

Amber Goodreau

▼ ***Varsity*** *Front*: Beth Cochenour, Rachel Fonseca, Natalie Gebo, Darcie Rickson, Jessica Luszcz, Melissa DaCruz. *Second*:Lauren Pereira, Angela Wozniak, Stacy Santos, Jennifer Luszcz, Katelynn Gomes, Sarah Levesque, Amber Goodreau. *Third*:Coach Saul Chelo, Coach John Santos, Manager Leah Williamson, Megan Williamson, Meghan Robillard, Alyssa Severyn, Megan Smolinski, Stefiny Knight, Manager Marisa Yelle, Coach Jim Calheno.

Katie Gomes, Megan Smolinski

Heather Leone, Meghan Robillard

Beth Cochenour

▲ ***Junior Varsity*** *Front*: Jessica Ferreira, Shana Santos. *Second*: Jessica Szlosek, Meghan Shea, Kristen Goncalves, Erin Mislak, KatiBeth Mol, Chrissy DeNucci. *Back*: Nicole Silva, Sara Pfefferkorn, Vanessa Leal, Melissa Martins, Kristina Merced.

▲▲▲ Stacy Santos looks confident as she throws the ball back into action.

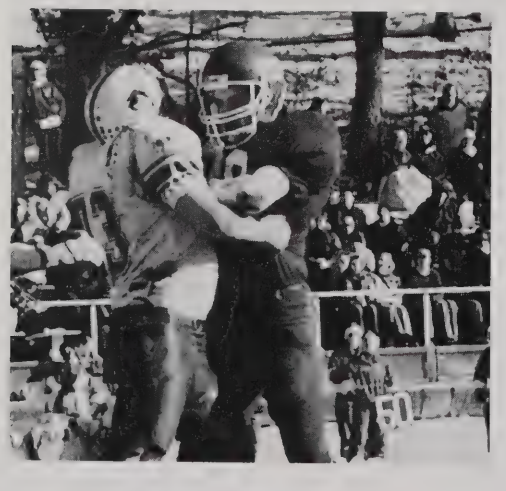
▲▲ After the game winning goal against Cathedral, the players share their excitement as they embrace each other with large smiles.

▲ Jessica Luszcz uses her skill to weave around her opponent.

▼ Junior Zack Miller gets ready to punt the ball upfield while senior quarterback Ben Taylor runs alongside.

▼▼ The Lions' defensive tackle line works hard to keep the Palmer opponents behind the line of scrimmage.

▼▼▼ Dan Martin creates a one-man wall to block the offense.

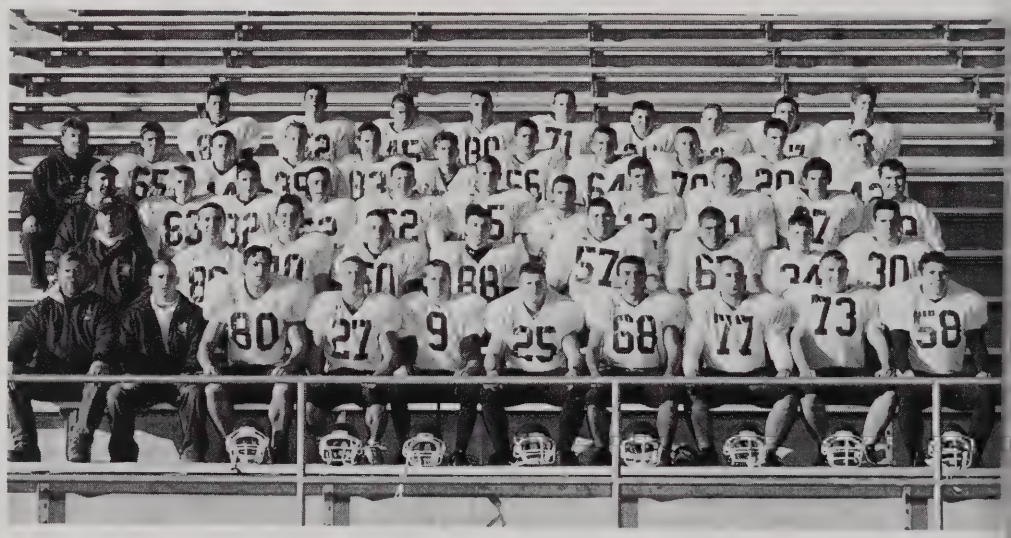


▼ Junior Mike McGrath attempts to shimmy away from his defender. "I've been playing football since fifth grade. I love the physical aspect of the game. It feels good being a part of a team and working with other people from different grades," says Mike. Mike also comments that playing every Friday night is an awesome experience.

Dave Cardona, Steve Prior

Adam Coelho, Adam Abair

John Pereira



▲ *Varsity Front*: Coach Doug Carolan, Adam Abair, Dave Cardona, Matt Bamber, Ben Taylor, Nathan Lebreque, Adam Coelho, John Pereira, Steve Prior, Seth Reich. *Second*: Coach Joe Harrington, Jay Hangasky, Mike McGrath, Aaron Wright, Zack Miller, Matt Santos-Vitorino, Matt Faulha, Paul Barrus, Dan Martin. *Third*: Coach Clark Taylor, Scott Lecca, Ryan Gauthier, Brian Coelho, Dwight Manganaro, Brian Flatley, Nick Moutinho, Craig Regnier, George Leastman, Dave Benoit, Craig Crowther. *Fourth*: Coach Carl Ericksberg, Anthony Curto, Ross Dominique, Matt Dudley, Mike Martins, Jim Tiraboschi, Kyle Kellogg, Andrew Goodreau, Troy Ribeiro, Chris Benoit, Nick Chaplin. *Back*: Dave Kang, Matt Harrington, Matt Doherty, Tony Alfonso, Joe Metcalfe, Nick Assarian, John Archambeau, Curtis Fish, Joe Tiraboschi.

Seth Reich, Matt Bamber

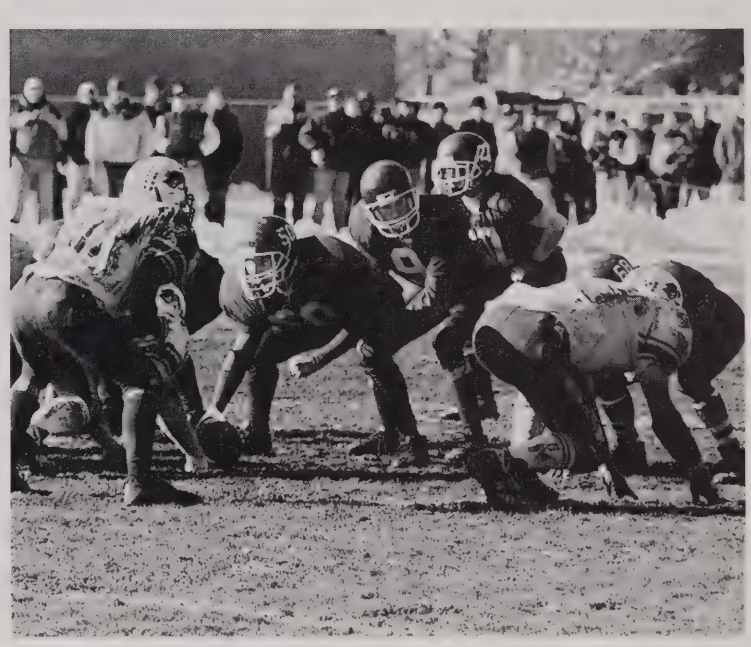
Ben Taylor

Mascot

Scoreboard

Ludlow		Opponent
0	Minnechaug Regional	32
21	Sci. Tech.	22
22	Mohawk Regional	20
16	South Hadley	55
14	E. Longmeadow	28
12	West Springfield	24
21	Pittsfield	0
6	Chicopee Comp	0
0	Commerce	35
7	Greenfield	14
12	Palmer	7

▼ Junior Aaron Wright waits calmly as Ben Taylor looks around to make sure the team is ready for the hike. "Next year will be interesting with only five seniors returning," says Aaron.

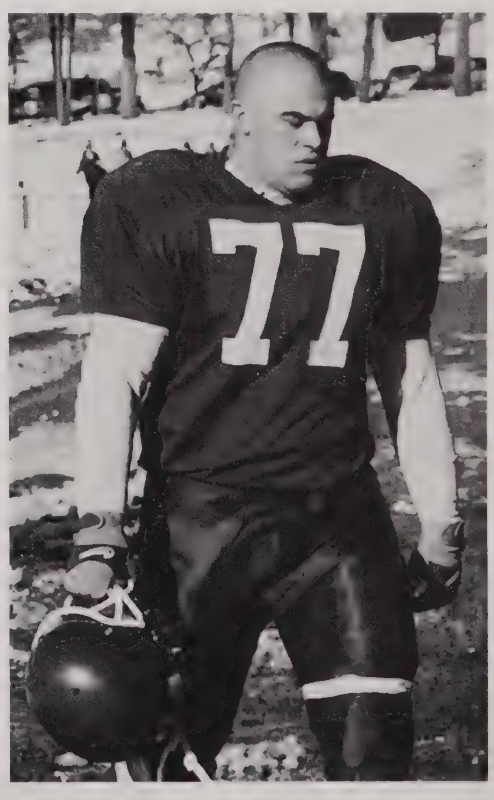


Football

Despite a 4-7 record, pride and confidence surged through the LHS football team this season. When asked to describe the team, senior Seth Reich commented, "If I had to choose one word to describe this year's team, it would be heart." The team went into every game standing tall and carrying with them a positive attitude of will and determination.

The team's will and drive prevailed even in extremely inclement weather. Take the Thanksgiving Day game, for example. The field was layered in ice, and snow was piled off the sidelines. Players and fans cheered on, however, as the Lions clawed their way to a 12-7 victory over Palmer High.

One of the most amazing games this year was the 6-0 victory over Chicopee Comp. HS. Senior Matt Bamber secured the win with five seconds left to the game as he ran into the endzone from the two yard line. This was a promising victory for the team as it established their third win overall and their second in a row.



▲ Senior John Pereira explains the angry look on his face as he leaves the freezing field: "We played our hearts out. It was tiring in the cold. I wasn't mad or upset about anything," says John.

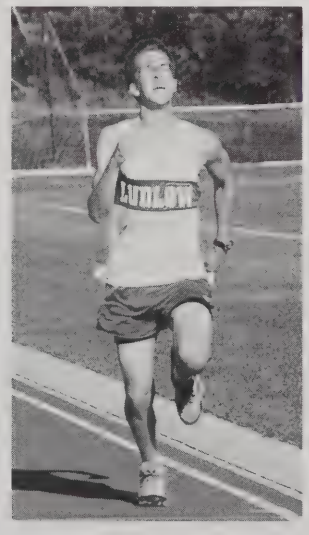
Cross Country

Despite a 0-7 record, the boys' cross country runners were very proud of their accomplishments. When other runners would fall back, the Lions kept pace. Due to the team's small numbers, they had a hard time overcoming rival runners. Rebecca Gauvin, their coach, made sure that they worked hard to achieve their personal records, while having fun.

The girls' team had a rebuilding season this year. Fostering many newcomers, including their coach Amy Walsh, the girls worked together as a team to become better runners. Coach Walsh led the team to a few victories and improved each girl's time.

scoreboard

Ludlow	Opponent	
36	Northampton	19
49	Agawam	15
37	Holyoke	18
44	Minnechaug Reg.	19
48	Amherst-Pelham Reg.	15
45	Chicopee Comp.	15
37	Chicopee	20



➤ Senior captain Joe Goncalves explodes down the homestrech of a meet played in the trails behind the high school.

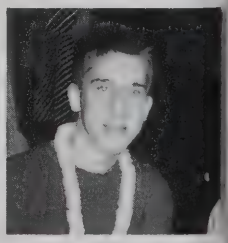
➤ Some members of the girls' team run together for support.

▲▲ ***Varsity*** *Front*: Dan Muse, Jesse Regnier, Joe Goncalves,Vitaliy Belyshev. *Back*: Coach Rebecca Gauvin, Alex Jorge, Mike Norris, Rob Showalter, Paul Momnie, Brendan Hiersche.

▲ ***Varsity*** *Front*: Nicole Potter, Felicia Cronin, Jessica Ratkiewicz, Jung Kang, Melissa Dion. *Back*: Coach Amy Walsh, Jen Priore, Sylvia Ferreira, Fatima Abdullah, Rosaleen Lewis, Michelle Bradway.

Rosaleen Lewis, Fatima Abdullah

Mike Norris



Joe Goncalves

Scoreboard

Ludlow		Opponent
9	Chicopee	9
12	Chicopee Comp.	6
13.5	Holyoke	4.5
4	East Longmeadow	14
8	Longmeadow	10
4.5	Cathedral	13.5
8	Amherst-Pelham Regional	10
4.5	Minnechaug Regional	13.5
12.5	Chicopee	5.5
15.5	Chicopee Comp.	2.5
6	Agawam	12
1	Sci. Tech.	1
4	Longmeadow	14
13.5	Palmer	4.5
14.5	Central	3.5
6.5	Agawam	11.5
10.5	Cathedral	7.5
7	Minnechaug Regional	11
11.5	Westfield	6.5
5	East Longmeadow	13

Golf

Under the guidance of Kurt Anderson, the Ludlow golf team putted its way through a successful season, falling short of the Western Massachusetts championships by only half a game. Though the whole team could not participate in the championships at the Ludlow Country Club, Jay Zina was sent to play. "Jay did an excellent job. He shot 80, which was just a little over par. He was only a few strokes shy of qualifying for the state championships," says Coach Anderson. This year's team was an excellent model for future players, as it went 9-10-1. The underclassmen had a great learning experience and should be successful in the future.

Shawn O'Rourke

Eric Scheer

Mike Saloio

▲▲ ***Varsity*** *Front*: Sean Zdanis, Matt Chaplin, Jay Zina, Mike Saloio, Brian Garcia, Eric Scheer, Shawn O'Rourke, Dave Spooner. *BacK*: Coach Kurt Anderson, John Pio, Chris Venne, Neil Daigneault, Ross Lopata, Mike Kane, Mike Ryan, Tom Lopata, Matt Smith.

▲ Neil Daigneault listens to the advice Coach Kurt Anderson has for him.

◄ Senior Matt Chaplin is in deep thought concentrating on the course. He is preparing to tee off at a match.

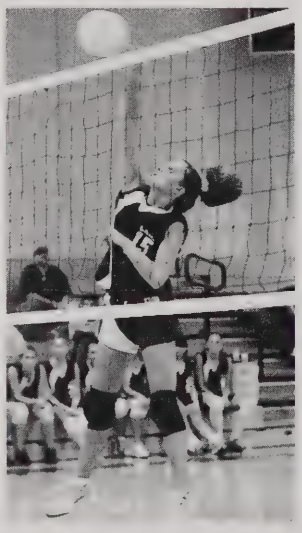
◄ Sophomore Matt Smith keeps his eye on the ball as he is in full swing, ready to begin his match.

Girls' Volleyball

The Lady Lions' volleyball team had a very interesting season this year. Although the team started off on a winning note, its play and technique did not show a team effort. By the end of the season, however, the ladies began to look and play like a pack. Their dependence on each other increased with each game, and they grew on both an individual and a team level to make it to the Western Massachusetts finals. At the finals, the ladies proved themselves to be fierce warriors as they started the game ahead of the number one seeded Falcons. The Lions' luck faded as the Falcons came out on top, but the Lions stood tall as runners up for the second consecutive season.

Scoreboard

Ludlow		Opponent
2	Mohawk Regional	1
1	E. Longmeadow	2
1	Belchertown	2
0	Pioneer Valley Reg.	2
2	West Springfield	0
1	Minnechaug Reg.	2
0	Agawam	2
2	Amherst-Pelham Reg.	0
2	Longmeadow	0
2	Westfield	0
2	Mohawk Regional	1
2	E. Longmeadow	1
0	Belchertown	2
0	Minnechaug Reg.	2
2	Putnam	0
0	Agawam	2
1	Amherst-Pelham Reg.	2
2	Longmeadow	1
2	Westfield	1



➤ Senior Amanda Martin jumps high in the air to smash the ball at her opponent. Amanda recorded many kills this season.

▲▲ ***Varsity*** *Front:* S. Rogowski, A. Kumiega, A. Saloio, C. McInerny, C. Andre, A. Maksymiw. *Back:* Coach F. Glanville, N. Balderston, M. Veteramo, M. Slora J. Howard. *Missing from photo:* A. Martin, C. Faria, A. Kulkarni.

▲ Senior captain Jen Howard bumps the ball with teammate Aditi Kulkarni looking on.

▲ Coach Fred Glanville talks strategy and gives some tips to his varsity squad after the completion of a game during a match.

Jennifer Howard

Amanda Martin

Christina Faria

Scoreboard

Boys

Giant Slalom	Slalom
203.49 sec	147.68 sec
211.08 sec	137.67 sec
224.80 sec	131.40 sec
	137.41 sec

Individual times

Todd Prokop	78.45 sec
Adam Madera	83.89 sec
Nick Bruschi	85.95 sec
Alex Casimiro	86.61 sec
Erin Mislak	80.52 sec
Jolie Condon	98.94 sec

Ski

The ski team performed really well this year with its aspiring underclassmen. The team only had three seniors, one of which became injured early in the season. This drawback didn't bring down the team's spirit, however. With plentiful snow, the skiers were out and about racing down the slaloms looking to improve their times every race. The girls could not qualify at any of their meets because they lacked the four members needed to place. The boys, on the other hand, had plenty of numbers this year and placed in every meet. Aside from the aggressiveness of competition, the team enjoyed the season and had plenty of fun.

Amelie Lonczak

Todd Prokop

Jolie Condon

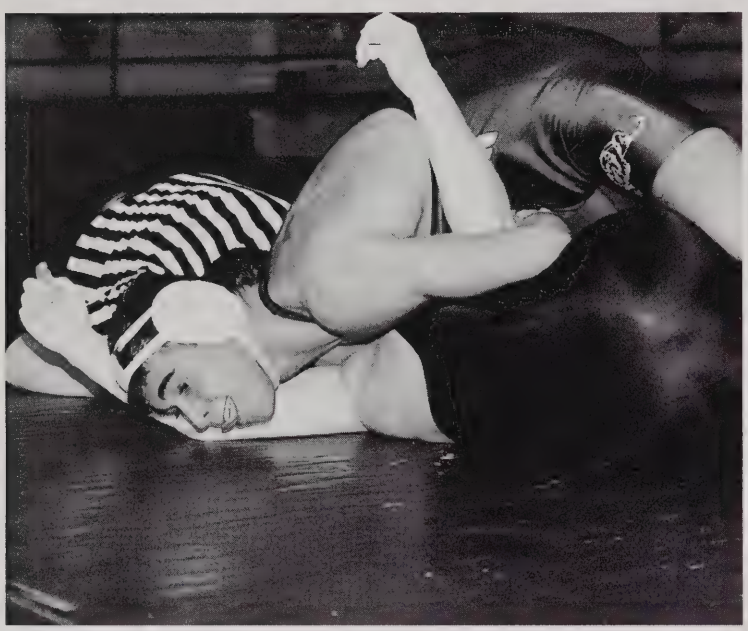
▲▲ *Varsity Front*: T. Prokop, C. Palatino, E. Mislak, A. Lonczak, J. Condon, A. Jorge, Coach M. Mislak. *Back*: Z. Falconer, J. Bruschi, A. Casimiro, N. Bruschi, A. Madera, K. Howell, M. Guberow.

▲ Many skiers anticipate the great food given at the PVIAC meet. All skiers missed a day of school to ski and eat all day.

◄ Junior Adam Madera thinks about his performance down the slalom. Adam placed for the boys in every meet.

▲ Senior Todd Prokop cruises down the ski course in hopes of a good time.

▼ Senior Joao DaCruz grasps his opponent in an attempt to pin him in a 189-pound match. Ranked ninth in the nation, Joao has won many awards including the Western Massachusetts, state, and New England titles.

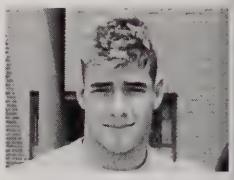


Scoreboard

Ludlow	Opponent	
59	Southwick-Tolland Reg.	21
60	Cathedral	22
57	Gateway Regional	22
75	Westfield	0
32	Lowell	30
68	Central	12
58	Minnechaug Reg.	15
68	Chelmsford	6
50	West Springfield	24
40	Mt. Anthony	21
55	Longmeadow	15
54	Agawam	9

Mark Liberty

Seth Reich



Joao DaCruz

▲ Senior Mark Liberty raises his victorious hand high as he comes out of his match on top. Mark has helped the wrestling team by always exhibiting a positive attitude.

Wrestling

Grappling its way through history, the Lions' wrestling team dominated the mats this year. An undefeated seasonal record was just not enough for this year's team. They craved perfection and set out on a hunt for victory. Easily proving itself the best team in Western Massachusetts, the Lions pounded their opponents one by one making it all the way to the state championships. Showing no trace of weakness, the Lions fought their way to their first ever state title. Not only did these boys bring home the winning trophy and title, they brought home something more intangible; they brought home with them a large sense of pride and self-accomplishment. This is the greatest prize the team could ever attain.

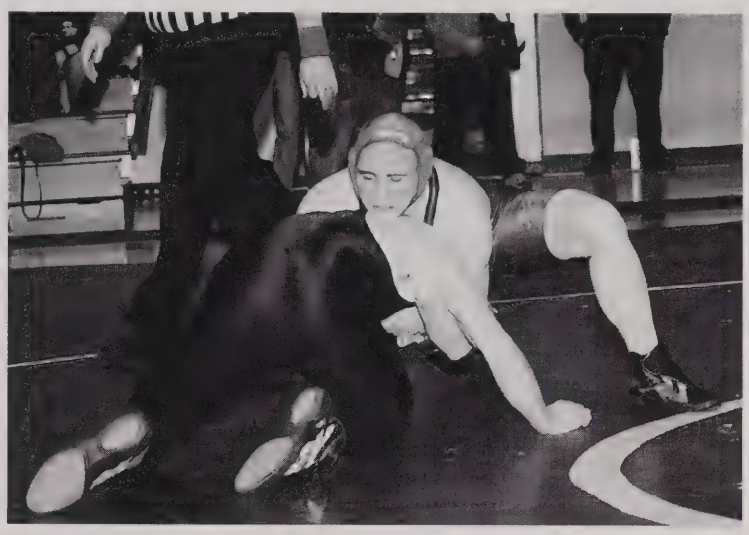
It was a joint effort that contributed to the success of this team. All the wrestlers put countless hours in training and practicing to reach their fullest potential, but their coaches were behind them every step of the way, providing them with support, both physically and mentally.

Adam Abair

John Pereira

Marcio Duarte

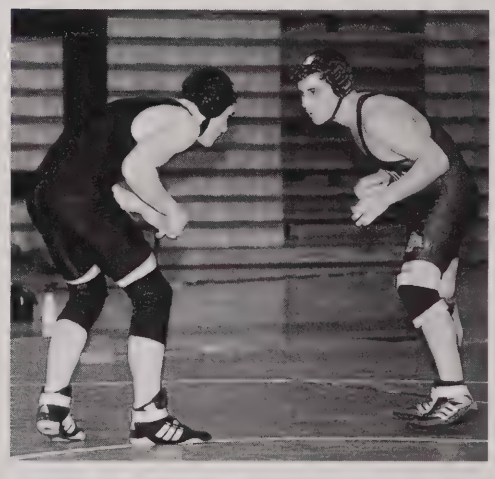
▼ Senior Adam Abair uses his many skills to slide away from his opponent and take the upper edge. Adam has been wrestling since his freshman year and has improved greatly through the years. "Wrestling is not only a good way to work out, but it makes you a more disciplined person,"says Adam.

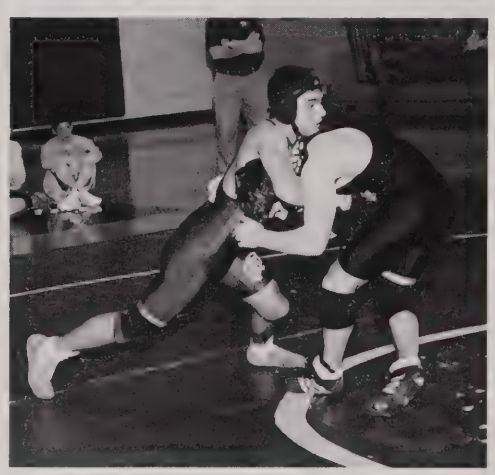


▼ Senior Corey Mange wraps his opponnent in a strong hold hoping for a victory.

▼▼ Senior Steve Tavares is ready to battle it out with his opponent.

▼▼▼ Senior Cole Alves works hard to defeat his opponent as teammate Vinny Provost looks on.





▲ ***Varsity*** *Front*: Vitaliy Belyshev, Jamie Mange, Ben Farias, Paul Barrus, A.J. Motta, John Archambeau, Dan Barroso. *Second*: Vinny Provost, Adam Provost, Cole Alves, Adam Abair, Corey Mange, Marcio Duarte, Scott Lecca. *Third*: Coach Alan Gates, Coach Jeffrey Peterson, Steve Prior, Matt Suska, John Pereira, Seth Reich, Coach Dana Cormier, Mark Liberty, Jesse Risciotti, Alex Montagna, Joao DaCruz, Coach Tom Blye, Coach Tyler Oleksack.

▲▲▲ Junior Kevin Laviolette uses his defensive skills to keep a Minnechaug player from advancing.

▲▲ Junior John Kawa looks for a teammate while on a breakaway.

▲ Sophomore Joe Almeida uses his whole body to break through two defenders as he chases after the loose puck.

▼ **Varsity** *Front:* Manager Erin Ostrowski, Brian Minie, Brian Michalski, Derek Chandonnet, Adam Glista, Matt Chaplin, Mike Amaral, Kris Grimshaw, John Kawa, Manager Aimee DaSilva. *Back:* Assistant Coach Mike Garrity, Dan Poitras, Ben Milillo, Alex Halama, Ben Eckel, Derek Duchesne, Chris Minie, Nick Chaplin, Matt Wahlers, Mark Goodreau, Brendan Hurst, Jay Garbarino, Kevin Laviolette, Troy Ribeiro, Joe Almeida, Keith Dube, Joe Balog, Coach Paul Rivest.

▲ Junior Jay Garbarino keeps his eyes on the puck during a face-off at a game against Minnechaug. Jay has been playing high school hockey for the past three years. This year Jay was a forward on the varsity team. As an offensive player, Jay has to avoid the checking, hooking, and tripping of the other team's defense.

Brian Minie

Matt Chaplin

Tyler Severyn

Hockey

Under the guidance of four-year veteran coach Paul Rivest, the Lions had a very successful season. The fierce ice cats proved themselves in their league and made it all the way to the semi-final match against Longmeadow, where they fell in a 4-2 loss. Although an upset, senior Derek Chandonnet states:"We had a great season. We all worked hard and did awesome. It's sad to see it go." The senior members on the team showed tremendous leadership and excellence as they led the team to an outstanding 16-4 record.

The underclassmen were a great asset to the varsity pack this year. Out of the thirty-three members, twenty-five were underclassmen. These players not only helped when it mattered the most, but they also proved themselves worthy of being on the team by keeping positive attitudes and cheering their teammates on to victory.

▼ Senior Mike Amaral keeps his balance as he moves quickly after the puck. Mike was an alternate captain this year, his fourth year on varsity. "PLaying varsity has been one of the best experiences of my life," says Mike.

Adam Glista

Mike Amaral

Brian Michalski

Scoreboard

Ludlow	Opponent	
4	Agawam	2
3	Longmeadow	4
10	Chicopee	0
11	Mt. Greylock Reg.	1
7	Amherst-Pelham Reg.	2
0	Westfield	3
7	Conard	1
1	Newington, CT	4
5	E. Longmeadow	2
6	West Springfield	2
5	Longmeadow	2
7	Minnechaug Reg.	2
9	Chicopee	1
2	Cathedral	5
5	Westfield	3
6	E. Longmeadow	3
4	West Springfield	0
4	Agawam	0
6	Minnechaug Reg.	3
8	Amherst-PelhamReg.	3

▲ Junior Joe Balog doesn't lose control of the puck after being tripped by two Minnechaug players. Joe has been playing hockey for the high school for the past three years and loves the sport.

▼ Leigh-Ann Malke and Nicole Libiszewski have fun welcoming the boys' basketball team onto the court. Before each game, the squad would gather together to get the boys ready to play.

Cheerleading

Ludlow's cheerleaders finished an outstanding season this year. While encouraging the football and basketball teams, these ladies practiced long and hard to put the finishing touches on their great stunts.

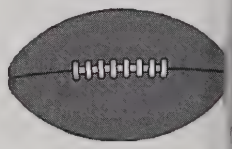
The cheerleading squad's large smiles, school spirit, and team cohesion contributed greatly to its success and recognitions this year. These young ladies have not only cheered here in Ludlow, but they have competed in cheer competitions throughout the area. The cheerleaders made their voices heard when they roared their way into third place at regionals. This allowed the team to compete against the best squads in the state at the state tournament.

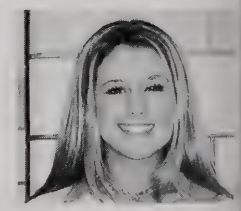
The squad has also put in a team effort to help the children of Shriners Hospital. While doing what they love, the girls helped out the community. The squad cheered for the Western Massachusetts team in the seond annual Chowder Bowl Classic, organized by the Melha Shriners.

▲ Amanda Santos, Stacy Dalby, and Amanda Crespo pump up the fans at the annual Thanksgiving Day football game. The squad did a great job keeping the fans excited about the game.

Scoreboard

Chicopee Comp.	5th
Chicopee	2nd
Longmeadow	3rd
Regionals	3rd
States	11th





Amanda Santos

▼ *Varsity Front:* Felicia Goncalves, Alexis Hanson, Hillary Bolduc, Monique Goodrow, Melissa Dion. Back: Stephanie Lopes, Leigh-Ann Malke, Julie Bamber, Stacy Dalby, Nicole Libiszewski, Amanda Crespo. Missing from photo: Tatianna Dagenais, Andrea Saloio, Ashley Doughty, Meghan Hill, Amanda Santos, Kim Dragon, Coach Craig Hanson, Coach Arvid Tenney.

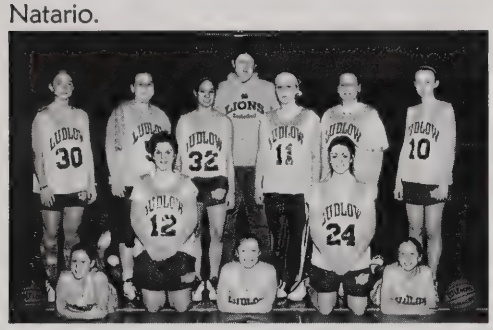
▲ "We are the Lions ... the mighty, mighty Lions!!!" As Junior Mike McGrath energetically runs onto the basketball court, a group of cheerleaders form two lines to cheer the varsity players onto the court.

▲▲▲ Sophomore Meghan Hill proudly salutes the flag before a boys' varsity basketball game.

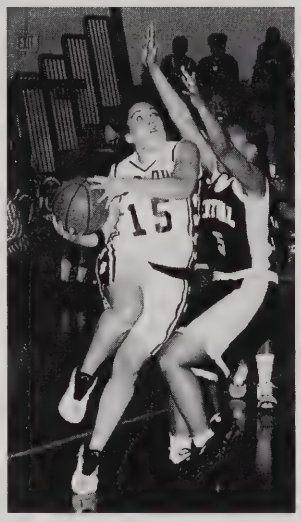
▲▲ Juniors Alexis Hanson and Hillary Bolduc love cheering and have been on the squad for three years.

▲ "Brrr, it's cold out here!" These cheerleaders braved the cold so they could cheer on the football team.

▼ ***Freshman*** *Front*: L. Cotti, A. Grondin, N. Potter. *Middle*: E. O'Donnell, S. Singleton. *Back*: M. Santos, G. Vecchiarelli, C. Filipe, Coach L. Wetherell, S. Desrosiers, N. Vecchiarelli, S. Natario.



◄ **Varsity** *Front*: L. Williamson, C. DeNucci, S. Levesque. *Second*: K. Mol, M. Lynch, A. Kenyon. *Back*: Coach J. Lattanzio, E. Mislak, M. Yelle, K. O'Donnell, M. Lynch, M. Williamson, A. Wozniak, Coach T. Brillo.



►Sophomore Michelle Lynch strives to make a 2-point shot into the basket regardless of Central's unyielding defense.

◄ **Junior Varsity** *Front*: J. McCarthy, S. Pfefferkorn. *Second*: J. Pereira, R. Spirito, A. Amaral. *Back*: Coach J. Lattanzio, A. Severyn, K. Goncalves, A. Vigneault, N. Francisco, S. Bousquet.

Girls' Basketball

The girls' basketball team started off the season on the right foot with a win against St. Mary's. Throughout the season, the girls tried their best, but were only able to pull off a record of 2-18, their last win coming at the end of the season. Although the girls' record was unfavorable, they showed great dedication and enthusiasm while practicing and playing.

The team lacked both senior and experienced players this year, but many underclassmen were able to gain experience while playing this varsity sport to improve chances of a better season next year.

Despite the losing record, the team put a lot of effort into the game.

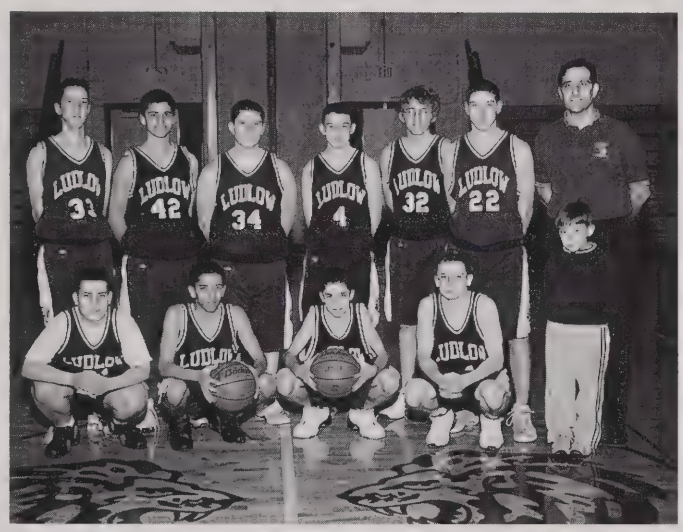
Scoreboard

Ludlow		Opponent
47	St. Mary's	19
19	Westfield	39
34	Cathedral	79
33	West Springfield	54
22	Chicopee	65
23	Minnechaug Reg.	68
22	Frontier Reg.	51
23	Amherst-Pelham Reg.	34
31	Granby	41
32	Chicopee Comp.	57
31	Granby	41
32	Central	63
42	Sci. Tec.	54
24	Belchertown	65
27	Holyoke	46
27	Chicopee Comp.	66
31	Central	48
31	Belchertown	55
56	Sci. Tec.	32
20	Holyoke	39

➤ **Varsity** *Front*: Z. Miller, C. D'Angelo, K. Lewis, C. Regnier. *Back*: Coach A. Thomas, M. McGrath, M. Kane, D. Benoit, B. Flatley, Coach W. Donaldson.

➤ **Freshman** *Front*: Manager S. Gomes, B. Dias, N. Gomes, D. Ledoux, M. Condon. *Back*: J. Marshall, M. Dudley, K. Filipe, R. Hill, B. Vigneault, M. Ryan, P. Roberts, Coach K. Anderson.

➤ **Junior Varsity** *Front*: S. Dias, R. Sears-Walter, S. Yanka, T. Easton. *Back*: A. Alves, M. Barros, J. McGregor, M. Dias, J. Deruin, B. Davis, Coach Patrick Annecchiarico.



◄ Junior Zach Miler uses his strength to jump through a Southwick opponent in an attempt to make a lay-up shot.

Scoreboard

Ludlow		Opponent
32	Monson	40
55	Granby	72
58	Southwick-Tolland Reg.	73
68	Palmer	51
42	Hampshire Reg.	49
38	Gateway Reg.	37
49	Belchertown	34
61	Ware	52
62	Holyoke Catholic	42
51	Sabis	73
50	Monson	57
38	Holyoke Catholic	41
52	Granby	47
53	Southwick-Tolland Reg.	62
68	Palmer	62
47	Hampshire Reg.	54
58	Belchertown	59
61	Gateway Reg.	73
55	Sabis	75
58	Ware	45
56	Holyoke	85

Boys' Basketball

With an 8- 13 record, the boys' basketball team soared to new heights this year. The team showed great improvement and team spirit in every game that it played.

The team started off with a few losses against Monson, Granby, and Southwick, but soon came back to win many games as the season progressed. Never did the players look down on their losses, but instead, they kept their heads high as they knew they had the game needed to defeat many of their opponents.

More importantly than the boys' record was the camaraderie developed between the players throughout the season. The great memories made will not be forgotten.

▼ Sophomore Monica Lynch fearlessly awaits the pitch with a look of determination.

▼**Varsity** *Front*: Monica Lynch, Jennifer McCarthy, Jolie Condon, Katie Burek, Christina DeNucci. *Back:* Coach James Annear, Kaitlin O'Donnell, Elizabeth Cochenour, Michelle Lynch, Jennifer Howard.

▼▼ Sophomore Michelle Lynch powerfully swings her bat at a ball. She stated, "We had a great team this year. Although we didn't get to practice much beccause of the rain, our team did very well."

Jolie Condon

Jennifer Howard

Beth Cochenour

➤Senior Jennifer Howard doesn't lose sight of the ball as she begins to run to second base. Jennifer has been playing softball since her freshman year.

Softball

The girls' varsity softball team started the season with a fantastic homerun. The team earned some very important wins early on during the season. This year's team was fortunate to be under the guidance and direction of the new varsity coach, Mr. James Annear. "It was very exciting for me to work with some of these girls from freshman year and into their senior year," commented Annear. A benefit of coaching that Mr. Annear enjoyed was being able "to see them grow and develop into a great group of young ladies."

Although the softball team did not make the tournament, the team made improvements from past seasons. The team had four senior captains: Jen Howard, Jolie Condon, Katie Burek, and Elizabeth Cochenour.

Scoreboard

Ludlow		Opponent
1	Longmeadow	16
7	Agawam	5
0	West Springfield	18
5	Amherst-Pelham Reg.	4
1	Cathedral	15
3	Holyoke	12
1	Minnechaug Reg.	6
0	Longmeadow	15
6	Northampton	5
1	Westfield	6
1	South Hadley	13
3	Central	13
10	Palmer	6
9	Chicopee	8
10	Chicopee	14
5	Chciopee Comp.	6
3	Central	9
12	E. Longmeadow	7
0	Chicopee Comp.	13

Mike Norris

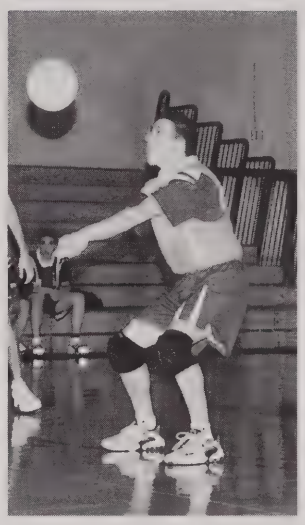
Mike Egela, Chris Dias

Dave Cardona

▼**Varsity** *Front*: Steven Pereira, Scott Lecca, Mike Norris, Chris Dias, Keith Dube. *Back:* David Cardona, Mike Egela, Matt Bates, Tomas Dias, Zachary Falconer, John Hangasky, Coach Fred Glanville.

▼▼The varsity team takes a moment to discuss team strategy. The players congregate on the sideline forming a circle around Coach Glanville to hear constructive criticism about the game.

▼ Seniors Mike Egela and David Cardona powerfully jump into the air to block the ball.



◀Senior Mike Norris served as a key player this year. As the team's libro, he exhibited great skill and talent.

Boys' Volleyball

Scoreboard

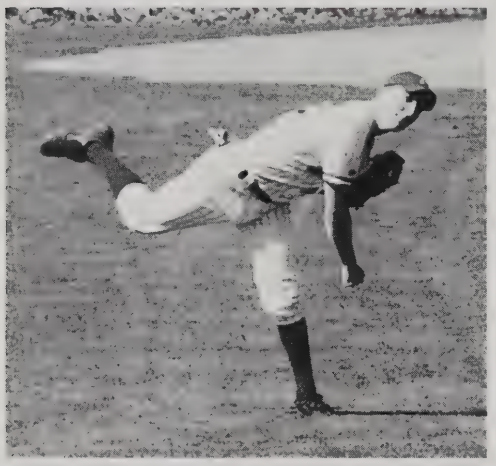
Ludlow	Opponent	
0	Mohawk Reg.	2
2	Holyoke	1
0	Minnechaug Reg.	2
2	Putnam	0
2	Athol	1
0	Agawam	2
2	Pioneer Valley Reg.	0
2	Commerce	0
0	Mohawk Reg.	2
2	Chicopee Comp.	1
2	Holyoke	1
1	E. Longmeadow	2
2	Putnam	1
0	Minnechaug Reg.	2
2	Athol	1
2	Chicopee	0
2	Pioneer Valley Reg.	0

Coming off from a playoff season, the boys' volleyball team had high hopes for this year. The season started on a low note, but then the team, led by four seniors, pulled together to complete a successful season. As the season progressed, not only did individual skills develop, but also the program as a whole. The season ended on a high note. The varsity team made it to the playoffs for another year. The team exhibited great strength and extraordinary teamwork. Senior Mike Norris stated, "We ended the season very strongly. By our last game we were playing at the top of our game." On both levels the season proved to be successful.

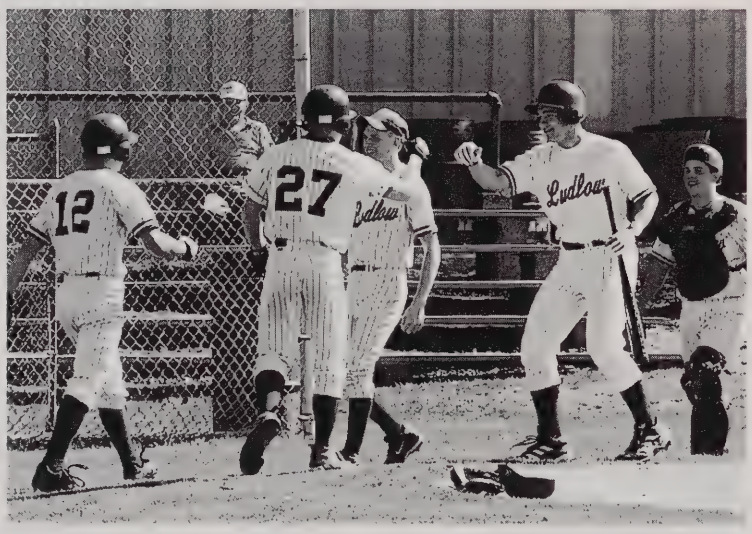
▼ Senior Mark Bousquet illustrates his baseball ability as he chucks the ball from the outfield.

▼▼ Senior Matt Bamber watches the ball all the way to the catcher's glove as he realizes it is too low to hit.

▼▼▼ Dan Los looks at the pitcher while taking a daring lead off second base.



▼ Mark Bousquet (#12), Matt Bamber (#27), Ben Taylor, Dan Los, and Neil Daigneault are excited after a run is scored in a game. With low numbers in scoring, the boys were very excited to get runs in, especially in important games. The team lost a lot of close games due to a lack of scoring.



Chris Gates

Lucas Rosa

Adam Young

▲ **Varsity** *Front:* Matt Salvador, Matt Chaplin, Matt Bamber, Sean Zdanis, Neil Daigneault, Lucas Rosa. *Back:* Brian Minie, Chris Gates, Mark Bousquet, Mike DaSilva, Ben Taylor, Adam Young, Coach Brian Bylicki.

Ben Taylor

Mark Bousquet

Matt Chaplin

Scoreboard

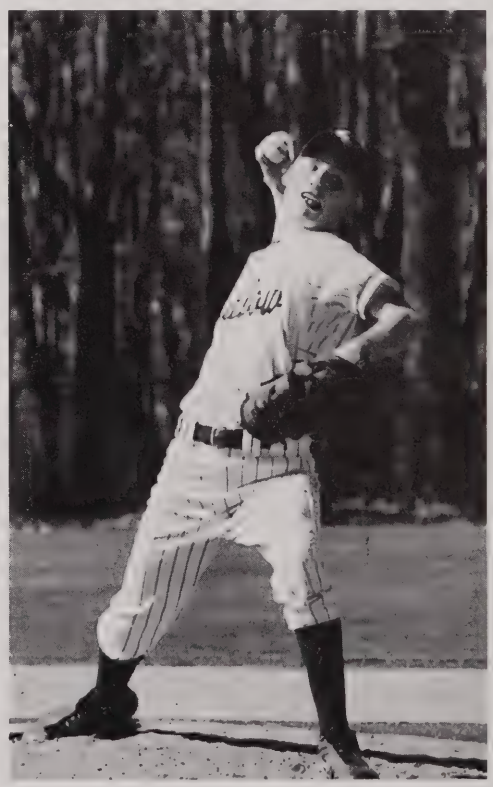
Ludlow	Opponent	
4	Amherst-Pelham Reg.	13
3	Palmer	8
5	Holyoke	8
2	Longmeadow	9
6	Agawam	10
0	Northampton	9
1	Chicopee Comp.	5
3	Central	4
12	Palmer	7
0	E. Longmeadow	1
0	West Springfield	4
1	Chicopee	4
5	South Hadley	10
1	Central	2
2	Chicopee Comp.	11
3	South Hadley	12
2	West Springfield	5
5	Northampton	18
4	E. Longmeadow	7

▼ Coach Brian Bylicki talks to Catcher Neil Daigneault and pitcher Ben Taylor during a meeting at the pitcher's mound. These meetings were held every so often to keep the team motivated. Sean Zdanis watches from behind.

Baseball

Coaching in his eighth consecutive varsity season, Mr. Brian Bylicki says he has never seen a year quite like this one. For example, he says, the season started off with ten rainouts and an extra week of practicing in the gym, rather then outside. With this setback, however, the team was able to salvage a victory against Palmer midway through the season. This victory was the highlight of the year, not only because it was their one and only victory, but because Palmer was seeded fourth in Division 2 in Western Mass. Also, Palmer had only fallen to four other teams, making the win even more exciting.

Offense was the major ingredient this year's team was lacking. With an average of 57 runs in 19 games, the team wasn't performing as well as it could have. Leading the varsity squad were captains Matt Bamber, Ben Taylor, Matt Chaplain, and Mark Bousquet. Mark had an excellent season with many great offensive contributions. His outstanding baseball skills led him to win the prestigious All League award.



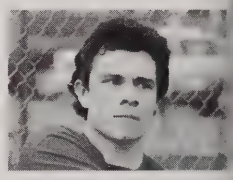
▲ Senior Ben Taylor gets set to throw a pitch in a game. Ben has been on the varsity team for three years, so this year he is a captain. Ben also holds the title of best pitcher this year.

Freshman Stavri Yanka practices his serves and volleys before a match.

Manny Moutinho

Front: Josh Carpenter, Andrew Coelho, Patrick Meuse, Stavri Yanka. *Back:* Chris Palatino, Benjamin Pease, Peter Afonso, Benjamin Milillo, Coach Susan Stachelek. *Missing from photo:* Manny Moutinho.

Junior Ben Milillo sets himself up for a strong forehand during a match.



Ben Pease

Boys' Tennis

The boys' tennis team had an enjoyable, successful season according to new coach Susan Stachelek. Although a glance at the scoreboard might tell you differently, Ms. Stachelek truly feels the season was successful because each player continued to improve and never wanted to stop playing. Many of the players, in fact, plan to continue the sport during the summer to make the following season a winning one.

Coaching by the motto: "A body will heal; a loss is forever," Ms. Stachelek was an inspirational leader. This year's team only had three returning players, so it obviously lacked experience on the varsity level. To help the newbies, Ms. Stachelek challenged anyone who was willing, which helped the boys because none of them wanted to lose to their female coach.

Scoreboard

Ludlow	Opponent	
2	Chicopee	3
0	Chicopee Comp.	5
0	Agawam	5
0	Central	5
0	Northampton	5
1	Westfield	4
0	Minnechaug Reg.	5
0	Longmeadow	5
0	South Hadley	5
0	Amherst-Pelham Reg.	5
0	Holyoke	5
0	West Springfield	5

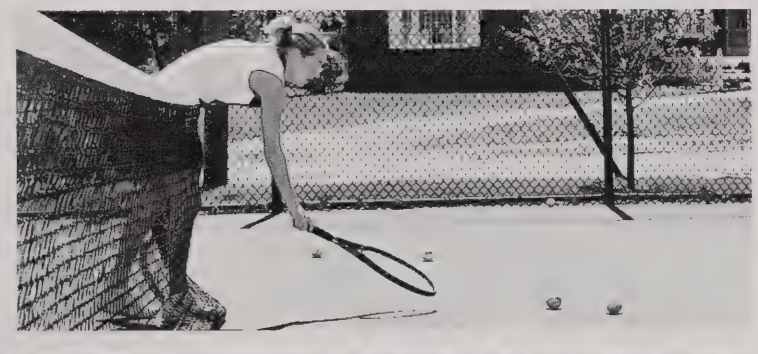
Lauren Pereira, Meghan Dolan

Karisa Livingston, Alyssa Moriarty

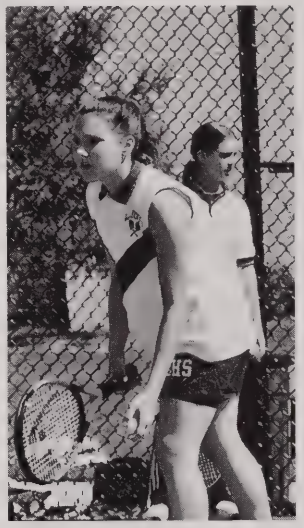
Lisa Swist

▼ Senior Lisa Swist reaches over the net in an attempt to get the balls. Lisa has been on the varsity tennis team for three years.

▼▼ *Front:* L. Swist, L. Pereira, M. Dolan, K. Livingston, A. Moriarty. *Second:* J. Diotalevi, A. Pestana, V. Leal, A. Grondin, J. Devlin, K. Kaflinska, K. Dolan. *Back:* Coach J. Carlin, S. Levesque, K. Goncalves, K. Mol, E. Mislak, M. Sared, M. Williamson, S. Pfefferkorn, J. Kang.



▼ Senior Karisa Livingston watches the ball over the net after a backhand.



◄ Freshman Katelyn Dolan has a look of determination as she prepares a serve during a match.

Scoreboard

Ludlow	Opponent	
5	Chicopee	0
5	Chicopee Comp.	0
3	Agawam	2
5	Palmer	0
5	Central	0
5	Northampton	0
2	Westfield	3
4	Minnechaug Reg.	1
1	Longmeadow	4
4	South Hadley	1
4	Amherst-Pelham Reg.	1
5	Holyoke	0
3	West Springfield	2

Girls' Tennis

The girls' tennis team had an excellent season this year. It made the playoffs for the twelfth consecutive year, falling to Westfield 3-2, in a very close match-up. "We're losing five wonderful seniors whom I will never forget because they are such wonderful young ladies," says Coach John Carlin.

Defeating their first six opponents and going on to win five of their next six games, the Lady Lions kept the reputation they have made for themselves the past several years. With a final record of 11-2, the girls had nothing to be ashamed of this year. The team, with its underclassmen, shows great promise. As Mr. Carlin states, "If you think we were good this year, wait until you see us next year."

Boys' Track

After over 30 years of track and field history at Ludlow High School, the boys' team has finally obtained a Pioneer League title. The Lions realized their ability to succeed and despite a minor setback against Palmer, they went on to win six consecutive meets. Their exemplary season gained the team a banner that will soon be hung in the gymnasium so their achievements may be recognized. The boys' track and field team has the capacity to grow into an extraordinary team. Coach Rebecca Gauvin commented, "I am very happy with the result of our season. People stepped up, worked hard, gained personal records, won meets, and gained respect from the staff, the coaches, the officials, and peers."

Scoreboard

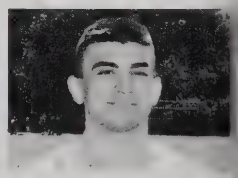
Ludlow		Opponent
84	Sci. Tec.	60
42	Palmer	94
88	Holyoke	47
84	Commerce	51
87	Monson	58
96	Holyoke Catholic	47
76	South Hadley	69
86	West Springfield	58

➤ Freshman Dan Stevens lands after his long jump during an away meet.

Rich Belliveau

▲ Junior Marc Santos clears the high jump. Marc placed in many competitions.

▲ ***Varsity*** *Front*: Mike Barros, Dan Martin, Adam Coelho, Rich Belliveau, Dan Poitras, Nick Moutinho, Alex Casimiro, Nick Bruschi. *Second*: Coach Mike Gauvin, Theo Bryant, Alex Jorge, Marc Santos, Matt Dudley, Curtis Fish, Nick Assarian, Ross Dominique, John Ferreira, Coach Rebecca Gauvin. *Back*: Jesse Regnier, Dave Sagan, Zac Repko, Dan Stevens, Paul Momnie, Marc Lamondia, Andy Durand.



Adam Coelho

Girls' Track

Scoreboard

Ludlow		Opponent
93	Sci. Tec.	51
112	Chicopee Comp.	38
38	Monson	107
87	Commerce	56
67	Northampton	69
32	Southwick-Tolland	104
100	South Hadley	45

The girls' track team sprinted into its season with a very young team. Of the thirty members, sixteen were freshmen and eight were sophomores. The girls had excellent work habits; they were determined and strong-willed. They used their strength and energy and strictly trained themselves so that they could end their season with a winning 4-3 record. The team was able to send three teammates to Western Mass. This year's team had a very strong distance running program. Coach Brian Walsh commented, "Overall I think that it was a great season. This was mainly because of the girls' work habits. I am happy with such a young team; they show promise for the future."

Katie Gomes

Rosaleen Lewis

atima Abdullah

▲ ***Varsity*** *Front*: Nina Vecchiarelli, Ally Prokop, Aditi Kulkarni, Jen Priore, Katie Gomes, Rosaleen Lewis, Jessica Szlosek, Leah Letourneau, Gina Vecchiarelli, Mia Santos. *Back*: Coach Brian Walsh, Nicole Potter, Lauren Cotti, Rachel Spirito, Felicia Cronin, Jessica Ratkiewicz, Brittney Kawa, Amanda Holley, Nicole Silva, Samantha Bousquet, Corrine Ryan, Liz Hayes, Cristina Amaral, Amanda Vigneault, Kristin Kwajewski, Rachel Fonseca, Melissa Dion, Lauren O'Neil, Coach Amy Walsh.

◀ Freshman Allison Prokop prepares her event in the pole vault.

▲ Kristin Kwajewski practices her technique for the javelin throw.

Events

Bursting on the Scene

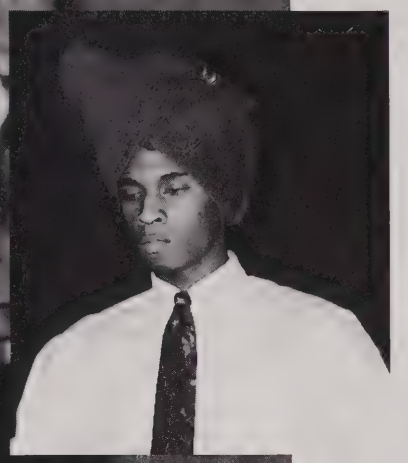
Although students use up a considerable amount of their time on school and class work, these are not the only things that students devote themselves to during the school year.

Whether it is class or language banquets, students are more than happy to come together with their friends and enjoy their evening. Any dance allows students to socialize and really have pleasant memories of their high school years. This was seen during "La Bella Sera," this year's prom

The Wizard of Oz and Mad Talent Yo--Holla Back allowed some students to show their talents on stage. These events also provided a relaxed evening for others to enjoy. Another memorable event was the volleyball marathon. The marathon was an all night event which was a fund-raiser for the Nicholas Humber Scholarship, presented to Joseph Goncalves at the end of the year.

"I have been break dancing for two years. It is something that I like to do and I hope other people would get into it."

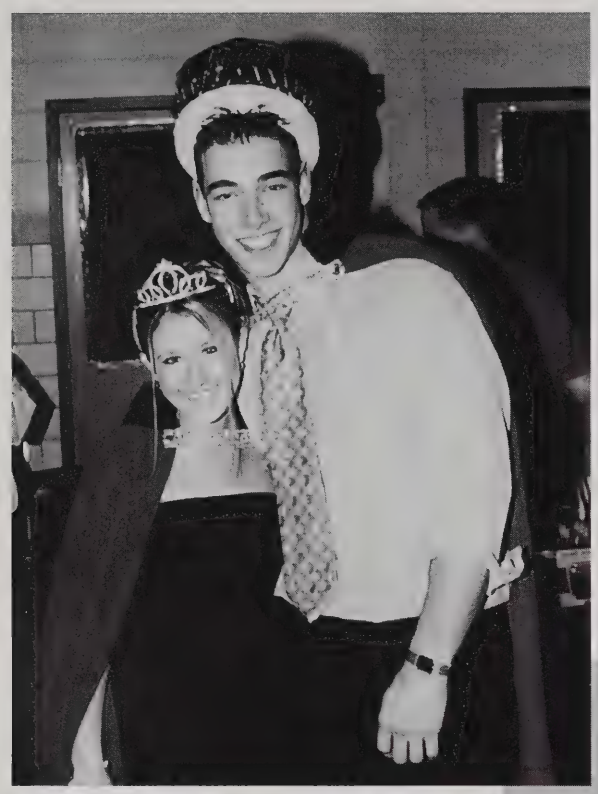
--Chris Gates, senior



◄ Junior Khalil Abdullah, as one of the hosts of Mad TalentYo--Holla Back, shows his magical abilities.

◄ Sophomore Stacy Dalby and senior Yolanda Kruczkowski chat during the long dress rehearsal of *The Wizard of Oz.*

◄ This year's prom, "La Bella Sera," had many beautiful decorations. Plenty of bright lights lined the hall.



◄ Seniors João DaCruz and Amanda Santos begin their reign as king and queen of Homecoming.

▼ The dance floor on the night of Homecoming was a busy one. Many people tried to show off their unique dance moves while others chose to chat with friends.

▲ Junior Haley Will uses a tie to dance with sophomore Melissa DaCruz. Using the tie to dance with someone has become quite popular at all dancing events, including Homecoming.

▲ *Left to Right*: Meghan Dolan, Erin Ostrowski, Marisa Yelle, Stacy Santos, Lindsay McCarthy, Natalie Gebo, Darcie Rickson, Heather Leone, Jacqueline Foley, Stefiny Knight, and Meghan Robillard.

Homecoming

"Where You Take Me"

On Friday, November 22, *The Cub* sponsored the annual Homecoming dance, with the theme "Where You Take Me." This year's coordinators were Alexandria Yanka and Allison Aurnhammer. Sophomore Lauren Dowd and senior Melissa Holland were in charge of the night's decorations. The colors of the night were purple, white, and blue, and the cafeteria was decorated with streamers, balloons, and a beautiful arched, trellised centerpiece.

This year's attendance was not as high as it has been in the past. The new "F" policy made many LHS students or their friends ineligible for the dance. However, the 400 students that did attend had a great time. The food was donated by local establishments, and music was provided by a local DJ.

▲ Alumnus Mike Balog, senior Ben Taylor, and juniors Mark Goodreau and Sean Zdanis relax and cool down as they watch people dance on the dance floor. Sean joined some of the excitement while he sat on his chair.

1. Meghan Diotalevi, Katelyn Dolan, Claudia Filipe, Nicole Potter. 2. Ashley Petrolati and Mrs. Toni Mancuso. 3. Miss Jennifer Abel as Madame Mysteria. 4. Katibeth Mol, Christina DeNucci, Kristen Goncalves. 5. Marc Santos and Kathryn Vomero.

1. Matthew Geanacopoulos. 2. Joceyln Pereira and Domenico Pellegrini. 3. Lauren McFarlane and Cara Stokowski. 4. Alyssa Severyn, Jessie Oliveira, and Anita Alves. 5. Amanda Leone and Angela Evans.

▼ John Hangasky, David Kang, Nicholas Moutinho, Scott Lecca, and Daniel Barroso take a breather after their meal. "I was trying to do a Honduran tribal call to help me digest after eating," says Nicholas.

Freshman-Sophomore Banquet "Under the Sea"

On March 21, the freshman and sophomore classes gathered to enjoy an abundance of scrumptious food, loud music, and each other's company.

The freshman-sophomore banquet was organized by the classes' respective executive boards and advisors, whose efforts proved to be entirely successful. The already lively atmosphere of the Lusitano Club was made a bit more whimsical as the hall was brought "Under the Sea" with this year's theme. Aquariums and live fish adorned the tables. While the DJ and his music were thoroughly enjoyed, the acoustical climax of the evening was provided by Mr. Brian Walsh. Many students agreed that Mr. Brian Walsh's beat-boxing was the most memorable. "The beat-boxing was excellent," says sophomore Randy Adams.

◄ Freshmen Ashley Petrolati and Katelyn Dolan were being stalked by the camera. "The camera man chased us around all night trying to get a picture, and he finally did, but I refused to let him win," says Ashley.

▼ Sophomores Leeann Salvador, Jessica Ratkiewicz, and Jung Kang proudly display the goldfish bowl.

▲ Freshman Michael Barros and sophomore Randy Adam, helps themselves to the buffet. A wide variety of food was offered by the Tony & Penny's catering services.

▲ Freshmen Julia Tetreault, Melissa Martins, and Amanda Leone are not afraid of the camera. "Everyone we asked refused to take a picture of us, so we had to take individual picture of ourselves on each other's cameras," says Julia Tetreault.

Junior–Senior Banquet

"You Say Goodbye, I Say Hello"

Although this year's banquet did not have huge numbers in attendance as in past years, the junior and senior classes proved that such numbers were not needed in order to have great fun at their combined banquet.

The first ever junior-senior banquet was held on March 28, 2003, at the Castle of Knights in Chicopee from 6:00 to 10:30 p.m. The $30 ticket price was well worth the taste of the wonderfully-prepared food.

Senior class president Katie Vomero expressed disappointment at the turnout among the two classes but said, "Everyone had so much fun dancing on a nearly empty dance floor and doing things that we probably would not have been able to do if it had been crowded. It was a blast!"

1. Jennifer Martins, Heather Leone, and Amanda Santos. 2. Katie Doyle and Bryan Martins. 3. Jen de Sousa and Todd Prokop. 4. Amber Goodreau and Chrissy James. 5. Kaitlyn LaRiviere and Armando Amaral.

▲ Senior Dan Sai shows his John Travolta side as he danc *Saturday Night Fever* style. Dan Sai proves that it does not take a packed dance floor to have a good time.

▶ Senior Chris Dias and his girlfriend, senior Karisa Livingston, blend in with the mix of people dancing.

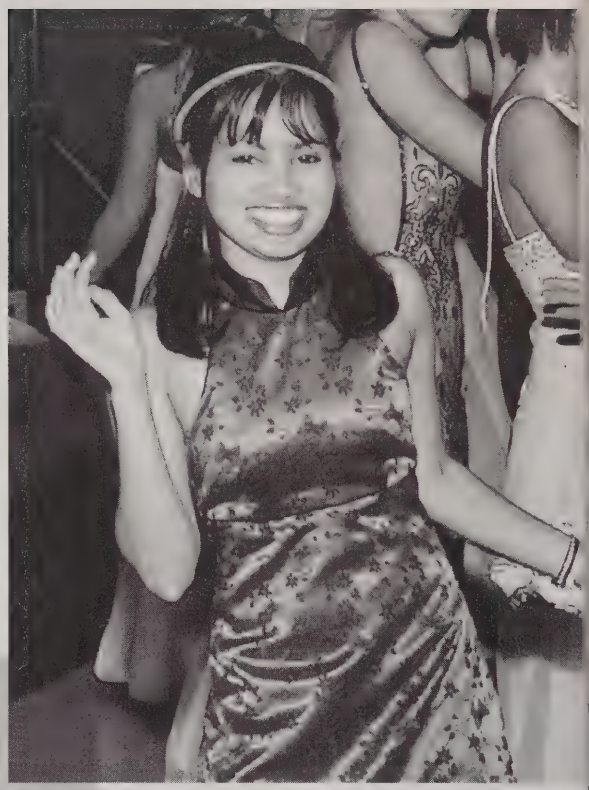
▼ Juniors Dan Borkowski and Dan Muse humorously dance right after dinner. "Dan and I were just acting goofy because a good song was playing," says Dan Borkowski.

▲ Seniors Chris Lavoie, Chris Dias, and Dan Sai jokingly put Mike Norris into a headlock. These guys were no strangers to the dance floor, especially Mike who is known for his break dancing.

▲ Seniors Lauren Pereira, Meghan Dolan, Tony Santos, and Lisa Swist take a break from dancing. As these girls show, dark and sparkling dresses were popular at this year's banquet.

➤ Senior Allison Bunten dances the night away on the dance floor. After Hours DJ company provided music for the dance.

▼ Senior Katie Burek takes a picture of seniors Angela Martins and Josh Yelle. Many people took the opportunity to take candid pictures inside in the elegant Allan room.



▲ Juniors Kyle Davis, Jacob Oliveira, and Michelle Bradway line up at the soda bar to get non-alcoholic strawberry daiquiris.

▲ Her date Karol Ruszczyk and senior Agata Karas were one of the couples that lit up this year's prom and certainly did not shy away from the dance floor.

This group of juniors and seniors socialize with one another before beginning their salad and fruit cup. Dining with friends was one of the highlights of the evening.

Prom

"La Bella Serra"

On the night of May 9, 357 people, both LHS students and their dates, filled the Allan room at Chez Josef from 6 to 11 p.m. While the night started with a few odd events: mainly a bird flying in (despite not being on the guest list and not passing the breathalyzer), all who attended had a great time.

The food choices were prime rib, chicken and a vegetarian dish; sodas and fruit drinks were available throughout the night.

The coordinators to this impressive night were juniors Karen Miele and Jeff Ribeiro. "The night went very well. Everyone had a good time, and the DJ played a good variety of music that kept the dance floor crowded throughout the night. The prom committee worked so hard to make the prom enjoyable, and its dedication showed," said Karen.

1.

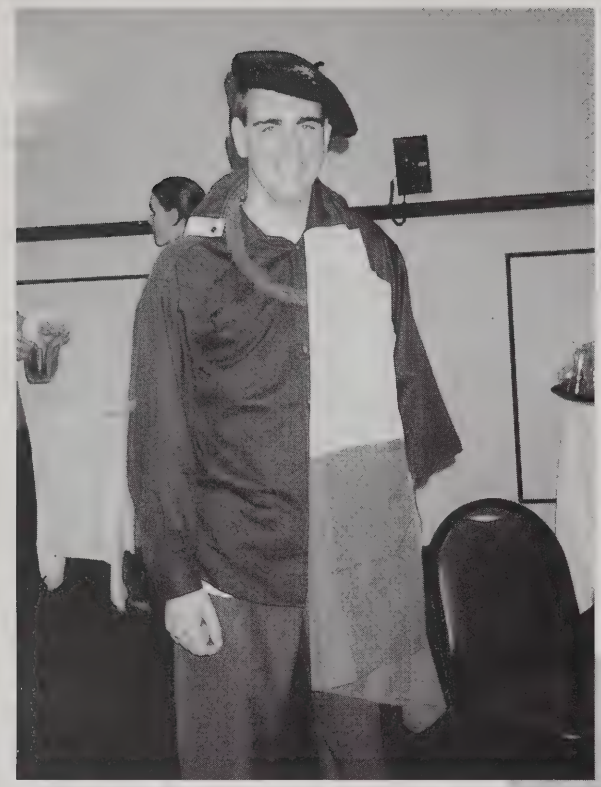
2.

3.

4.

5.

1. Drew McConaha, Amanda Maksimyw. 2. Angela Martins, Lindsay McCarthy, Mike Saloio. 3. Ryan Malone, Erin Ostrowski. 4. Queen Lauren Pereira, King John DaCruz. 5. Allie Yanka, Mike Garrity.



◄ Senior Chris Lavoie, as French club president, proudly wears the French flag which pleased advisor, Mr. James Martin.

▼ Students are not the only ones who enjoy banquets. Senhora Maria Fagundes has great fun at the Portuguese banquet held at the Gremio Lusitano Club.

▲ Junior Dan Muse takes a sip of his beverage at the Spanish banquet held at the Unity Club. Plenty of food and soft drinks were provided for all the guests.

▲ Señor Paulo Zina holds the Gonzo piñata for Michelle Bradway to hit. The piñata proved to be durable, as it took many people to finally break it open.

Language Banquets

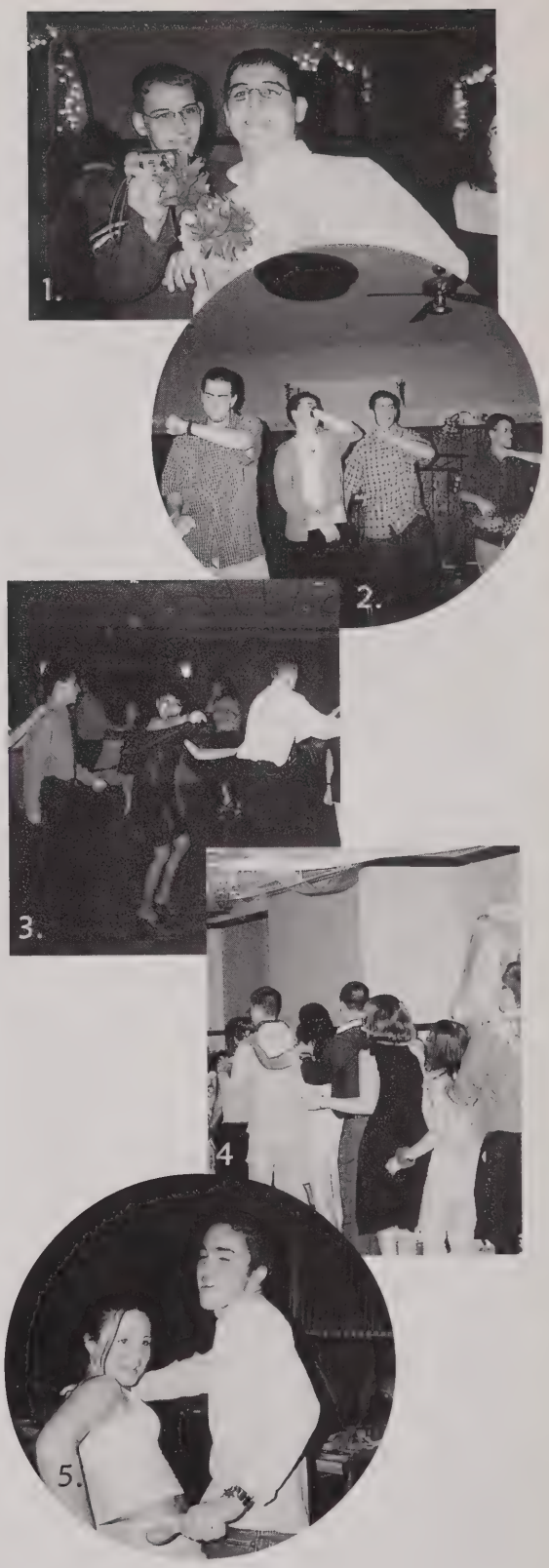
Portuguese, Spanish, and French

To show the cultural appreciation of Ludlow High School, three different cultural dances were held in the month of May. On May 2, the Portuguese club held the 14th annual Portuguese dinner dance at the Gremio Lusitano Club. Students celebrated their Portuguese culture through Portuguese delicacies and music.

On May 16, the Spanish club held its banquet at the Unity Club. The club was decorated with Mexican decorations, and everyone was given a set of maracas. The Spanish language and culture were also celebrated through Latin American dancing and a piñata.

Not to be outdone, the French club held its "Night in French Polynesia" banquet at the Hu Ke Lau on May 23. This banquet was a truly multi-cultural event, complete with Asian food, American, French, Spanish, and Portuguese dancing.

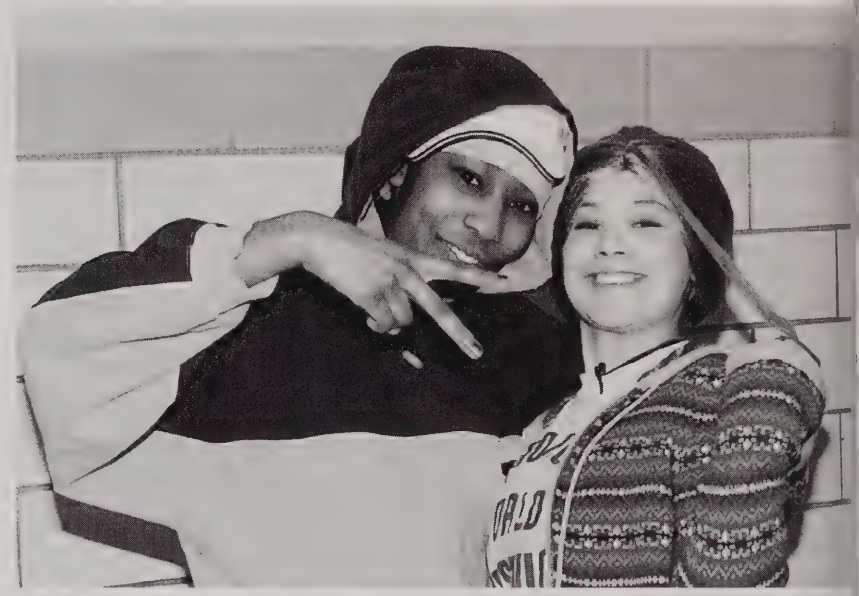
▲ Seniors Celia Demers, Henry Sakalinskas, Angel Colby, Kristin Demers, and Heather Gregoire get their groove on at the French banquet held at the Hu Ke Lau. Every guest was given a Hawaiian lei.



1. Sophomore Alex Jorge and senior Danny Dinis (French banquet). 2. Seniors Chris Lavoie and Mike Norris; juniors Alex Simao and Dan Borkowski (Spanish banquet). 3. Portuguese banquet. 4. French banquet. 5. Junior Cristina André and senior Armando Amaral (Spanish banquet).

1. Nicole Santos. 2. Michelle Bradway. 3. Deanna DelNegro. 4. Jason Blanchard. 5. Kathryn Vomero.

Seniors Fatima Abdullah and Stephanie Perez were in the opening act, "Old People." They started the night off and provided some great laughs.



Mad Talent Yo!

Holla Back

Mad Talent Yo Holla Back represented the culmination of weeks of rehearsal for the performers under the direction of Señor Paulo Zina. The talent show was sponsored by the Spanish Club and as such the considerable profits were earmarked for the Spanish banquet. Though the performers sacrificed considerable amounts of time for the event, the support staff under the aegis of the Spanish Club contributed even more. Acts ranged from the musical to the magical; and while most were equally deserving of credit, special recognition must be given to Jason Blanchard, Phil Fonseca, and Bryan Forbes. This trio readied two new songs for the show on the very night of the performance, filling what would have otherwise been unforeseen gaps. Given the show's popularity, Mad Talent Yo will likely be succeeded by new performances for years to come.

◄ Junior Dan Borkowski was the lead singer during "Jump, Jive an' Wail." His rendition of the song made the audience want to get up on its feet.

▼ Hosts of the night, juniors Khalil Abdullah and Marc Santos, used some original and off-the-cuff humor.

▲ Sophomore Lori Milbier wowed the audience and opened the second act with her amazing piano playing in "Egyptian Rhapsody."

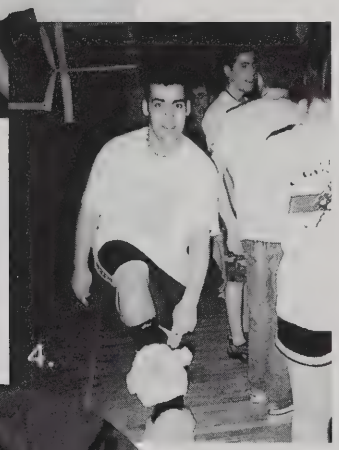
▲ Senior Mike Norris jazzes it up during "Jump, Jive an' Wail." He provided a powerful trumpet sound during the popular song.

Volleyball Marathon

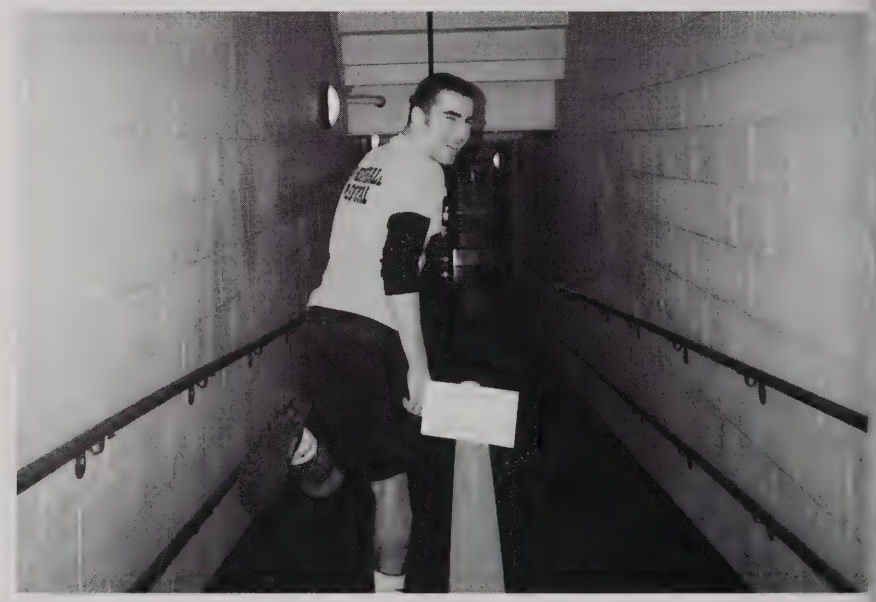
Round-the-Clock

The volleyball marathon is a highlight of the school's annual activties. Round-the-clock games are scheduled on three courts for the many teams of students, teachers, and alumni. For those who are not playing because of off-time fatigue, plenty of refreshments are provided. Organized by Mr. Brian Bylicki, chaiperson Jen deSousa, and other student council representatives, the marathon serves as both twelve hours of fun and a fundrasier for a worthy cause.

Money collected from entrance fees, and donations amounted to $4000, all of which was contributed to the Nicholas Humber Scholarship. This year, the alumni team was defeated in the playoffs and "Ball en Fuego," led by team captain David Cardona, arose victorious. "It wasn't about competition; it was about fun," said David.



1. Sophomores Rachel Fonseca and Lindsey Gaudreau. 2. Sophomore Ashley Parent. 3. Senior Matt Boucher. 4. Senior Chris Dias. 5. Sophomore Zack Repko and Jung Kang.



▲ Junior Matt Suska attempts to defy authority by stepping over the line of no return. Cones were placed around areas to prevent students from wandering in the school hallways during the marathon.

▶ Junior Chris Palatino, senior Joe Almeida, and junior Pete Afonso are strategizing for their next match.

▼ The back gym was used as a resting area for students to relax from a tiring volleyball game and socialize with friends.

▲ The Puppeteers impatiently wait for their opponent for the next match. Although they did not win all their games, the Puppeteers were good sports.

▲ The Banana Peels deeply concentrate on their opponents' moves. Unfortunately, they never actually won a game.

➤ Sophomore Cara Sokowski as Dorothy runs into senior, Yolanda Kruczkowski as the Scarecrow.

➤ *Front*: Salena Jedrzejczyk and Yolanda Kruczkowski. *Back*: Nicole St. Marie, Lauren O'Neil, Antonio Cordero, Cara Stokowski, Rosemary Mariani, and Daniel Vogel.

▲ *Front*: Krystal Santos and Jessica Sevivas. *Second*: Leeann Salvador, Christine James, Danielle Petrolati, Alexandra Norwood, Danielle Reilly, Erin Gosselin, and Nicole Pio. *Third:* Meghan Hill, Stacy Dalby, Salena Jedrzejczyk, Yolanda Kruczkowski, Rosaleen Lewis, and Amanda Stewart. *Back*: Lauren Burtch, Maren Gulbrandsen, Nicole St. Marie, Lauren O'Neil, Antonio Cordero, Cara Stokowski, Rosemary Mariani, and Daniel Vogel.

▲ The Munchkins (seniors Christina Faria, Chrissy James, and sophomore Meghan Hill) welcome Dorothy to Munchkinland.

While in Munchkinland, the Barrister (Jen Howard) and the Coroner (Jolie Condon) try to tell the Mayor (Robert Grumoli) that the Wicked Witch is dead.

The Wizard of Oz

Over the Rainbow

On April 4th and 5th, the Ludlow High School musical theater group put on its traditional theater production with *The Wizard of Oz.*

The play consisted of a wide variety of talents and provided not only excellent music numbers, but many funny scenes. Comic relief was delivered by such characters as the Lion (Salena Jedrejczyk), the Scarecrow (Yolanda Kruczkowski), and the Wicked Witch of the West (Rosemary Mariani).

The play would not have been possible if not for drama director Mrs. Diana Roy, musical director Mrs. Mary-Beth Will, and choreographer, senior Christine James.

Overall, the production consisted of students who worked very hard to make it a success.

1. Rosaleen Lewis, Michelle Bradway, and Jennifer Howard. 2. Leeann Salvador and Christine James. 3. Antonio Cordero and Yolanda Kruczkowski 4. Rosemary Mariani. 5. Salena Jedrzejczyk.

Senior Activities

It All Comes Together

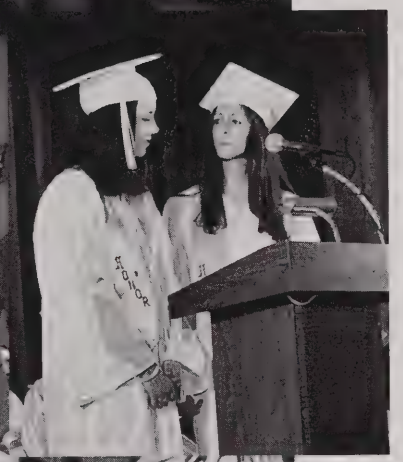
In senior year students have to prepare for the future and withstand many changes. However, senior year at LHS also comes with many activities that can make the year not so stressful and certainly make it memorable.

The range of senior activities began with the successful senior show, "Survivor." A majority of the senior activities occurred in the long-awaited senior week. After students had finished with their classes and finals, seniors looked forward to unwinding. The senior mystery trip to The Great Escape at Lake George started off the week. Class Night allowed for the presentation of awards and scholarships. Senior assembly gave the juniors the opportunity to say goodbye to the seniors. Later in the same day, the seniors gathered at the senior banquet at the Hu Ke Lau. Their final gathering occurred on May 30th at the Mullins Center when seniors left thier high school years behind and became graduates.

"Senior banquet was the last time that our whole class was together having fun. It was memorable."

--Christopher Wozniak, senior

◄ Eric Scheer plays the perfect Psycho Carrot in the skit, "Hot Girlz in Tiny Bikiniz."

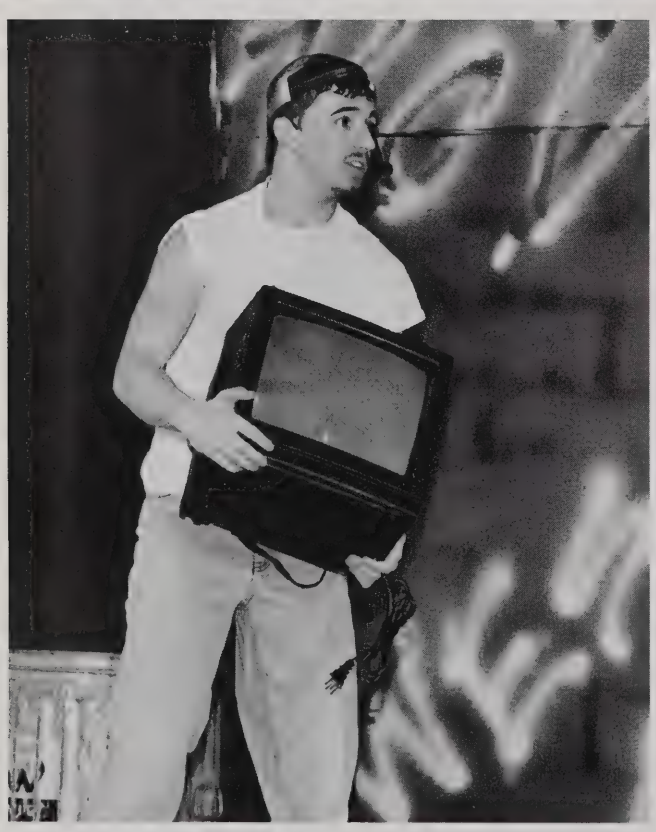


◄ Karisa Livingston and Jen de Sousa read the class history for junior year during class night.

◄ Matt Chaplin receives the James P. Rooney award for excellence in boys' athletics from principal Dr. James Cokkinias.

➤ Chrissy James and Nikki Liberty knit before their night out on the town in "Girls' Night Out."

➤ Crystle Kaytra, Kim McKelvey, Meghan Dolan, Lauren Pereira, Missy Miller, and Allison Majka line in prayer position in "Nunsense."



➤ Mike Norris plays a hoodlum character from *West Side Story* in the musical number, "Officer Krupke."

➤ Karisa Livingston, Phil Carvalho, Armando Amaral, Danny Dinis, and Julieta Cordeiro enjoy their picnic onstage during their rendition of the stereotypical and comical Portuguese family in "Seats, Por Favor."

Senior Show

"Survivor LHS"

On Friday, February 28 and Saturday, March 1, the class of 2003 carried out the Ludlow High School tradition of putting on a senior show. "Survivor LHS" opened with a takeoff on the popular reality TV show "Survivor," leading into the class singing "Everything's Coming Up Roses."

Everyone put a lot of time and effort into all the skits. Yet the most unique part of "Survivor LHS" was an "actress" in "Who's Calling Now?" "Heidi," the first cow ever to be on stage at Ludlow High School, was one of the surprises at this year's show. The show ended when the senior class encircled the auditorium singing "This is the Time," followed by "I Will Survive." The show ran smoothly both nights with only some minor sound difficulties.

The advisors Mr. James Martin, Mrs. Irene Pereira, and Mr. Paulo Zina and the student coordinators Dan Dinis, Lauren Pereira, and Henry Sakalinskas made the event possible. The success of "Survivor LHS" is owed to their hours of dedication.

T.J. Midura rocks on his guitar.

Justin Chenaille as Richard Simmons in "Rockin' with Richard."

Henry Sakalinskas as Stewart's mom in "Wedgie Fever."

▲ Heather Gregoire plays her hick character in "Who's Calling Now?" by bringing Heidi, a three-month-old calf, on stage. Heidi marked the first time that actual livestock was in the senior show.

Senior Mystery Trip

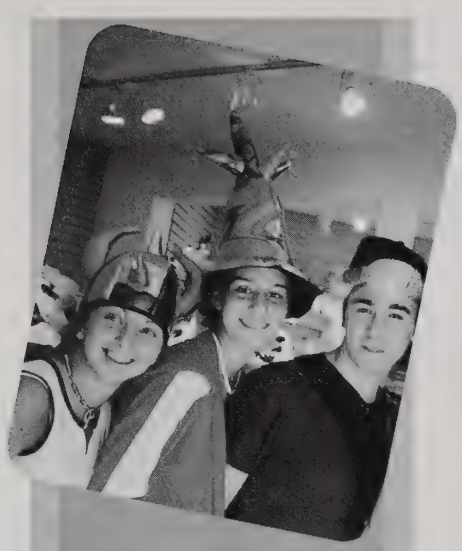
Lake George

The class of 2003 celebrated its last trip as a class and the beginnning of senior week with a visit to the not-so-mysterious Lake George on May 27th. Although it seemed that the weather did not want to cooperate, the trip went smoothly without any real difficulties.

Once the buses reached The Great Escape, students had the option of taking part in the water park or enjoying the rides, food court, and other attractions available at the amusement park.

Many students took advantage of the six available rollercoasters and other popular attractions such as the Raging River which left many students drenched.

Students could also sit back and watch an Elvis musical show as well as a high dive show. A petting zoo was also available. If that was not enough entertainment, an arcade and candy shop provided further fun.



Armando Amaral, Megan Smolinski, and Liz Laneiro.

Jay Zina and Meaghan Dolan.

Jen de Sousa, Karisa Livingston, Katie Burek, and Chris Dias.

▲ Megan Coelho and Jessica Jorge decide to be adventurous when they bungee jump off the Trabant.

◄ As soon as seniors arrived, they immediately rushed to one of the most stomach-turning rides available, The Boomerang.

▼ Joe Goncalves takes the "dangerous" and "daring" flight on the Condor.

▲ Mike Lima, Angela Martins, and Danielle Cooley are exhausted after rides and hours of walking around the amusement park. There were plenty of attractions to keep students occupied. However, many students found themselves sitting and relaxing.

▲ Fatima Abdullah was one of the lucky winners in the difficult ring toss.

▼ Lisa Rua was awarded the Mary and James O'Neil Scholarship by Pam Acheson from UMass. This $16,000 scholarship was the largest awarded that night.

▼ Winners of the Night in Portugal Scholarship: *Front:* Natalie Gebo, Joe Goncalves. *Back:* Mrs. Toni-Marie Mancuso, Jolie Condon, Julieta Cordeiro, Jen de Sousa, Danny Dinis, Meghan Dolan, Karisa Livingston, Lauren Pereira, Manny Moutinho.

▼▼ *Front:* Yolanda Kruczkowski, Katie Tetreault. *Back:* Elizabeth Goncalves, Fatima Abdullah, Alyssa Moriarty show off their dazzling caps and gowns.

▲ The top ten students of the class of 2003 in reverse order are Amanda Martin, Joe Goncalves, Jolie Condon, Meghan Dolan, Natalie Gebo, Jen de Sousa, Lauren Pereira, Eric Scheer, Katie Vomero, Todd Regnier.

Natalie Gebo was awarded the Stephanie G. Santos Scholarship by Stephanie's parents Mr. and Mrs. John Santos in memory of their daughter. "It was really an honor to be the first to receive the Stephanie Santos Scholarship. I knew Stephanie personally and I admired her,"said Natalie.

Class Night Linked as One

On May 28th, the class of 2003 wore its caps and gowns for the first time to celebrate a night of awards and scholarships.

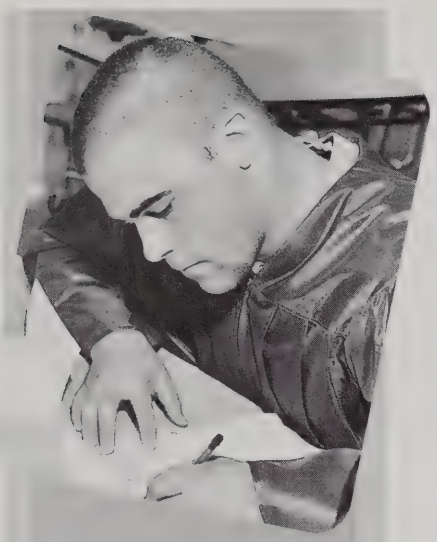
Although there were brief addresses made to the class of 2003, it was the senior class president and salutatorian, Katie Vomero, who made an inspiring oration, encouraging students to achieve greatness. "Don't make ripples, make waves" was a memorable line in Katie's speech.

Class treasurer Amelie Lonczak reminded students that in their four years of high school, they had grown and were now prepared to leave "polished" into the road ahead. The night also recognized the top ten students and the class poem, "Destiny," written by George Barroso. Soon after, the class gift was presented as a scholarship to the incoming seniors that would be randomly chosen for students next year. The class history was read by selected students which summarized the humorous and difficult years at LHS. The night came to its conclusion with Allie Yanka and TJ Midura reading the class ballot.

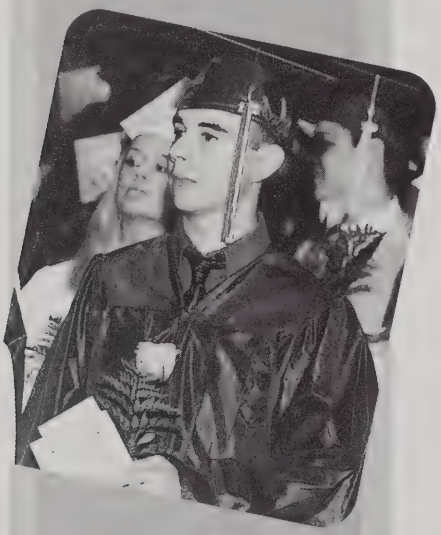
Katie Vomero gives her inspiring oration.

Allison Bunten receives an award.

Danny Dinis and Chris Lavoie read the class history for senior year.



Senior John Pereira writes his mom a letter.



Senior Nick Newman waits to be seated.

Junior Mark Santos is handed the peace pipe by senior Katie Vomero.

Senior Jeff Pyzocha greets his emotional mother with a rose and a letter giving thanks. Yellow roses were handed out to seniors to give to their parents.

Senior Assembly

All of Our Memories

Besides graduation, senior assembly is a moment that seniors look forward to during senior week. The assembly, which is organized by the juniors, allows the seniors to realize how far they have come throughout the years.

In many ways, senior assembly is the juniors' tribute to the graduating class. Junior class president Marc Santos begins by welcoming the Class of 2003. In honor of the seniors, a comedy skit of their ten year reunion is enacted by the juniors. The most reminiscent aspect of the assembly is during the youth and high school picture slide show. After weeks of preparation, the seniors finally present their letters and yellow roses to their dedicated parents. This is preceded by the final slide show of baby and senior photographs. The symbolic passing of the peace pipe from the senior class president to the junior class president continues the tradition. The emotional day ends with the candle ceremony surrounding the graduating class.

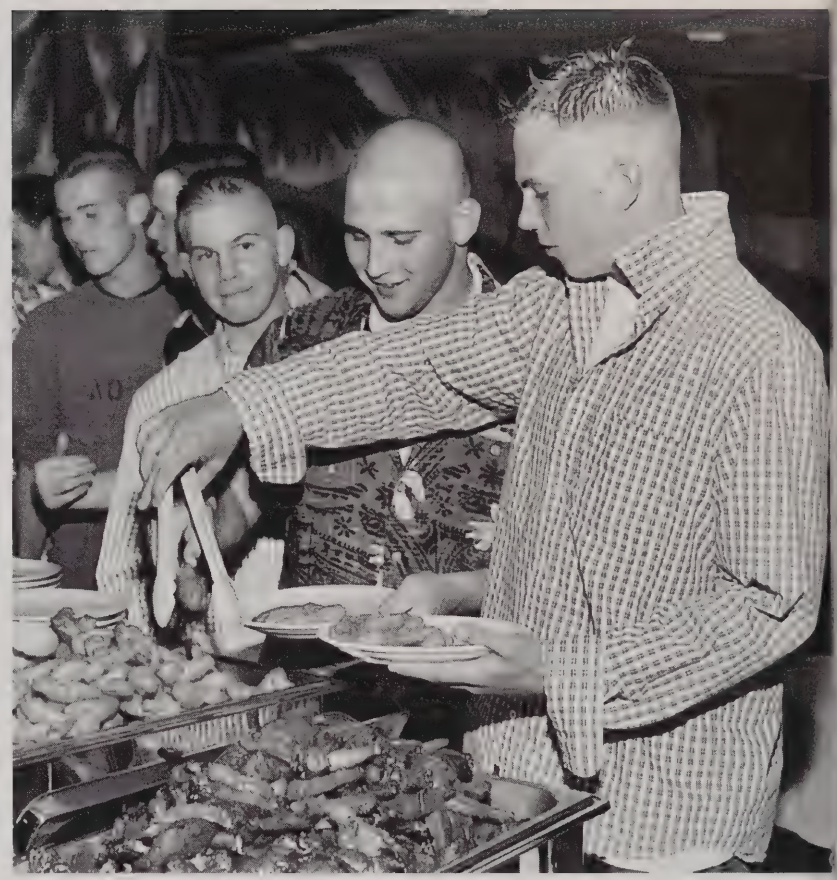
▼ Seniors, Amelie Lonczak, Erin Ostrowski, Jen Howard, Christina Faria, and Katie Vomero sing "Roots and Wings."

▼ Juniors encircle the graduating seniors during the candle ceremony that honors the seniors and allows juniors to say their goodbyes.

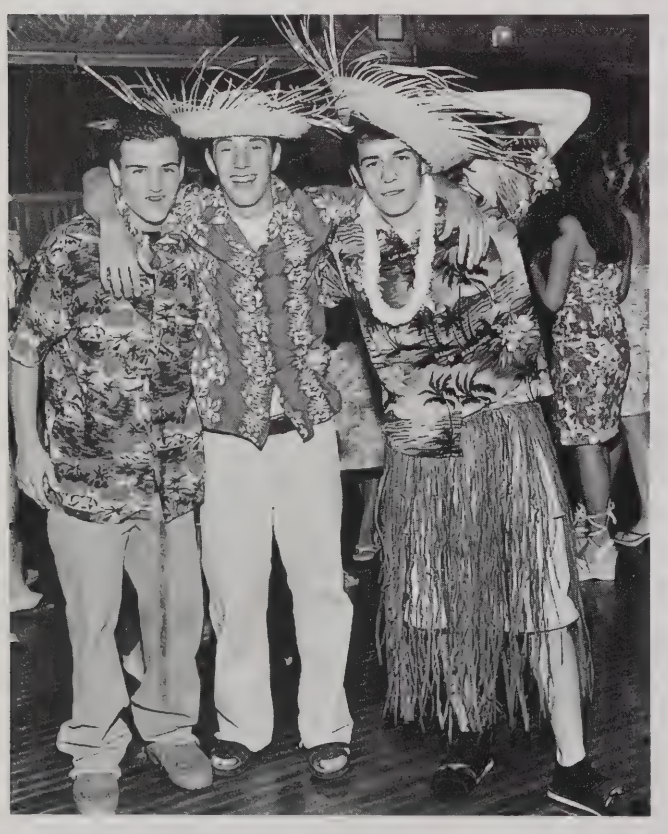
▲ Juniors Jennifer Priore, Matt Guberow, and Matt Bates depicted a comical portrayal of the Class of 2003's ten year reunion.

◀ Senior Sabrina Liberty gives a heart-warming hug to her mother. Sabrina opted to give her mom a gift along with the letter.

➤ Corey Mange, Mark Liberty, David Porter, Adam Abair, and Josh Naginewicz dig into the buffet that features Chinese food.



➤ Crystle Kaytra and Missy Miller top off the banquet by dancing the night away.



➤ Mike Lalli, Bryon Almeida, and Jay Zina brought the Hawaiian theme of the Senior banquet full circle.

➤ *Front*: Dan Dinis, Liz Goncalves, Robert Grumoli, Katie Tetreault, Catie Potter. *Back*: Yolanda Kruczkowski, Andrea Ferreira, Phil Carvalho, Filipa Filipe, Alyssa Moriarty, and Stephanie Perez. The banquet allowed the seniors to come together one last time before graduation.

Senior Banquet

Full Circle

On May 29th, the night before graduation, the class of 2003 enjoyed a night of eating and dancing at the Hu Ke Lau. The banquet allowed the seniors to come together before their last day as high school students. The atmosphere also allowed students to dress up in their Hawaiian-inspired outfits. Outfits ranged from Hawaiian skirts to Hawaiian style flower patterned shirts. In addition, the event gave seniors the opportunity to distribute last minute senior pictures and really see their all their classmates together in a social setting.

One of the highlights of the banquet was the food. If the music wasn't enjoyable enough, the Chinese food did the trick. Students took delicious advantage of the buffet.

Senior banquet allowed students to enjoy a night as a class and forget that in a day, they would no longer be students of LHS, but its graduates.

Chrissy James and Amelie Lonczak.

Matt Bamber, Josh Yelle, Rich Belliveau, and T.J. Midura.

▲ Catia Henriques, Rosaleen Lewis, Ashley Gaudreau, Sylwia Lachut, Allison Bunten, and Danielle Methot enjoy the tropical backdrop and the all-you-can-eat buffet.

Erin Ostrowski and Lisa Swist.

Graduation

End of the Line

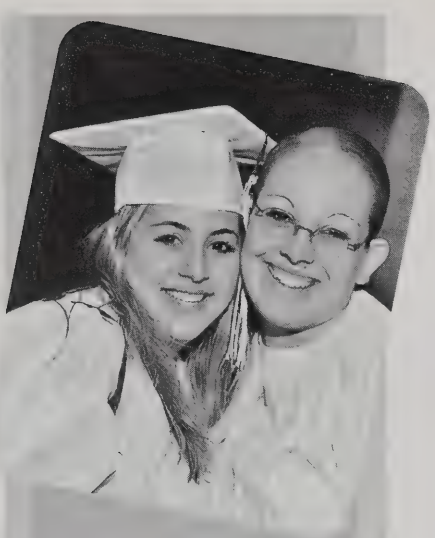
On May 30th, the class of 2003 finalized its high school chapter with graduation at the Mullins Center.

Graduates entered with the traditional processional "Pomp and Circumstance" played by the LHS band. However, unlike in previous years, this year's farewell addresses were given by the third and fourth ranking students in the senior class, Eric Scheer and Lauren Pereira.

Seniors involved in the band and concert choir performed their last number. The band played the very moving arrangement, "On a Hymnsong of Phillip Bliss," while the choir sang, "Dona Nobis Pacem."

The graduation message given by class president Kathryn Vomero encouraged graduates to dream and to live life "as though it were momentous." Following the speech, principal Dr. James Cokkinias gave out awards to students who maintained high scholastic achievement in various subject areas.

(continued on page 139)

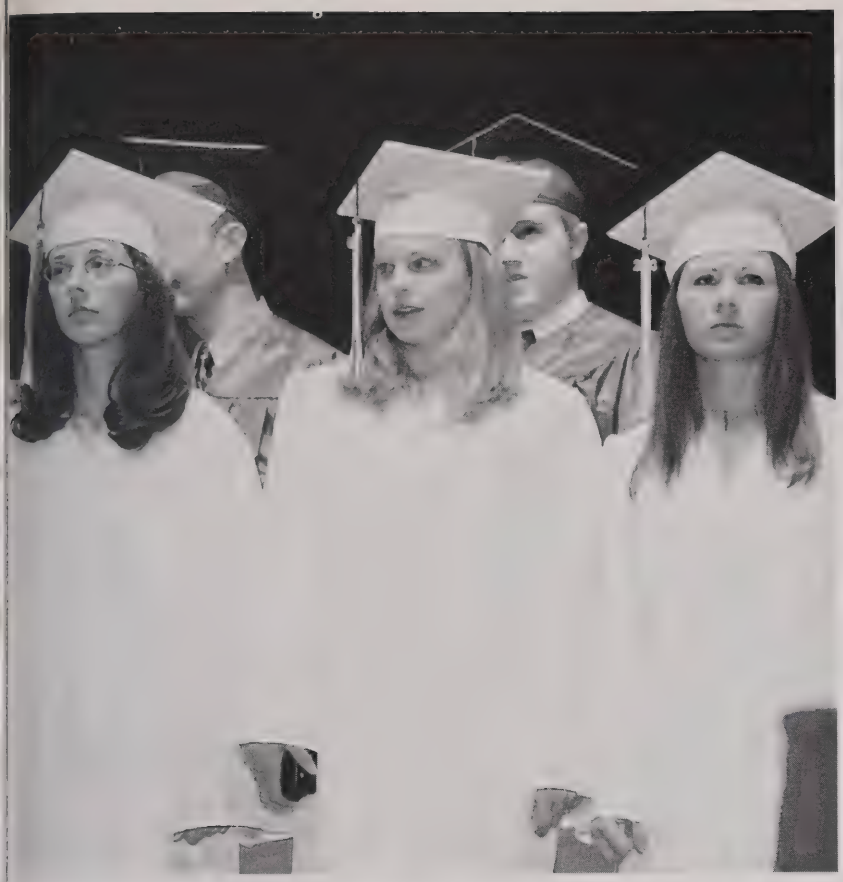


Rachel Kania and Meaghan Murphy.

Heather Gregoire, Dan Sai, and Danny Dinis.

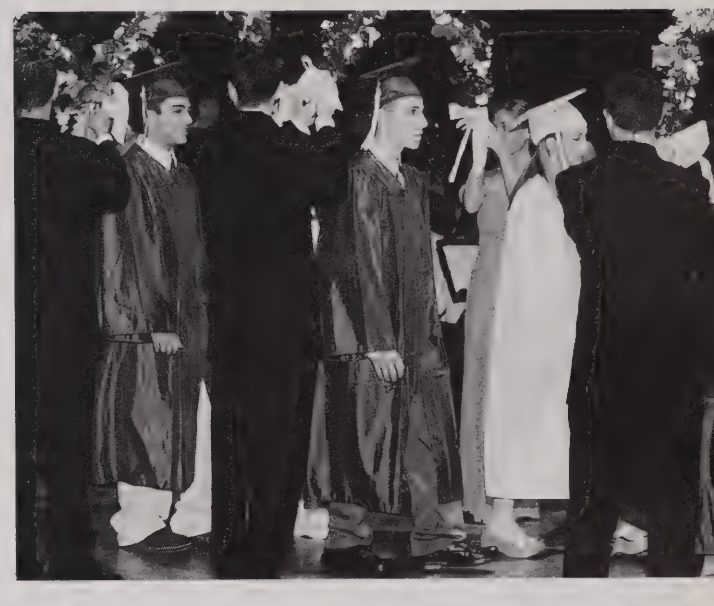
Dave Cardona, Josh Yelle, Chris Gates, and Adam Glista.

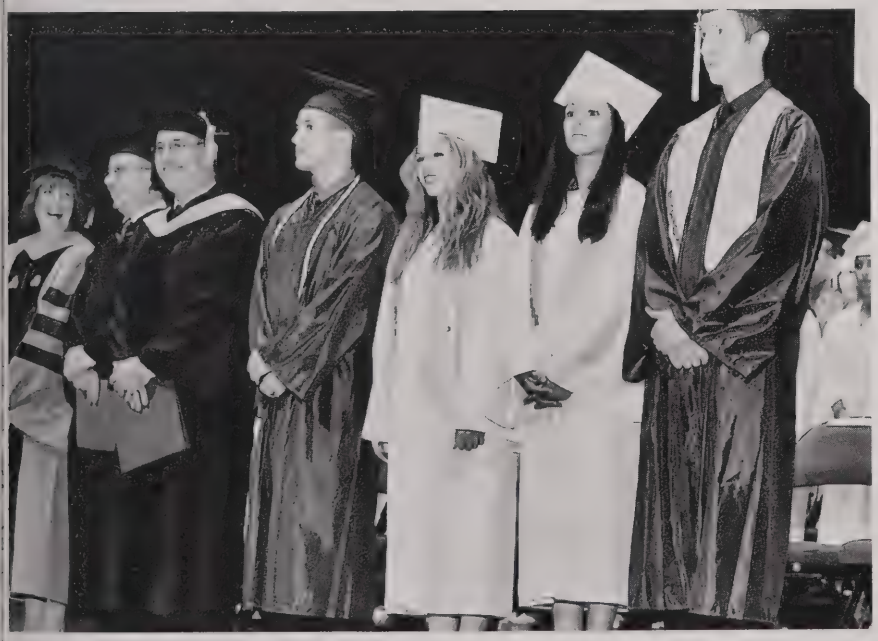
▲ Sheri Roxo is awarded the Bernard Burns Art Award for excellence in the study of art by principal Dr. James Cokkinias.



◄ Cathy Rouleau, Catie Potter, and Katie Tetreault, along with all the graduates, wait to be seated.

▼ The junior arch bearers lead seniors to the stage at the Mullins Center during the processional, "Pomp and Circumstance."





▲ Associate superintendent Dr. Theresa Kane, school committee chairman Mr. Joseph A. Santos, superintendent of schools Dr. John Welch, valedictorian Todd Regnier, salutatorian Kathryn Vomero, and speakers Lauren Pereira and Eric Scheer face the audience as the class of 2003 prepares to be seated.

▲ Sven Pfefferkorn receives his diploma from superintendent of schools Dr. John Welch.

Melissa Callahan plays her last piece with the LHS band, the moving "On a Hymnsong of Phillip Bliss."

Dr. John Welch awards Fatima Abdullah her diplomma. A member of the National Honor Society, Fatima graduatec with honors.

Awards

Peter Boita Award
Excellence in the Study of Mathematics
Todd Regnier

Science Department Achievement Award
Excellence in the Study of Science
Todd Regnier

Bernard Burns Art Award
Excellence in the Study of Art
Sheri Roxo

Foreign Language Award
Excellence in the Study of Foreign Languages
Angelique Colby

LHS Award
Excellence in Girls' Athletics
Katelyn Gomes

James P. Rooney Award
Excellence in Boys' Athletics
Mathew Chaplin

Ludlow Education Association Award
Number 1 Ranking Student
Todd Regnier

American Legion Award
School Citzenship Award
Amanda Santos

William D. Mullins Student Government Award
Leadership and Service to LHS
Amelie Lonczak

John J. Hurley Award
Excellence in the Study of Social Studies
Jennifer de Sousa

Florence M. Saulnier Award
Excellence in the Study of English
Kathryn Vomero

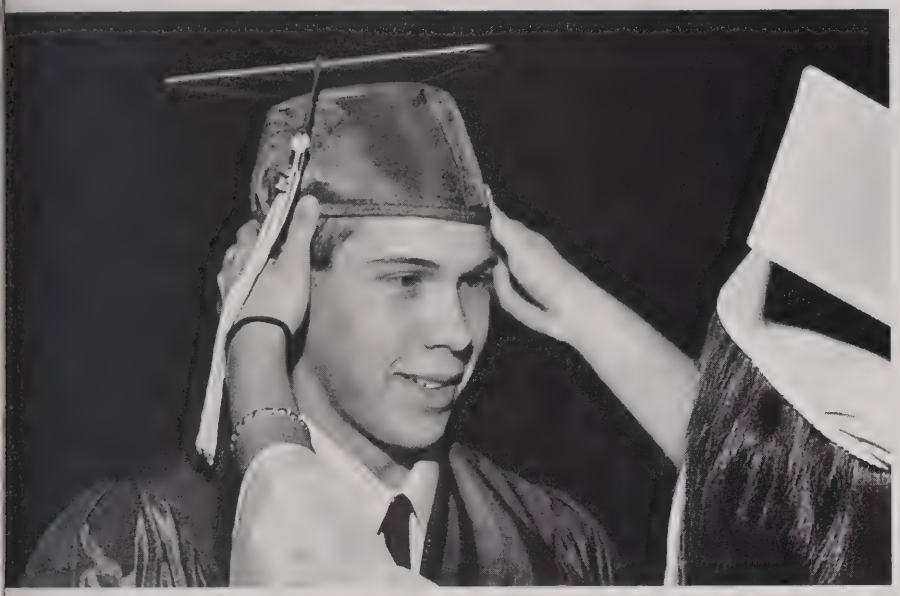
George E. Russell Award
Excellence in the Study of Literature
Benjamin Pease

Paul R. Baird Ludlow Legion Post 52 Award
Excellence in the Study of US History
Todd Regnier

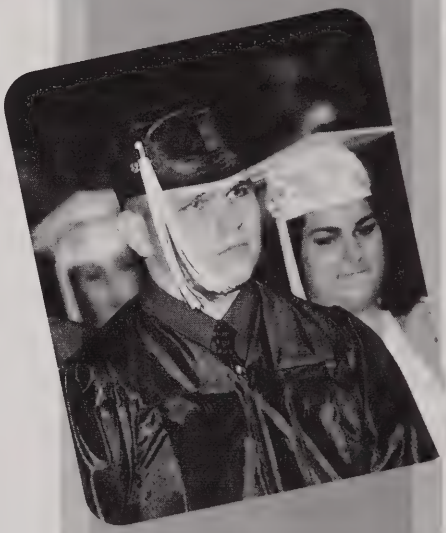
Gregory Wrinn Award
Excellence in the Study of Choral Music, Music History, and Music Theory
Kathryn Vomero

Director's Award
Excellence in the Study of Instrumental Music
Danielle Methot
Nicole Santos

Brian Minie has his girlfriend, Katie Gomes, adjust his cap. Many graduates found the gowns to be uncomfortable and at times, the caps were difficult to position.



Eric Scheer and Manny Moutinho.



Tom Kowalski and Nicole Santos.

Richie Belliveau, Kris Grimshaw, Matt Bamber, and Stacy Santos.

Graduation

End of the Line

(continued from page 136)

Like other graduations in the past, orations were given by the superintendent of schools, Dr. John Welch, and the school committee chairman, Joseph Santos. Both speeches encouraged graduates to strive to achieve and to never give up on what may at times seem unattainable.

The distribution of diplomas soon followed as graduates lined to receive what would officially mark the end of their high school careers. These moments were not without some sadness. A moment that was highly emotional was when the mother of the deceased Derek Gosselin, Kathy Zilaro, accepted Derek's diploma in his place. Together, the class of 2003 gave Mrs. Zilaro a standing ovation on behalf of her son and her unrelenting strength.

United for the last time, the class of 2003 made the **final** movement of the tassel which not only defined the class of 2003 as graduates but symbolized the beginning of a journey that would be blessed with possibilities and opportunity.

Matty Kapinos
and
Amy Rodrigues

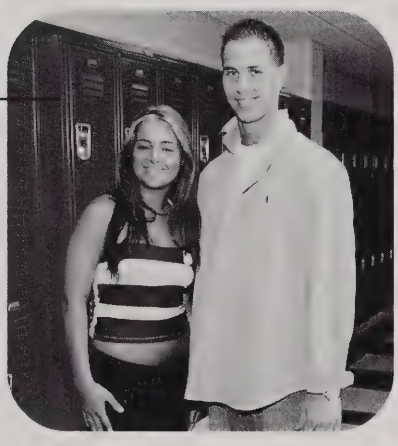
BEST eyes

Marcio Duarte
and
Amanda Santos

BEST smile

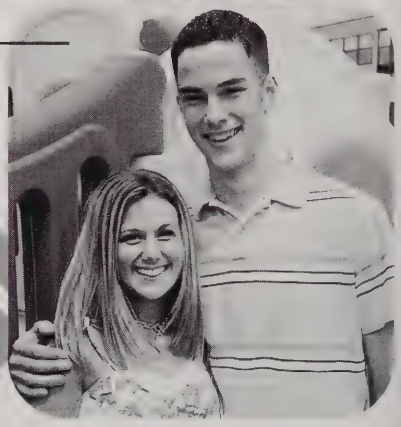
Liana Gama
and
Tyler Severyn

BEST dressed



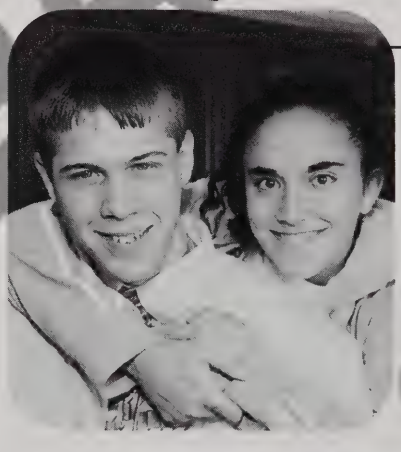
Amanda Santos
and
Richie Belliveau

BEST looking



Lauren Pereira
and
Jay Zina

BEST flirts



Brian Minie
and
Katie Gomes

BEST couple

Ryan O'Sullivan
and
Heather Leone

BEST clowns

Josh Yelle
and
Kate Romansky

BEST changed

Katie Vomero
and
Joe Goncalves

ambitious

Seth Reich
and
Amelie Lonczak

schoolspirit

Casey Siok
and
Amelie Lonczak

stressed

Todd Regnier
and
Katie Vomero

scholars

Derek
Chandonnet
and
Amanda Martin

pet

Natalie Gebo
and
Manny
Moutinho

opinionated

Manny
Moutinho
and
Katie Vomero

likely to
succeed

T.J. Midura
and
Amelie Lonczak

involved

T.J. Midura
and
Josh Yelle

inseparables

Liana Gama
and
Nicole Lamica

inseparables

Danielle Reilly
and
Joe Almeida

disorganized

Meghan Dolan
and
Todd Regnier

organized

Cathy Rouleau
and
Mike King

shy

Joe Goncalves
and
Agata Karas

friendly

Kevin Chelo
and
Catia Henriques

likely never to leave Ludlow

Ben Pease
and
Angel Colby

likely to leave Ludlow

John DaCruz
and
Beth Cochenour

athletes

Derek
Chandonnet
and
Sheri Roxo

talkative

Chrissy James
and
Jay Zina

dancers

Katie Vomero,
Mike Norris,
and
Ben Pease

musicians

Jay "Bomber"
Barbeau
and
Jen "J-Ho"
Howard

nicknames

Fatima Abdullah
and
Justin Chenaille

artists

Stacy Santos
and
Derek
Chandonnet

sneeze

Heather Leone
and
Armando
Amaral

drivers

Adam Abair 84, 91, 134
27 Stebbins St.

Fatima Abdullah 18, 68, 72, 76, 86, 105, 118, 129, 130, 138, 143
Independent
"Carpe diem."
83 Chapin Greene Dr.

Gisele Afonso
99 Hubbard St.

Michelle Aguilar 18
802 Moore St.

Bryon Almeida 18, 74, 134
Rambunctious
"People who live in glass houses shouldn't throw stones."
721 Moore St.

Joseph Almeida 18, 121, 142
460 Ventura St.

Cole Alves 18, 80, 91
139 Lakeview Ave.

Armando Amaral 18, 112, 117, 126, 128, 143
Complicated
"If you don't expect anything from life, you are never disappointed."
351 Fuller St.

Michael Amaral 18, 92, 93
27 Hunter Rd.

Matthew Assarian 18, 69, 72
45 Erin Ln.

Allison Aurnhammer 18, 69
Quixotic
"I know it seem hard sometimes, but remember one thing - through every dark night there's a bright day after that. So no matter how hard it get, stick your chest out, keep ya head up, and handle it."
- Tupac Shakur
28 Fox Run Dr.

Liliana Azevedo 18, 74, 77
42 Amherst St.

Matthew Bamber 18, 72, 84, 85, 100, 135, 139
n00BiE
"Fate can only take you so far because when you get to the end, it's up to you to make it happen. Till our paths cross again."
26 Higherbrook Dr.

Jason Barbeau 74, 143
272 Ventura St.

Angela Barroso 18
Sweet
"Life is an endless process of self-discovery."
105 Arnold St.

George Barroso 19
110 West Akard St.

Michelle Bedard
14 Fairway Dr.

Brandy Belanger 19
Unique
"In the end you will see, no one will stop me!"
97 Maebeth St., Springfield

Richard Belliveau 104, 135, 139, 140
Humorous
"Desire is power."
84 Arthur St.

Oleg Belyshev
42 Charles St.

Jeffrey Bernardes 19
334 Woodland Cir.

William Bigda, Jr. 19
201 Erin Ln.

Matthew Boucher 19, 70, 71, 72, 120
554 Poole St.

Mark Bousquet 5, 19, 100, 101
29 Pleasant St.

Allison Bunten 19, 70, 71, 75, 11 131, 135
78 Aldo Dr.

Katie-Lynn Burek 114, 128
Outgoing
"There is a time to let things happen and time to make things happen."
45 Longview Cir.

Melissa Callahan 19, 70, 71, 75, 76, 138
Daring
"Life is like a box of chocolates. You never know what you're gonna get ... unless you look under the top of the box."
113 James St.

David Cardona 7, 19, 84, 99, 13
73 Ventura St.

Philip Carvalho 19, 126, 134
19 Fox Run Dr.

Derek Chandonnet 19, 74, 92, 1 143
106 East St.

Matthew Chaplin 19, 87, 92, 10 101, 125
Athletic
170 Pondview Dr.

Erin Charpentier 75
35 Scott St.

Kevin Chelo 80, 81, 142
35 Paulding Rd.

Justin Chenaille 20, 127, 143
95 Moody St.

Elizabeth Cochenour 83, 98, 143
11 Posner Cir.

Adam Coelho 20, 84, 104
10 Helene St.

Megan Coelho 20, 75, 128
20 Blanchard Ave.

ngelique Colby 9, 73, 77, 117, 42
Indescribable
We are always getting ready to live, but ever living."
- Emerson
4 Grimard St.

olie Condon 10, 20, 72, 76, 89, 8, 123, 130
Enigmatic
Never be bullied into silence. Never llow yourself to be made a victim. ccept no one's definiton of your life; efine yourself."
2 Parker Ln.

anielle Cooley 20, 129
8 Berkshire Ave.

illiam Corbett
229 Miller St.

ulieta Cordeiro 20, 68, 72, 74, 75, 126, 130, 176
Random
"Life is a drama when seen in close up, but a comedy in long shot."
- Charlie Chaplin
51 Fairway Dr.

usan Correia 7, 20, 74
290 Winsor St.

oao DaCruz 20, 80, 90, 91, 108, 115, 143
24 Lockland Ave.

ennifer de Sousa 20, 68, 72, 73, 76, 112, 125, 128, 130, 176
Spastic
"Don't get yourself in over your head."
35 Pine St.

Celia Demers 10, 74, 77, 117
23 Spring St.

Kristen Demers 10, 72, 77, 117
23 Spring St.

Anthony Deming 20
Aggressive
"Joy wouldn't feel so good if it wasn't for pain. Death got to be easy cuz life is hard; it will leave you physically, mentally, and emotionally scarred."
458 Miller St.

Christopher Dias 8, 20, 72, 76, 99, 113, 120, 128
Incomprehensible
"If at first you don't succeed, failure may be your style."
818 East St.

Daniel Dinis 20, 73, 76, 77, 117, 126, 130, 131, 134, 136
Portuguese
"It's my life,
It's now or never,
I ain't gonna live forever,
I just want to live while I'm alive..."
- Bon Jovi
106 Amherst St.

Paula Dionne 21
Crazy!!!
"It is indeed ironic that we spend our school days yearning to graduate and our remaining days waxing nostalgic about our school days."
- Christine Todd
998 Liberty St.

Meghan Dolan 21, 72, 76, 103, 108, 113, 126, 128, 130, 142
Sweet
"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind."
108 Gamache Dr.

Marcio Duarte 21, 80, 91, 140
87 Haviland St.

Michael Egela 21, 99
45 Holy Cross Cir.

Timothy Esteves 21
57 Pond St.

Christina Faria 21, 88, 122, 133
127 Fuller St.

Sharon Feeley 21
24 Arnold St.

Cecilia Fernandes 17, 21, 77
Crazy Dancer
"If you truly want it, you can do it anytime."
53 Essex St.

Andrea Ferreira 21, 68, 134
Plucky
"The most courageous act is still to express yourself aloud."
- Coco Chanel
105 Clearwater Cir.

Karla Ferreira 21
158 Fuller St.

Marc Ferreira
9 Cady St.

Filipa Filipe 21, 134
97 Americo St.

Darell Finnerty 21
239 State St.

Adam Fuller 22
861 Fuller St.

Thomas Gamelli 22
57 Old Coach Cir.

Brian Garcia 22, 72, 74, 76, 80, 87
125 Lockland Ave.

Michael Garrity 22, 74, 92, 115
137 Amostown Rd., West Springfield

Christopher Gates 22, 100, 136
45 N. Arthur

Ashley Gaudreau 22, 135
Unknown
"Some people walk in the rain; others just get wet."
- Miller
377 Miller St.

Natalie Gebo 22, 72, 74, 76, 82, 83, 108, 130, 131, 141
Loud
"... live well ... love much ... laugh often..."
42 Aldo Dr.

Adam Glista 22, 92, 93, 136
297 Cady St.

Daniel Gomes
146 East St.

Katelynn Gomes 22, 68, 75, 77, 83, 105, 138, 140
Determined
"Success is not destined: it is given to those who are willing to work and stop at nothing to accomplish their goals."
151 Moore St.

Nichole Gomes 11, 22
Rambunctious
"When people are to do as they please, they usually imitate each other."
- Eric Hoffer
72 Westerly Cir.

Elizabeth Goncalves 8, 22, 68, 69, 130, 134
Unique
"In three words I can sum up everything I've learned about life: It goes on."
- Robert Frost
168 Lakeview Ave.

Joseph Goncalves 22, 68, 72, 73, 86, 129, 130, 141, 142, 176
Unimaginable
"Anything you can do, I can do better."
928 Poole St.

Mike Goncalves
11 Simonds St.

Amber Goodreau 23, 70, 71, 82, 83, 112
Eccentric
"You'll never see the stars if you're always looking down."
14 Florida St.

Derek Gosselin 23, 150
27 Chapin Cir.

David Gray 23
76 Kirkland Ave.

Heather Gregoire 23, 72, 75, 77, 117, 127, 136
Cowgirl
"If your success is not on your own terms, if it looks good to the world but does not feel good in your heart, it is not success at all."
- Anna Quindlen
12 Vienna Ave.

Kristopher Grimshaw 92, 139
133 Moody St.

Robert Grumoli 23, 123, 134
Silly
"Life always has unknown adventures."
23 Fenway Dr., Springfield

Danielle Hagen 17
73 East St.

Adam Haney 23, 77
Well-Rounded
"You're the man now, dog."
Sean Connery
501 Holyoke St.

Catia Henriques 23, 71, 72, 77, 135, 142
Portuguesa
"I am not afraid of tomorrow, for I lived through yesterday, and I smiled through today."
37 Lakeview Ave.

John Henriques 23, 68, 72, 76
18 Brownell St.

Melissa Holland 11, 23, 69, 72, 73
Naked #3
"Give me a chance to shine, and I'm going to blind the world."
- Anonymous
17 Grandview Ave.

Jennifer Howard 17, 23, 71, 72, 75, 88, 98, 123, 133, 143
Precious
"Family is like fudge ... mostly sweet with a few nuts."
724 Center St.

Laura Jacinto 23, 72
154 Westerly Cir.

Christine James 24, 112, 122, 123, 126, 135, 143
Warm-Hearted
"Be more concerned with your characte than your reputation. Your character is what you really are while your reputatic is merely what others think you are."
95 Aldo Dr.

Jessica Jorge 7, 24, 74, 80, 128
20 Mazarin St., Springfield

Rachel Kania 23, 76, 136
96 Chapin Greene Dr.

Matthew Kapinos 23, 80, 81, 140
Tacao!
115 Main Blvd.

Agata Karas 8, 23, 114, 142
22 Bluebird Cir.

Crystle Kaytra 23, 126, 134
55 Overlook Dr.

Michael King 142
98 Pondview Dr.

Magdalena Kopacz 8
147 Whitney St.

Anita Korrell 17, 23, 74, 76
39 Pine St.

Thomas Kowalski 139
35 Hunter Rd.

Yolanda Kruczkowski 23, 107, 122, 123, 130, 134
Random
"It's OK, I go to the gym now."
39 Clearwater Cir.

Sylwia Lachut 24, 132
118 Blisswood Dr.

Catherine Lagerstrom 17, 124
738 Fuller St.

Michael Lalli 24, 80, 134
17 Andrew St.

Nicole Lamica 25, 142
Difficult
"Live each day as if it's your last and never look back."
204 Lawton St.

Elizabeth Laneiro 25, 75, 128
250 Prospect St.

Christopher Lavoie 9, 25, 72, 76, 77, 113, 116, 117, 131
Francophile
"Cap and gown: $30. Four AP tests: $240. Banquets, field trips, and other class activites: $500. Spending four years with my best friends: priceless."
791 Chapin St.

Victoria LeBlanc 25
132 Hubbard St.

Eric Leal 25
348 Woodland Cir.

Heather Leone 25, 72, 74, 76, 83, 108, 112, 140, 143
Unpredictable
"What lies behind us and what lies ahead of us are tiny matters to what lives within us."
95 Oak Knoll Cir.

Rosaleen Lewis 25, 75, 77, 86, 105, 122, 123, 135
"Après moi, le déluge."
- Louis XV
605 Center St.

Mark Liberty 90, 91, 134,
601 Fuller St.

Nicole Liberty 25, 126
601 Fuller St.

Sabrina Liberty 25, 133
44 Haswell Cir.

Michael Lima 25, 80, 81, 129
211 Holyoke St.

Jordan Liszka 25
91 Cedar St.

Karisa Livingston 25, 70, 71, 72, 75, 76, 103, 113, 125, 126, 128, 130
Determined
"Experience is a hard teacher. She tests first and teaches afterward."
46 Laurel Ln.

Amelie Lonczak 26, 71, 72, 73, 74, 75, 76, 89, 133, 135, 141
Naked #1
"Our greatest glory is not in never falling, but in rising each time we fall."
- Confucius
82 Voltage Ave.

Daniel Loranger
193 Kendall St.

Elzbieta Lozuk 26
55 Pine St.

James Macdonald
79 Oak St.

Christopher Mainville 26, 74
612 Fuller St.

Allison Majka 26, 126
74 Ray St.

Corey Mange 91, 134
599 Alden St.

Daniel Marques 26, 81
51 Higherbrook Dr.

Amanda Martin 11, 26, 72, 75, 76, 88, 130, 141
Determined
"The difference between the impossible and the possible lies in a person's determination."
149 Chapin St.

Angela Martins 26, 114, 115, 129
96 Church St.

Jennifer Martins 26, 112
79 East Akard St.

Matthew Mattoon 26
110 Worcester St., Springfield

Lindsay McCarthy 26, 108, 115
Prissy
"Learn from yesterday, live for today, hope for tomorrow."
91 Heritage Dr.

Kimberly McKelvey 26, 126
56 Munsing Ave.

Danielle Methot 26, 70, 71, 135
Apologetic
"Ignorance, the root and stem of every evil." - Plato
4 Alice St.

Brian Michalski 27, 92, 93
212 Holyoke St.

Thomas Midura 27, 73, 127, 135, 141, 142
Sarcastic
"I could easily say what I really think about everybody, but half the world's population would end up in tears."
135 Waverly Rd.

Melissa Miller 27, 126, 134
65 Parkview St.

Brian Minie 27, 92, 100, 139, 140
Competitive
"It was the best of times, it was the worst of times; but in the end it is these times that we will never forget."
175 Mass Ave.

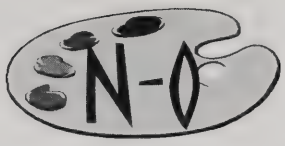
Michelle Minnie 27
166 Ware Rd., Palmer

Alyssa Moriarty 27, 103, 130, 134
43 Manor Ln.

Manuel Moutinho 27, 68, 73, 76, 102, 130, 139, 141
106 Bridle Rd.

Meaghan Murphy 27, 136
117 Kirkland Ave.

Joshua Naginewicz 27, 134
116 John St.



Adrian Navarro
13 Cambridge St.

Nicholas Newman 27, 132
342 Monson Turnpike Rd., Monson

Michael Norris 27, 70, 71, 72, 73, 76, 77, 86, 99, 113, 117, 119, 126, 143
Animated
"Hey! Wanna see my new Hit-tah-chee?"
31 Andrew St.

Shawn O'Rourke 27, 87
425 Miller St.

Ryan O'Sullivan 69, 140
Toothless and Ruthless
103 Center St.

Erin Ostrowski 28, 92, 108, 115, 133, 135
129 Colonial Dr.

Benjamin Pease 28, 70, 71, 72, 102, 142, 143
Pudding
"When one man, for whatever reason, has the opportunity to lead an extraordinary life, he has no right to keep it to himself."
- Jacques Yves-Constean
60 Woodside Rd.

John Pereira 84, 85, 91, 132
983 Center St.

Lauren Pereira 28, 72, 74, 76, 82, 83, 103, 113, 115, 126, 130, 137, 140
Dork
"Don't frown because you never know who is falling in love with your smile."
201 Stivens Terrace

Stephanie Perez 28, 118, 134
139 Marion Cir.

Caitlin Pestana 28
Nosy
"Our character is what we do when we think no one is looking."
- H. Jackson Brown, Jr.
351 Chapin St.

Sven Pfefferkorn 28, 80, 81, 137
35 Folvi Cir.

David Porter 28, 134
31 Chadbourne Cir.

Catherine Potter 28, 70, 71, 76, 134, 137
"Friends come and go, but memories are forever."
359 Lyon St.

Steven Prior 28, 84, 91
138 Center St.

Todd Prokop 72, 73, 76, 89, 112
Curious
"To be great is to be misunderstood."
- Ralph Waldo Emerson
877 Lyon St.

Adam Provost 71
225 Lyon St.

Chrystal Ptaszkiewicz
127 Center St.

Jeffrey Pyzocha 28, 70, 71, 132
32 Cherry St.

Todd Regnier 28, 73, 130, 137, 141, 142
Transcendent
"Trust thyself: every heart vibrates to that iron string."
- Ralph Waldo Emerson
317 Colonial Dr.

Seth Reich 28, 84, 85, 90, 91, 141
110 Swan Ave.

Andrew Reilly 29
186 Miller St.

Danielle Reilly 122, 142
59 Thornwood St., Chicopee

Darcie Rickson 29, 82, 83, 108
Sensitive
"But I have promises to keep,
And miles to go before I sleep."
-Robert Frc
84 Clark St.

Meghan Robillard 29, 74, 83, 10
58 Erin Ln.

Amy Rodrigues 29, 72, 140
96 Pine Knoll Dr.

Victor Rodrigues
62 Duke St.

Katherine Romansky 29, 140
26 Berkshire St.

Lucas Rosa 29, 100
Delicious
"Life is too short to grow up..."
36 Cady St.

Catherine Rouleau 29, 77, 137, 142
Quiet
"Life stinks so things can only get better."
302 Fuller St.

Sheri Roxo 29, 75, 136, 143
77 Meadowlark Cir.

Lisa Rua 29, 68, 71, 72, 130, 176
Movie Fanatic
"Life isn't about finding yourself. Life is about creating yourself."
- George Bernard Shav
46 Berkshire St.

Daniel Sai 29, 76, 112, 113, 136
Magnanimous
"The only time you define your character is when you go without. In times of hardship, you find out what you're made of and what you' re capable of. If you're never tested, you'll never define your character."
- Henry Rollin
21 West Orchard St.

Henrikas Sakalinskas 7, 117, 127
15 Summer St.

Michael Saloio 29, 74, 87, 115
Indecisive
"You can take me outta the hood, but you can't take the hood outta me."
504 Miller St.

Amanda Santos 29, 72, 94, 108, 112, 140
Perky
"Reality is wrong ... dreams are for real."
827 East St.

Anthony Santos 30, 113
14 Circuit Ave.

Nicole Santos 30, 70, 71, 72, 76, 118, 138
Quasi-Musical
"In three words I can sum up everything that I've learned about life: It goes on."
- Robert Frost
3 Brimfield St.

Stacy Santos 30, 76, 82, 83, 108, 139, 143
Tease
"Appreciate what you have. You will miss it when it's gone."
52 West Belmont St.

Joanna Saraiva 30
114 Timothy Cir., Springfield

Eric Scheer 30, 72, 73, 87, 125, 130, 137, 139
25 Wood Dr.

Tyler Severyn 80, 81, 140
419 Miller St.

Casey Siok 30, 80, 81, 141
115 Miller St.

Gina Small 30
Wild
"Life is short, so party we must."
208 East St.

Megan Smolinski 30, 71, 83, 128
45 Margaret Ln.

Lisa Swist 30, 72, 103, 113, 135
82 Higherbrook Dr.

Steven Tavares 91
160 Center St.

Susana Tavares 30, 72
Perfectionist
144 Whitney St.

Benjamin Taylor 30, 84, 85, 100, 101, 109
371 Alden St.

Katherine Tetreault 30, 130, 134, 137
161 Colonial Dr.

Megan Tourtellotte 31, 68
Random
"You're all sheep. Baaa."
- Can't Hardly Wait
60 Crittenden St., Springfield

Michelle Turgeon 31
71 Woodside Rd.

Bruno Varandas
69 Pine St.

Ricardo Varandas
69 Pine St.

Adrian Vega
107 Overlook Dr.

Kurt Verteramo
211 Cady St.

Kathryn Vomero 12, 31, 70, 71, 72, 73, 75, 76, 109, 118, 130, 131, 132, 133, 137, 141, 143
Naked #2
"Dream as if you'll live forever. Live as if you'll die today."
- James Dean
161 Erin Ln.

Matthew Weiss
40 Sroka Ln.

Christopher Wozniak 31, 73, 74, 76, 125
Jolly
"What are you doing, man?"
126 Alfred St.

Alexandria Yanka 31, 69, 73, 74, 115
Stressed
"...to leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know that even one life has breathed easier because you have lived. This is to have succeded."
- Ralph Waldo Emerson
250 Miller St.

Joshua Yelle 31, 69, 114, 135, 136, 140, 142
667 East St.

Adam Young 31, 72, 100
48 Chapin Cir.

Jay Zina 31, 87, 128, 134, 140, 143
Wild
"My guardian angel once told me ... meow."
680 Chapin St.

Marta Zukowski
15 Highland Ave.

In Loving Memory
Derek Gosselin
1984 - 2003

Forever In Our Hearts,
Class Of 2003

Congratulations Mark & Nikki!

We blinked and you grew up to be wonderful, successful individuals. We are very proud of you. May you find happiness in your lives as you have given to us.

Love, Mom, Dad, & Brian

DAVID

We hope your future holds everything in life that you want. Remember we love you and will always be here for you. We will support you in whatever you choose to do. Congratulations!!!

Love, Mom, Dad, & Alicia

JOSHIE-

YOU'RE NOT JUST A BROTHER, YOU'RE A BEST FRIEND. I LOVE YOU WITH ALL MY HEART. BEST OF LUCK IN THE FUTURE.

LOVE, YOUR LITTLE SISSY

- MARISA

T.J.,

I'ts been but a flash of time since your first graduation. You've grown into a fine young man on the threshold of seeking your fortune. Aim high. Follow your dreams. Don't let anyone discourage you. Don't settle for a second best. Most of all, be true to yourself and be happy. Remember that we will always be here for you.

We love you very much!

Mom, Dad, & Kirstine

Meghan,
We are so proud of you and all your accomplishments. Your warm and loving nature and wonderful sense of humor have brought us so much joy through the years. We love you so much.
Mom, Dad, & Kate

You're still our little "PUNKIN"

We love you.

Mom, Dad, Bethany, Rachel, & Nikki

Meghan,
My sister is like no one else
She's my most treasured friend
Filling up the empty spaces
Healing broken places
She is my rock, my inspiration.
Though impossible to define,
In a word, she is . . . my sister.
~Good luck, love you, Katelyn~

Dear Meghan,

It has been such a joy to watch you grow from a sweet little girl to a beautiful young lady. We wish you strength, confidence, and success for all the challenges you will face in your life. We are so proud of you.

Congratultations and Good Luck!

Love,

Mom, Dad, Lindsay, & Ryan

Stacy,
Congratulations! You have always made us so proud in everything you've accomplished and brought such joy to our lives. We wish you much happiness and success. You are destined for great things! Follow your dreams and they will lead you there. You are not only a daughter and sister but a gift from Heaven. God Bless You! We love you!

Mom, Dad, & Anthony

P.S. "I hope you dance." Love, Mom

Darcie,
We are all so very proud of you. We wish you a world filled with love, happiness, and success.
Congratulations!
Love,
Mom, Dad, Melissa, Julie, & Belle

We are so proud of you. Good luck in college. We love you.

Mom, Dad, Steph, Bryan, & family.

May your day be filled with blessings
like the sun that lights the sky,
And may you always have the
courage
To spread your wings and fly!
- Irish Prayer

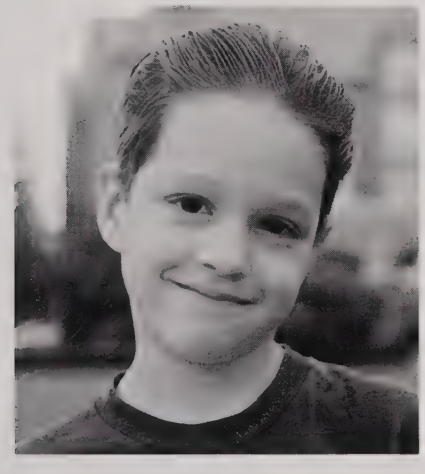
Jolie,
Congratulations
on your
graduation.
Best of luck
and keep
smiling!
Love always,
Mom, Dad,
and Michael

Karisa,
Thank you for sharing! Our best wishes are with you.
Your very proud godparents,
Mima & Pipa

Karisa,
All of your achievements have come from your hard work. We are so very proud of you. May you continue to succeed. Remember, we will always love you and support you.
Love,
Mom and Dad

Karisa,
You are truly my best friend, and I will always be thankful that we are so close.
Congratulations, and never stop reaching for your goals!
Love,
Kara

Jen,
We are very proud of you. We love you very much and wish you all the best that life can offer. Follow your heart and you will succeed.
Boa Sorte!
Love,
Mom & Pai



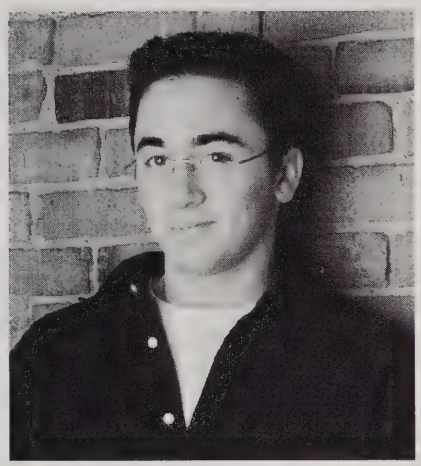
"Best wishes as you bounce through life's moguls."

Love,
Mom, Dad, and Allison

You two are incredibly fun and funny. Good luck in all you do.
Congrats, Guys!

Armando,

Congratulations! We are so proud of you. May all your dreams come true. Please remember that we will always be there for you no matter what.



We know that whatever you set out to do you will accomplish it. Thank you for bringing so much joy and happiness into our lives.

Love,
Mom and Amanda

Juli,

We are all very proud of you. May life bring you health, happiness, love, and success. Always believe in yourself and follow your dreams. Wonderful things to come to those who are unafraid to reach for the stars.

Love,
Mae, Pai, Maggie, & Nelson

Joey,

May all your wishes and dreams come true.

Best of luck!

Love,
Angela & Kristen

Joe,

Congratulations!

The best of luck, happiness, and success in wherever your future leads you.

You've made us very proud. Remember "Give the world the best that you have and the best will come back to you."

With love,

Mom & Dad

Allison,
Congratulations! Wishing you great success in whatever you pursue in life. Much happiness and love.
Mom & Dad

Alyssa,
We can't believe our little "sis" is off to college! You are truly a speical person with a big heart. You're our best friend. Good luck with college; we know you'll do great!
Lots of love,
Erin, Jillian, Whiskers, & Salem

Alyssa,
Off to college? Time has gone by much too fast. Never, never lose that smile.
Love,
Mom, Dad, & Pumpkin

Nicole,
You were always a very determined and independent child. We know these characteristics will take you far in life. We love you and are proud of you and wish you the best life can offer.
Love,
Mom and Dad

Nicky,
Congratulations! We've come a long way from playing with our Barbies to graduation and to college. Good luck in everything that you pursue. I know you can do it!
Love,
Melissa

Matt,
Watching you grow all these years in school has been a joy for us. You have given us wonderful memeories that we will always treasure. Never forget who your #1 fans are.
Best of luck to you and the entire Class of 2003.

Mom & Dad

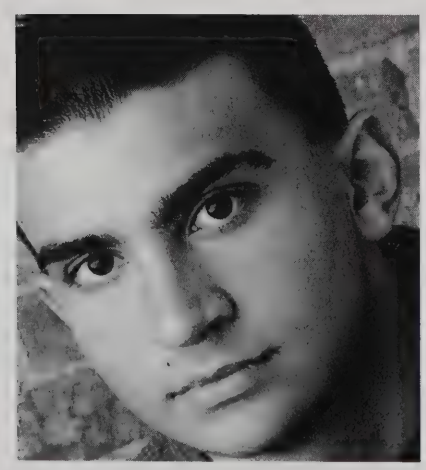
Congratulations, Susan! We are very proud you. Best of luck in the future. We know you'll succeed.
Love,
Mom & Jeffrey

Jessica and Susan,
It seems like you guys have been best friends forever, getting in and out of trouble together. We are proud that you girls have hung in there. I hope you both succeed in your future plans.

We love you, Your Family.

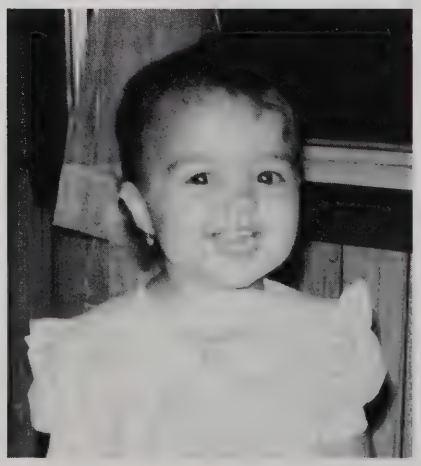
Adam,
We are very proud of your academic and athletic achievements.
Best wishes on all your future endeavors and on what you are about to accomplish.

Love,
Dad, Mom, & Andrew



"Knowledge is Power."

Jessica,
Congratulations!
We're very proud of you. Good luck in the future.
Love,
Mom, Dad, & Steve



Where has all the time gone? Carebears and Teddy bears make me think of you. Tea parties, birthday parties make me smile (I try not to cry). I treasure every moment of your childhood and, like you, I look forward to your future with anticipation of new adventures. But please don't mind me if I can't help but miss my "little Allison Wonderland" sometimes. You are amazing! I love you! Love, Mom

Andi,

We're all so proud of you.

With love from

Mom, Joao, Veronico, Marco,

& Dad

Congratulations Amber!
We are so proud of you and love you with all your hearts. Its so hard to believe the time has come for you to begin a new chapter of your life. Work hard and all your derams will come true. Best of luck to you always and forever.

Love,
Mom, Dad, & Andrew

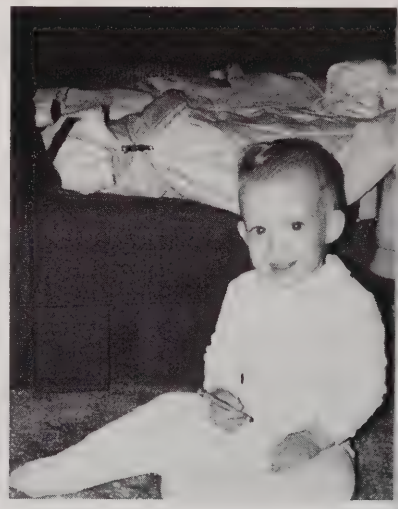
Lizzy,
We are very proud of you. You've grown up to be an amazing young woman. You will always be a success in our eyes.
Love,
Pai, Mae, Susie, & Diane

Congratulations Amber!

We are very proud of you. Good luck in college. The adventure has just begun!
Love always,
Grandma & Dziadzu Witowski

Mel Baby,

As you step into your future, go with the knowledge that we are very proud of you; and as you go on, our love for you will be your partner in all your endeavors.



Love,
Dad, Mom, Nicholas, Tiffany, & Monica
(Your Holland Horde)

Dearest Kathryn,

It has been our pleasure to watch you develop into a beautiful, self-confident young woman. We admire your strong desire to succeed. Congratulations on all of your achievements, and always remember you are loved by us.

Love,
Mom, Dad, & Peter

Amelie,
We believe in you-
in the things that are important to you
and in the way you choose to live your life...
We believe that you can accomplish anything you set out to do, that you have many talents and the wisdom to use them well...
We believe that you have what it takes to overcome obstacles and to grow from every experience life brings your way..

We believe in your courage, your compassion, your integrity, your strength, and your goodness...
We believe in you and We love you.
Congratulations!
Mom and Dad

Chrissy,
We watched you grow from a carefree little girl into the wonderful, loving person you are today. Your smile lights up a room. We are so proud of you. May all your dreams come true.
Love,
Mom, Dad, & Jeremy

Lisa,
We are very proud of you and we love you very much. Congratulations and may all your dreams and wishes come true.
Love,
Mom, Dad, & Jennifer

Nick!
You are on your way to an exciting and successful future. You may make it big with BLUE ILLUSION, or you may be a top sound engineer - but you will always keep our hearts "beating" with pride and joy!
Love,
Mom and Dad

Congratulations, Catia! You are a gift from God to us. Your gentle ways and kind heart make you not only our speical daughter but our best friend. We are so proud of you. We wish you all the best in your future. We love you.
Mom, Dad, & David

You never cease to amaze us with your goals and accomplishments. We are so very proud of you! We love you very much. Just remember, high school may have come to an end, but life has just begun.
Love,
Mom, Dad, & Bella

Crystle,
Congratulations, Mija!! You have made us proud. Good luck and may God be with you as you follow your path in life. Remember not to get discouraged; just look to the heavens and your guardian angel will guide you.
All our love,
Your family

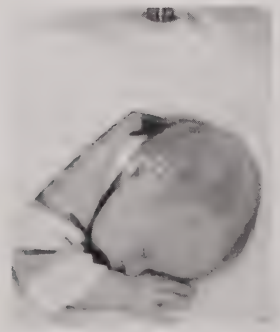
"Most men see things as they are and say, why. I see things that never were and say, why not."
- Robert F. Kennedy

Always remember to dream,
Stephanie!
La Familia Perez

Congratulations, Andrew!
You are my pride & joy.
Love,
Dad

Katie,
You have filled our hearts with so much love, joy, & happiness. You are a beautiful, sweet, and caring young woman; we are very proud to have you for a daughter.
Love always,
Mom, Dad, Russell, Julie, & Ronnee

Congratulations, Nicky & Jen.
Enjoy life outside "the bubble!"
Suzanne



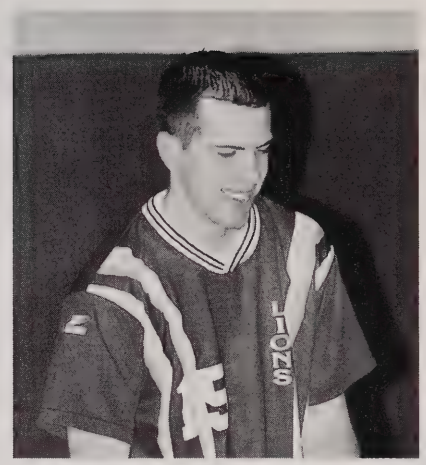
Congratulations, Matt Boucher. We are so proud of you.
Love,
Mom & Dad

Allie,

Hope all your dreams come true.

Love,

Mom, Joseph, & Steve



Mike,

You had a long struggle but with determination, you did it. We are so very proud of you. We will always be here for you, no matter what.

Love you,

Mom & Dad

Adam & Mike,

We are so proud of you both. You guys have made this year great, and you mean so much to us. You both have endured a great deal and have triumphed through all of your tribulations. You have succeeded in every area you have pursued, and we are sure you will continue to do so. Adam, good luck in the navy. Mike, good luck with hockey and continuing your education at Worcester State College.

Love,

Julie and Allie

Rich,
Congratulations! We are so proud of you. May all your dreams come true!
Love,
Mom, Dad, and Carlee

Congratulations, Dan! We are very proud of you. May all your goals and dreams come true!
Love,
Mom, Dad, & Christine

Our Dearest Amanda,
Just born yesterday and off to college tomorrow. You are the shining example of what every daughter should be: kind and beautiful, sensitive and honest, hard working and determined. We are so very proud of you and all your many accomplishments. May God guide you to your dreams and never settle for anything less.
Love,
Mom, Dad, & Todd

Heather,

It's hard to believe how far you've come from the little girl with scraped knees and pigtails to the beautiful, bright, young woman you are today. It seems like just yesterday we were driving you from Girl Scout meetings to dance lessons. Now look at you; you're all grown up. You've graduated from high school and are on your way to start your new journey as a college student.

We've always been there beside you to nurture and guide you, and now is the time for us to step aside and watch you follow your dreams. Whatever pathway you choose, we will be as proud of the fun-loving, intelligent, kind, young lady you are today as we were of the little girl you once were. Keep that same beautiful smile on your face, and the will to succeed in your heart, and you will succeed in every goal you set for yourself.

Remember life is a precious gift and continue to cherish each and every moment as if it was your last. Follow your heart, fulfill your dreams, and know that everywhere you go, you will have our love to carry you through all the days of your life.

Love,
Mom, Dad, Amanda, and Josh

Dearest Erin,

Know yourself,
what you can do
and want to do in life
Set goals,
and work hard to achieve them
Have fun every day in every way
Be creative;
it is an expression of your feelings
Be sensitive in viewing the world
Believe in the family,
as a stable and rewarding way of life
Beleive in love
as the most complete
and important emotion possible
Believe that you are
an important part of
everyone's life that you touch
Believe in yourself
and know that you are loved

S. Schutz

Congratulations! Love, Mom, Dad, Jerad, & Alec

Good luck to our "Senior Crew."

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*Nikki Liberty
*Jolie Condon
*Michelle Turgeon
*Amanda Santos
*Heather Leone

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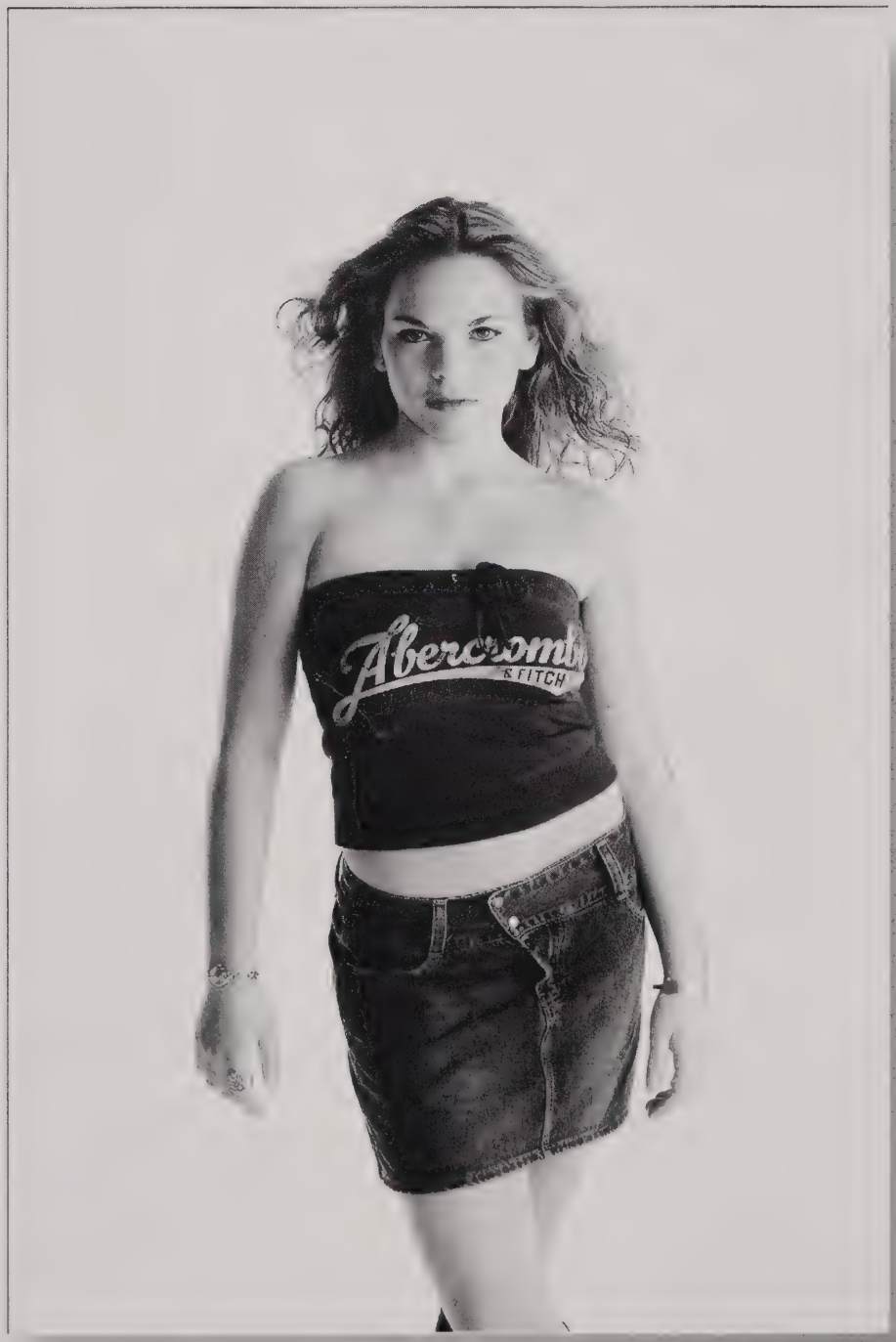
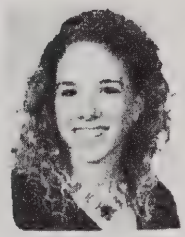


THE LUDLOW EDUCATION ASSOCIATION

CONGRATULATES THE GRADUATING CLASS OF

2003

Heather Gregoire
LEAF Scholarship



Kathryn Vomero
LEA Scholarship
LEAF Scholarship

Lisa Rua
LEA Scholarship

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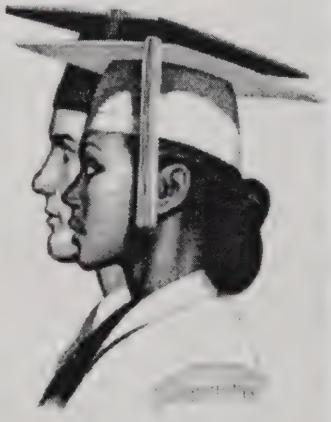

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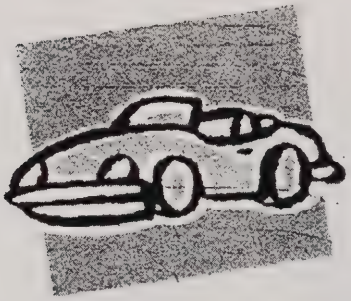

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Good Luck.

Good Luck to the
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Congratulations!
Best Wishes!

Congratulations to
Megan Coelho
&
the Class of 2003!

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Best Wishes to Our Seniors
***Julieta Cordeiro**
***Lisa Rua**
***Joe Goncalves**
***Jen de Sousa**

From
The Underclassman Yearbook
Staff

Finishing Touches

When we first entered LHS to begin our senior year, no one could have anticipated the changes that would face us. It was a year filled with lasting memories, hard work, choices, and even the tragic death of a classmate. Yet these very events, the good and the bad, joined us as a class and dabbed on the **FINISHING TOUCHES** to complete the image of us as unique individuals.

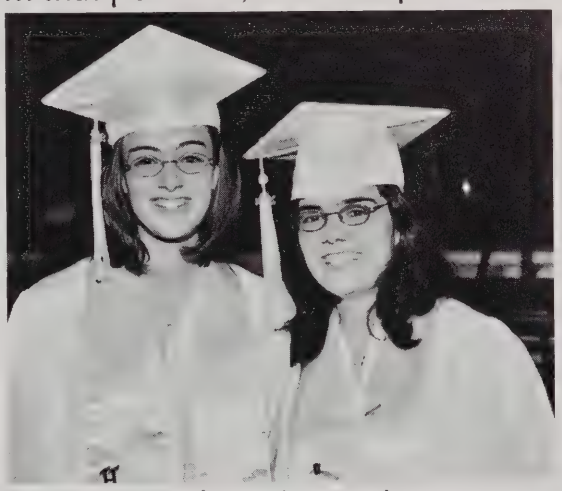
At this moment, when we say goodbye to LHS, it seems so final, as if the end to a long journey. The truth of the matter is that the real journey has only begun. Although this may be the closing to one section of our lives, there are still many chapters that will be composed from our life experiences and like our years at LHS, we will only grow from them.

Congratulations, class of 2003. We deserve the best of luck.

2003

Farewell

It all began one sunny day in sophomore year in Miss Katherine Reilly's honors English class. A yearbook representative came into our class trying to persuade students to involve themselves in yearbook. As we were very naive and we did not know what we were getting ourselves into, we raised our hands along with many students in the class. Later, when we went to an announced yearbook meeting, we were the only ones who showed up. From that point on, we were proclaimed co-editors of our class's yearbook, and slowly began to realize that yearbook was a lot more demanding than we ever could have imagined. Now here we are, two years later, finished with our own yearbook. We cannot deny that we did have fun while it lasted, but we are glad it is done. However, we could not have done this without the help of our dedicated staff. A special thanks needs to be given to our junior editor, Karen Miele '04, who worked so hard and always gave us confidence, especially when she told us that we would make our final deadline when we were two months behind.We would also like to thank Joe Goncalves '03, our sports editor, who did more than what was expected and provided comic relief when we felt ourselves slowly going insane. Our business manager, Jen de Sousa, '03 never let us down and we knew that she was perfect for the job. Jeff Ribeiro '04, our creative assistant business manager, was always on top of things. Thanks should be given to junior sports editor, Marc Santos '04, who always managed to fit yearbook into his schedule when he had a lot on his plate. Likewise, the other junior sports editor, Shana Santos '04, always made her presence known. Future yearbook editor, Jung Kang '05, was always eager to do work and help us out. Nicole Francisco '05 always came through with us on needed copy. Most importantly, we would like to thank advisor, Mrs. Suzanne Kelley, who was patient with us throughout the year and always corrected our stupid mistakes. We would also like to thank the Herff Jones representative, Claire Sygiel and the A.P. English class who provided copy for yearbook when 14 out of our 25 yearbook members fell off the face of the earth. Thanks to all those who donated pictures to yearbook. To the staff next year, good luck!



Co-Editors :Juli Cordeiro and Lisa Rua

Business Manager: Jen de Sousa

Junior Editor: Karen Miele

Sports Editor: Joe Goncalves